Wednesday, December 12, 2009 | Issue number: 380 | www.mk-news.co.uk | £1 where sold

MK NEWS

MK's FAVOURITE and Britain's BEST – voted 'BEST FREE NEWSPAPER IN THE UK' by the Newspaper Society

Backstage at the panto

PAGE 7

See our fantastic Christmas TV and leisure guide inside

Rudolph redundant as Santa flies in with hospital presents

SANTA has flown in to deliver gifts to children at Milton Keynes Hospital – but not on his sleigh.

Father Christmas was given a lift by Thames Valley and Chiltern Air Ambulance (TVCAA) on Monday, helped by Bob the Paramedic, the charity's mascot.

They landed in the emergency helicopter at the hospital at 10.30am and handed out toys, donated by Mattel UK, to poorly kids in the children's wards.

TVCAA fund-raiser Pat Conafray said: "We are once again indebted to Mattel who over the years have donated hundreds of toys to TVCAA for raffles, auctions and other fundraising related uses as well as our annual Christmas fly-in to one of the region's prominent hospitals."

Santa and one of his Elves get help to deliver presents to the hospital from Thames Valley and Chiltern Air Ambulance

D-Day for World Cup bid

BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

TODAY Milton Keynes will discover if it has been chosen as a host city for England's 2018 World Cup bid.

Almost seven months ago Milton Keynes threw its hat in the ring to be a venue for the World Cup if England wins the rights to stage the global competition.

The Football Association will announce which of the 15 bidding cities have been successful this afternoon - it is expected 10 to 12 of the cities will be selected.

Milton Keynes is competing alongside Birmingham, Bristol, Derby, Hull, Leeds, Leicester, Liverpool, London, Manchester, Newcastle/Gateshead, Nottingham, Plymouth, Sheffield and Sunderland.

The Milton Keynes 2018 consortium, led by Cllr Sam Crooks, bid chairman Dr Ann Limb and Pete Winkelman, are set to arrive at the Queen Elizabeth 2 Conference Centre this morning to offer a final 15 minute presentation to the England 2018 board.

John Cove, MK Dons Sport and Education chief executive, John Lewis, chief executive of Milton Keynes Partnership, Geoff Snelson, corporate director of strategy and partnerships at MK Council, will also be on hand as well as an architect and member from the local tourism board, to answer questions.

Three weeks ago MK handed over their bid document and the presentation is the final chance to convince the England board that the city can deliver the plans they have outlined.

Those plans include increasing stadiummk's capacity from 22,233 to 43,044, building a new community sports facility and a new MK Dons training ground that will be used as a training base camp.

The MK 2018 team will then race back to stadiummk to watch the announcement made live at 3pm.

Dr Limb, chairman of the MK bid team, believes whatever the outcome Milton Keynes will benefit from the experience.

She said: "It has been a brilliant opportunity for us to use the World Cup bid as a way of highlighting what we want to do to develop Milton Keynes and putting plans into action.

"If we're not successful the plans for the development of the stadium and training ground will still happen.

"It's a nervous wait now, I feel immensely proud of the work we have all achieved.

"I'm also a bit nervous that people who have worked so hard will be disappointed - which is inevitable.

"Whatever happens the vision and plans of growth for Milton Keynes will continue."

Although the feedback so far has been positive Mr Winkelman refuses to get carried away, he said: "I'm feeling nervous. It will be massive if we pull it off we've come from a no chance to a real chance of becoming a Host City.

It's a bit like taking you're GCSE's, you think you've done alright, you're teacher thinks you've done alright but you just don't know until you get the results.

They have played a very straight bat. We don't want to take anything for granted..

It's fantastic - it shows you have to have dreams. And what I want to stress is when the city works together we are very powerful and we punch above our weight.

"Hosting the World Cup would be another step in the strengthening of Milton Keynes' cultural identity.Our legacy would be the World Cup."

Cllr Crooks added:"These are really nail-biting times, everyone involved with the bid is feeling enormous excitement."

MK NEWS has supported MK's bid since the launch at Wembley in May and the likes of Stuart Pearce, Martin Keown, Daley Thompson and Darren Gough have all backed the city through this newspaper.

England will find out if they will host the 2018 World Cup in December 2010.

■ Log on to www.mk-news.co.uk at 3pm today to find out if we have been successful

NEWS

Burger raid
Illegal workers at city restaurant
PAGE 3

Say cheese
Residents capture city on camera
PAGE 5

Pole position
Red Bull star at hospital
PAGE 11

Heated debate
School on top in Commons comp
PAGE 13

Virtual grotto
Father Christmas goes online
PAGE 14

Can you find Cinder's slipper?
Win family tickets to the pantomime in our great competition
PAGE 15

The 2008 UK Newspaper Awards WINNER UK Weekly Newspaper of the Year

'Everything a local newspaper should be'

Step into...
WIN-DOR
HUGE choice! MASSIVE Savings!
MILTON KEYNES' LARGEST INSTALLER OF WINDOWS DOORS AND CONSERVATORIES with the biggest showroom in the area!
White doors FROM ONLY £510 FITTED
3mx3m Victorian Conservatory FROM ONLY £6995 FITTED
Coloured Doors FROM ONLY £850 FITTED
OUR PRICE-PROMISE
"We will match or better any genuine like for like written quotation from any of our competitors!"
20 Dunsby Road, Redmoor, Milton Keynes
01908 233433 or 0800 834507
Visit our website at www.windor.co.uk

Council apologises after 'insensitive' treatment of dead tenant's daughter

THE Council has apologised to a woman who says its staff were 'insensitive' in hurrying to re-let her late mother's home.

Pearl Farran claims officers from Milton Keynes Council showed prospective tenants around her mother's bungalow in Lords Close, Bletchley without giving her any warning.

Mrs Farran cared for her 82-year-old mother, Iris Waistell, who suffered from Parkinson's disease, for ten years before she died at home on Friday, December 4.

Mrs Farran, from Fishermead, had arranged a meeting with the council's housing officer and contractor to inspect the bungalow but claims she was not told prospective tenants would also be brought.

She said: "I didn't realise what was going on until I heard the woman from the council showing them around the house. I was just absolutely gob smacked. I thought it was so disrespectful.

"It's only ten days since she passed away and we have not even had the funeral yet. We are holding the wake in the house next week so there are still pictures of her six grandchildren on the wall, her ornaments are on the shelves and her furniture is still there. They should have called me."

She said her mum loved the bungalow, where she lived for 17 years and managed to stay despite her declining health.

She added: "The council need to re-evaluate how they look at these things and be more sensitive when people have lost someone, as this could happen to someone else again."

A council spokesman said Mrs Farran was advised by staff that if they had identified a prospective tenant they would show them round at the same time as inspecting the house.

However, he said the housing officer would be writing a letter of apology to Mrs Farran.

He added: "The staff who dealt with Mrs Farran are very sad to think they may have added to her distress. We try to be as responsive as we can to the needs of each individual person.

"This involves making a judgement call which balances the need to re-let empty properties quickly with the needs and sensitivities of those involved.

"With Mrs Farran we got it wrong and we apologise unreservedly."

The funeral will be held at Crownhill Crematorium at 2pm on Tuesday, December 22.

'Chaos' at hospital led to baby's death

A CORONER has branded midwife shortages at a hospital where a newborn baby died as 'scandalous'.

A three-day inquest held last week heard Ebony Rose Comley-McCall's mother, Amanda, arrived at Milton Keynes Hospital in pain and wanted a Caesarean section, but was told it was too risky.

Miss McCall, from Beckton Rise, Monkston Park, who was 17 at the time, suffers from medical conditions including cardiac disease and has only one kidney.

She was advised to have an induced birth to ease her symptoms but refused because of the pain she was in and an emergency Caesarean was later carried out.

Ebony was born just after 3.20am on May 9 but had suffered brain damage due to a lack of oxygen and died 33 minutes later.

In a narrative verdict, deputy coroner for Milton Keynes Thomas Osborne said 'systems failures' and overstretched staff contributed to her death.

Mr Osborne said: "The situation on the labour ward became what has been described to me as 'chaotic' with far too many mums and not enough midwives."

Last year, Mr Osborne reported the hospital to the Department of Health after the death of another baby, Romy Feast, at the hospital in June 2007 following a 'systems and communication failure'.

A Healthcare Commission investigation was launched and the 2008 report found many recommendations had not been met.

Amanda McCall with her grandfather Terry McCall

The Ebony McCall case has now been referred to the Secretary of State for further investigation.

Tony Halton, director of nursing at Milton Keynes Hospital NHS Foundation Trust, said: "On behalf of the trust I would like to offer the McCall family our deepest condolences. We apologise to them for the distress and grief caused by these circumstances.

He added: "We have already made changes to the way we work to further improve the safety of our services."

The Care Quality Commission health regulator said the coroner's findings would be used in a follow-up to the 2008 report on the maternity unit.

Man accused of 'fixing' council tenant's rent arrears

A MAN has appeared in court charged with corruption offences.

Parminder Singh Dhap, 28, who worked as an agent for an external contractor providing services to Milton Keynes Council at the time of the alleged offences, appeared at Milton Keynes Magistrates' Court on Monday.

Mr Dhap, from Oak Road, Bedford, has been charged with corruptly accepting or obtaining £300 as a reward or inducement to reduce a council tenant's rental arrears between January 1, 2007 and March 1, 2008.

He is also charged with corruptly accepting or obtaining £1,000 as a reward or inducement to remove a covenant on a property, between January 1, 2007 and April 1, 2008. Magistrates decided that their powers were not adequate to deal with the case and have sent it to be heard in the Crown Court.

Mr Dhap, who has not yet entered a plea, was granted unconditional bail and is due to appear at magistrates court again for a directions hearing on January 25.

Traditional pies and cakes on offer at MK Museum

Picture Simon StClare

Victorian Christmas traditions on offer at museum

THERE is a special Victorian family Christmas at Milton Keynes Museum as it puts the tradition back into the festivities. From music and carol singing in the Victorian parlour to decoration making and mince pies and mulled wine – there is something for all the family including the chance to visit Father Christmas in his cottage.

The museum, in McConnell Drive, Wolverton opens from 4.30-7pm on Friday and from 1.30-6pm on Saturday and Sunday.

Call 01908 316222 for more details.

Border Agency hits second Burger King

Pakistanis and Indians broke visa conditions to work at Portway fast food outlet

EIGHT people have been arrested at a Burger King following a UK Border Agency operation to target illegal workers.

It is the second such raid on a Burger King in the city in the past few months.

Acting on intelligence, officers raided the restaurant on Portway on Saturday December 5.

The operation coincides with a large-scale advertising campaign warning bosses of heavy fines if caught employing illegal foreign labour.

Seven people, three Pakistani males, three Indian males and an Indian female were arrested for breaking their visa conditions. All those arrested were in their 20s.

The franchisee has been warned they face a maximum fine of up to £70,000 for employing the seven, unless they can prove they carried out the correct right-to-work checks on their staff.

During the subsequent search of a residential address at Wealdstone Place in Springfield another Indian female in her 20s was arrested, also for working in breach.

Four of the Indian nationals arrested have already been removed from the UK. Of the remainder, three are in detention pending their removal, while one other has been granted immigration bail.

In October three illegal workers were found to be working at the Burger King in Midsummer Place.

Two Pakistani men, aged 24 and 26, were arrested at that restaurant while a 24-year-old Nigerian woman was arrested as a visa-over stayer.

Inspector Dick Stratton from the UK Border Agency said: "These arrests are part of an ongoing clampdown on illegal working in Milton Keynes and across the South East to reduce the attractiveness of the area to illegal immigrants. More operations are planned in the future.

"Illegal working has a serious impact on communities, taking jobs from those who are genuinely allowed to work.

"We are happy to work with businesses to ensure they know what checks have to be done on staff, but those who do break the law will face action."

Civil penalties for businesses who fail to carry out the proper checks when employing migrant workers from outside Europe were introduced by the Government in February 2008, allowing fines of up to £10,000 per illegal employee.

■ Employers unsure of the steps they need to take to avoid employing illegal workers can visit www.ukba.homeoffice.gov.uk/employers or they can call the UK Border Agency's Employers Helpline on 0300 123 4699.

■ Anyone who suspects that illegal workers are being employed at a business can contact Crimestoppers, anonymously, on 0800 555 111.

'Refuge hut' proves a life-saver

FIRST aiders offering help to city revellers attended a 999 call at the weekend.

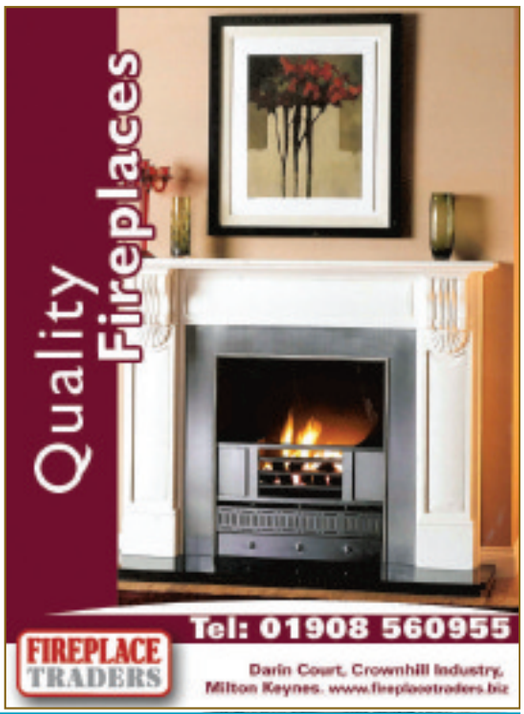
Volunteers for Milton Keynes' new 'After8 Elf Service' provided people enjoying the night-life in and around the Theatre District and Xscape with water, warmth, seating, phones, maps, plasters and medical treatment in a 'refuge hut'.

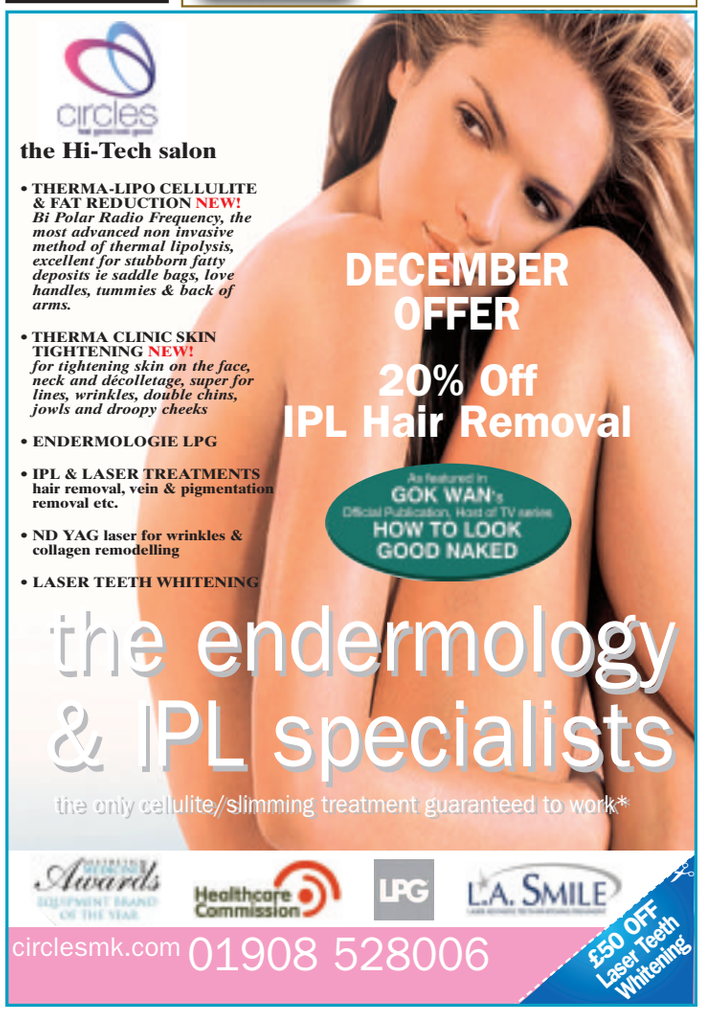
The new service, run by St John Ambulance in conjunction with the After8 Group of Milton Keynes City Centre management, launched on Thursday, December 10 and is now open from 10pm until 4am every Thursday, Friday and Saturday until January 2.

During the weekend the first aiders, based the hut in parking bays on the Avebury Boulevard side of the Theatre District, not only helped many people with minor injuries, but also gave emergency treatment to a patient until an ambulance arrived.

Kay Greenhalgh, city centre manager, said: "We're delighted with the first weekend's performance and it is wonderful that we can say this has already had a very positive, in fact a life saving, impact."

The busiest area in the city centre in the evenings sees a 24 per cent increase in visitors during December – an additional 170,000 people.





MK NEWS is proud to be the truly local newspaper for Milton Keynes and the surrounding areas. We provide the most widely read local newspaper for our readers and advertisers and are constantly looking at new ways to improve our service. If you have feedback for us, please contact anyone listed below

GENERAL MANAGER

Jonathan Cropley
01908 242490
jonathan.cropley
@mk-news.co.uk

NEWSDESK

Editor: David Gale
01908 689595
david.gale
@mk-news.co.uk
Whether it's a story, picture, community, business, sports or leisure event, our newsdesk is waiting to hear from you
Newsdesk: 01908 689595Pictures: Andy Handley 01908 689586

ADVERTISING

Advertising manager: Gemma Dunne
01908 689589
gemma.dunne
@mk-news.co.uk

Classified advertising manager: Hazel Basford
01908 689555
hazel.basford
@mk-news.co.uk

We would love to show you just how effective advertising in **MK NEWS** is. For the most cost-effective advertising solutions across Milton Keynes, call one of our sales staff
Advertising: 01908 242490
advertising@mk-news.co.uk

DISTRIBUTION

01582 390365
enquiries@mailboxdistribution.co.uk
We carefully deliver a total of 111,000 copies of MK NEWS and LB NEWS to homes and businesses across the area every Wednesday. Of these, 95,500 copies are circulated across the Milton Keynes area and a further 15,500 copies are circulated to Leighton Buzzard and the villages in between. Our latest official weekly readership across the whole area is 167,837 readers (as at February 2009).
Of the 95,500 copies circulated in Milton Keynes, we're the only newspaper to hand out 2,500 copies every Wednesday morning from 6.15am to commuters at MK Railway station. We're also the only local newspaper to put 8,000 copies into shops, offices, restaurants, bars, hotels, industrial areas and other public meeting places every week. We deliver bulk drops (10-100 copies each) to these places so that our newspaper can be read by local people and by people who live outside MK but are here for work or leisure reasons. We also supply 1,200 copies of MK NEWS to the main newsagents across the area each Wednesday which are bought by readers.
We aim to deliver the best possible service to our readers but if you have any questions or concerns about distribution please feel free to contact our team on the number listed above. Our deliverers earn top rates of pay. If you'd like to join our team please contact the distribution department on the number above.

LEAFLET DISTRIBUTION

01582 390358
ryan.chambers@mailboxdistribution.co.uk
We are able to offer a reliable leaflet distribution service to between 3,000 and 330,000 homes across MK, Bedfordshire and Northamptonshire. Please note, though, that some of the copies we circulate each week cannot be inserted with leaflets. Please call the above number for details and prices.

WHERE TO FIND US

1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU
www.mk-news.co.uk
Phone: 01908 242490 Fax 01908 689550
Office open 9am-5.30pm or by appointment.
Published and originated by LSN Media Ltd
Printed by Cambridge Evening News

MKNEWS

MK NEWS and LB NEWS average weekly total distribution: 111,000 copies. This total includes 15,500 copies of the LB edition and 95,500 copies of the MK edition. Included in the above are 2,500 copies of the MK edition handed out at MK railway station and 8,000-9000 copies which go out in bulk supplies across the area for pick up by readers.

MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Transport department on the road to nowhere

SIR – I would like to add to Tom's contribution, MK Letters, December 9, on the impending roadworks to replace the double roundabouts at B&Q.

Simply put, I believe the project is based on a curious tradition in the UK called 'use-it-or-lose-it' – the scramble to spend budgets before the end of a financial year.

In recent times someone at Milton Keynes Council transport department has been increasingly compelled to waste money on tinkering with the grid road system – not out of necessity, but simply to exploit the Government funding model.

A typical example of this is from motorway junction 14.

A bus lane between Dansteed Way and Portway was built. This lane is usually empty, which fails to maximise its value. Coupled with the signaled roundabout the adaptation defeats the purpose, is an irritation that leads to abuse or confusion by car drivers and a waste.

Back to the roundabouts – I agree the current layout functionality has expired. However, I think the proposed replacement is worse.

Installing traffic signals in the area is not only expensive but will add clutter to traffic furniture, consume more electricity, raise maintenance costs and aggravate traffic flow as well as air quality.

The double roundabouts problem could be solved by applying some common sense.

Council officials must visit Sweden and the Republic of Ireland to learn some tips.

Since the 1980s they have employed common sense engineering modifications on a combined budgets far less than what England alone has spent in the last 10 years on road tinkering.

The benefits include 'below the average EU road death rate' and free traffic flow.

A potential replacement for the double roundabouts could be to elevate the last section of the V7 (B4034) Saxon Street from the second Denbigh (large B&Q on the right) into a flyover sloping into the duo-carriageway towards central Bletchley.

Remove the small double roundabout layout and allow traffic following Watling Street to continue straight across into Denbigh Road uninterrupted.

For flexibility you can add motorway-style slip roads to the flyover filtering into Watling Street and Denbigh Road.

On paper this design looks complex. However, the results include cheap maintenance, increased ability to cope with peak traffic flows and improved safety.

I would like to encourage Milton Keynes residents and businesses to put pressure on the councillors in charge of transport to stop tinkering with our grid network and instead spend where it really matters. People are not daft, they can see it happening, year after year and will sooner or later take revenge via the ballot box.

Jim Matovu
Coffee Hall

Revellers' refuge hut is all about making a quick buck

SIR – Regarding the story about the city revellers refuge hut.

They can get water in this hut, but surely they could get water from whatever licenced premise they fell out of. Likewise warmth, toilets and first aid.

'Safe place for the lost, vulnerable and over-intoxicated' it says. Surely these people should never have left home in the first place.

The sooner we can clear the venues of inadequate people and the violent, the sooner the rest of us can spend an evening out without stepping in vomit or tripping over an inebriate.

Why is it neccesary to encourage people to be reliant on charity?

Shame on anyone who takes up the offer I say.

City centre manager Kay Greenhalgh says she just wants everyone to have a fantastic time.

I disagree and suspect what is really required is for people to spend their money as fast as possible then clear off without causing any bother or blood letting.

Name and address supplied

Pass the parcel

SIR – Once again, Royal Mail has let us down and we know we are not the only ones.

Many times over our 28 years in Milton Keynes, we have had cause to complain about postmen not ringing our bell or knocking on the door when they have had a package or parcel to deliver when we have been at home.

When this happened several months ago, we wrote to the MD of Royal Mail in London and received apologies, a book of stamps, and all the usual assurances that they would investigate with the local management and deal with it.

On Tuesday, December 1, this infuriating and unnecessary situation occurred yet again and we were at home with our car parked in the carport at the front of our house.

On seeing mail at our front door, we found a card stating there was a package which the postman had been unable to deliver.

It would have taken less time to ring our door bell or knock and for us to answer the door, than it took for the card to be written out.

We phoned Royal Mail and got through to the complaints department and they confirmed that there was a note on their records about our previous complaints and they apologised for the recurrence, which would again be referred to local management for investigation.

There seems to be a culture in Milton Keynes of this type of negligence.

Is it mischief? Do they get pleasure from knowing people have to waste time and petrol to go to Brinklow to collect their post?

While we appreciate that more pressure is being put on delivery staff with time constraints, we can see no good reason for this type of conduct.

We are senior citizens who have health problems, so it is not convenient to have to make unnecessary journeys. After all, the sender, on paying postage, has entered into a contract with Royal Mail for their item to be delivered to the door and if necessary into the hands of the addressee, so with postmen not doing their job properly the goal posts have been moved.

It is not surprising that people are using alternatives to Royal Mail.

If we are to have sympathy with the postal workers, they need to treat consumers with respect and do their job properly.

We would be interested to hear of others who have had this same experience.

L and M Ally
Springfield

■ SIR – Has anyone else ordered goods, be it online or directly through a store, only to find that the delivery company then treats their goods as items to be held to ransom?

It seems to be increasingly common to arrive home to be met by the dreaded 'We called but you weren't in' card which then goes on to to dictate the time, location and list of identifying documents that you must bring in order to recover the good for which you've already paid (and may also have paid a delivery charge).

To add insult to injury there's sometimes even an 'administrative charge' for you to do the delivery company's work for it.

Perhaps some of your legally inclined readers may have a view on the legality of the post-contractual terms and conditions that are now routinely applied by such delivery companies.

Richard Hughes
Loughton

Arthritis care line

SIR – For most of us, Christmas is a time for getting together with the family, celebrating with friends, eating wonderful food and exchanging presents.

But for many of the UK's nine million people with arthritis, it can be a surprisingly lonely time.

Some people who are severely affected by the condition may be housebound in icy weather, while others are isolated by their own pain and the depression it causes, even when surrounded by people.

Arthritis doesn't go away for Christmas, and just because someone doesn't complain or is not obviously in pain doesn't mean they are not suffering inside.

To help, Arthritis Care is opening its help lines for extra days during the holiday – this special Santa Service means people who are cut off by pain or loneliness can pick up the phone and get real support from someone who understands.

So, if you or someone in the family has arthritis, do keep Arthritis Care's free number 0808 800 4050 nearby: it could make a real difference in a moment of need.

Jane Asher
President, Arthritis Care

Rudolphs wronged

SIR – As the Christmas season approaches, reindeer are being transported up and down the country to be used as entertainment in parades, Santa's grottos and other festive events.

Uprooting reindeer from their natural habitat and keeping them in captivity in this way causes significant health and welfare problems and, according to research at the Veterinary Laboratories Agency, is thought to be linked to the recent increase in deaths in young reindeer, including seven reindeer which died from liver and gut flukes in Shropshire and another which died from a lung disease on a farm near Winchester.

Quite simply, reindeer are not suited to living in the UK.

Animal Aid urges people to be compassionate this Christmas, and choose cruelty-free entertainment. For a free guide to having a Compassionate Christmas, please contact Animal Aid on 01732 364546 or info@animalaid.org.uk

Ashley Owen
Animal Aid

TELL US YOUR VIEWS

DO YOU AGREE OR DISAGREE with the stories in the paper or have you a view on an MK subject you want heard? Letters must arrive by noon on Monday, include your full name and address and should be kept short, to the point and may be edited.
Send your letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU or e-mail: letters@mk-news.co.uk

WEBSITE

OUR website is updated daily with all the latest news, views, sport and leisure log on to:

www.mk-news.co.uk

An E-edition of our paper is also available on-line

WWW.MK-NEWS.CO.UK

Our city captured on residents' cameras

CITY residents have shown they are anything but camera shy.

More than 540 entries were sent into The Parks Trust's first photography competition celebrating the beautiful landscapes, architecture and life in Milton Keynes.

The Parks Trust, supported by Milton Keynes Partnership, has announced the shortlisted winners of its 2009 Photography Competition.

The competition has four different categories for both adults and young people, including wildlife; landscape; parklife and a fourth category MK Life to highlight the wider aspects of the city.

The shortlisted category winners include:

ADULT AWARDS

Landscape category winner
Brian Keen
Woolstone

Landscape highly commended
Caroline Brown
Wolverton

Parklife category winner
Sally Ann Cain
Bletchley

Wildlife category winner
Daniel Megherlich
Medbourne

MK Life category winner
Gavin Hodgson
Conniburrow

YOUNG PERSON'S AWARDS

Landscape category winner
Fiona Sheppard
Loughton

Parklife category winner
Chris Teagles
Newport Pagnell

Parklife highly commended
Kirbie Schmidt
Bletchley

Wildlife category winner
Harry Appleyard
Tattenhoe

Wildlife highly commended
Bethany Malcolm
Aspley Guise

MK Life category winner
Bethany Malcolm
Aspley Guise

From the shortlisted category winners an overall winner will be selected and the announcement and a formal presentation made in January 2010.

All entries have been considered carefully by a panel of judges from The Parks Trust, Milton Keynes Partnership and Milton Keynes College.

The overall winner will receive £500 in photography vouchers, an official award certificate and the opportunity to be published in The Parks Trust's 2011 calendar.

All shortlisted images will be displayed in the Competition's photographic exhibition to be held this winter. Each category winner wins a £50 photography voucher, an award certificate and also the opportunity to be published in the Trust's future calendars.

David Foster, chief executive of The Parks Trust, said: "We've been overwhelmed with the response and we're really pleased that people find the city and our parks so inspirational. It's been a difficult shortlist to make as the quality of images was extremely high."

■ To view the shortlisted images and for further information about the photography exhibition visit www.theparkstrust.com

Left: Winner in the adult landscape section Brian Keen

Below: Winner in the adult MKlife section Gavin Hodgson

Below left: Winner in the young person's landscape section Fiona Sheppard

Above: Winner in the adult wildlife section Daniel Megherlich. Above Right: winner in the adult parklife section Sally Ann Cain

Above: Winner in the young person's MK Life section Bethany Malcolm Above right: Winner in the young persons parklife section Chris Teagles

Above left: Winner in the young persons wildlife section Harry Appleyard Above: Highly commended in the young person's parklife section Kirbie Schmidt Far left: Highly commended in the young person's wildlife section Bethany Malcolm. Left: Highly commended in the adult landscape section Caroline Brown

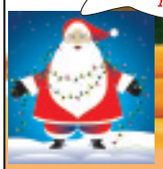
NEW SHOWROOM NOW OPEN

Beautiful

NEW Showroom

Windows, Doors & Conservatories

We wish all our customers a Merry Christmas and a Happy New Year!



*Gallagher & Cropton have been installing Windows, Doors and Conservatories in and around the Milton Keynes area for **25 years**.*

At Gallagher & Cropton we pride ourselves on our fast, reliable and efficient customer service. Our windows and doors are of the highest quality and come with a British Standard Kitemark plus we offer a 10 year insurance backed guarantee. Gallagher & Cropton will not be beaten on price, so call us first and transform your home forever. We are honoured to say that 90% of our work is from recomendations.

Licensed Credit Broker. Office of Fair Trading No.544160. Insist on a British Standard Kitemark window.

Doors from £499 inc VAT & Fitting While stocks last

1 BARGE BOARDS
2 GUTTERING
3 FASCIA BOARDS
4 SOFFITS
5 VENTILATION

Installed in 21 days
Instant Security
Best Prices Guaranteed!

Price promise Good quality, expert installations, exceptional after sales. All this doesn't have to be expensive. Bring down any written quote into our new showroom and **WE WILL BEAT IT!**

GALLAGHER & CROPTON LTD

Visit our NEW SHOWROOM at:
Unit 14, Stadium Business Court,
Lyon Road, Bletchley.
Showroom hours: Mon-Fri 10am - 5pm.
Sat 10am-3pm Sun 10am-1pm
Office hours: 9am - 9pm. 7 Days a week

01908 639666

www.gallagherandcropton.co.uk

Quality PVCu windows and doors we put our name to

Insurance Backed Guarantees

FENSA

Windows · Doors · Conservatories · Fascias · Soffits · PVCu Cladding

kardamom lounge

Exquisite Bangladeshi & Indian Cuisine

কারড্যামম্ লাউন্জ্

Restaurant & Takeaway 01908 567481 / 567538

BRITISH Curry Awards — Finalists in The Best British Curry Awards 2007 rated 4 stars. Voted Top 100 Restaurant in the U.K.

CUSTOMER EXCELLENCE AWARDS 2007

20% DISCOUNT
ON COLLECTED ORDERS OVER £15.00

FREE HOME DELIVERY
ON ORDERS OVER £15.00 WITHIN A 5 MILE RADIUS

MILTON KEYNES RESTAURANT OF THE YEAR 2009

MERRY CHRISTMAS & HAPPY NEW YEAR TO ALL OUR CUSTOMERS! THANK YOU FOR ALL YOUR SUPPORT

CHRISTMAS BOOKINGS STILL BEING TAKEN

Best Indian : Kardamom Lounge

This was the standout winner for the category as the judges were impressed with the extensive menu which included not only the usual fare but also a vast array of seafood.

There was a friendly welcome and the waiting staff were efficient and knowledgeable. An added bonus was the option when ordering to specify the strength of curries which were then set out in "mild to spicy" order when served.

The judges felt the chef's banquet was excellent value and that taken with the quality of the food set this venue apart. All the judges said that not only would they return but they would all recommend the restaurant. High praise indeed.

GOURMET NIGHT £9.95
Every sunday from 12 noon - 10.00pm
Starter, Main Dish, Side Dish, Rice or Nan, Ice Cream or Coffee
King prawn, duck, fish & house special extra £2.50 (Dining in Only)

BANQUET NIGHT £9.95
Every Wednesday from 6-11pm
Starter, Main Dish, Side Dish, Rice & Nan
King prawn, duck, fish & house special extra £2.50 (Dining in Only)

Opening Hours:
Open seven days a week including bank holidays
Mon - Thurs: 12 noon - 2.00pm & 6.00pm - 11.00pm Fri - Sat: 12 noon - 2.00pm & 6.00pm - 11.30pm **Sun:** (open all day sunday) 12 noon - 10.00pm

34 High Street, Stony Stratford, Milton Keynes, MK11 1AF www.kardamom-lounge.co.uk

Garages for **rent**

Too much clutter in your home?
Did you know that you can now rent a garage with Milton Keynes Council for storing your domestic items?

Even if you aren't a council tenant you can still rent a garage, so why pay hundreds a month for a private company's storage when you can use one of ours for around £11 a week or possibly less.

Garages in the following areas (subject to availability);

- All the Bletchleys - ie West Bletchley, Far Bletchley, Central Bletchley, Fenny Stratford, plus Lakes Estate.
- Shenley Church End • Great Linford
- Eaglestone • Greenleys
- Hodge Lea • New Bradwell
- Old Bradwell • Stantonbury
- Wolverton • Little Woolstone
- Newport Pagnell • Stony Stratford • Olney
- Most Villages ie Bow Brickhill, Castlethorpe, Chicheley, Emberton, Filgrave, Hanslope, Lavendon, , Sherington, Stoke Goldington, Wavendon, Weston Underwood, Woburn Sands, Woughton on the Green.

With our new Hassle free applications process and prompt decisions it has never been easier.

For more information about how to start renting one of these please call 01908 253446 or e-mail garages@milton-keynes.gov.uk

(Existing garage tenants wanting to use their garage for storage will need to contact their local housing office for a new tenancy agreement).

(Garage rental is subject to Terms and Conditions)

MILTON KEYNES COUNCIL

www.woodfines.co.uk

Woodfines SOLICITORS

make a will make a difference

Having a Will:

- Saves unnecessary tax
- Guarantees your wishes
- Safeguards your family's future
- Saves your family from costly legal actions

Milton Keynes
01908 202150
Bletchley
01908 366333

BEDFORD | BLETCHLEY
CAMBRIDGE | MILTON KEYNES | SANDY

Cinderella waits to go on as Micky Rooney sits with his wife in the wings

Panto's not designed just for kids – oh no it's not!

"THEY'RE very excited out there aren't they?" says Anthea Turner, peering out beyond the wings at the audience she is about to face.

The woman who faced millions on live TV is remarking on the noise coming from the panto-hungry coach-loads of kids.

Does this mean she's nervous? "Nah," she says, reaching for another sweet from the box of wine gums and jelly babies, before swishing on the stage in her Fairy Godmother get-up and opening the show.

This is 'stage right' of Milton Keynes Theatre, one of the biggest backstage areas in the country.

Despite this, there is no room to move. The place is crammed with props – water bottles, a trumpet, a copy of MK NEWS, a cushion, boxing gloves, a shopping trolley and an inhaler are all at the ready to be passed to the cast on cue.

People like stage technician Jamie Mustow are responsible for transforming the stage into a village, a forest, a kitchen, a ballroom and a boudoir.

Constantly hauling heavy pieces of scenery twice their height – while on tiptoe – their job is to change the set seven times in two-and-a-half hours.

Even though this is only the eighth performance of more than 70 shows, everything seems to be going seamlessly.

The crew is there to ensure the snow descends at the right time, the smoke billows in the right place and the pyrotechnics explode without injuring anyone.

But as the show goes on, it becomes clear malfunctions are inevitable.

As one ensemble member scurries off the stage, concealing a big hole in the side of her dress, a wardrobe assistant armed with safety pins comes to her rescue.

Soon after, one of the Ugly Sisters' necklaces breaks. True to his Prince Charming character, 1990s pop heart-throb Anthony Kavanagh bends down to pick them up before he goes on stage.

The wardrobe department not only make the clothes and fixes the clothes it gets the actors into and out of them.

The Ugly Sisters costumes – some of them bigger and more unwieldy than the pieces of scenery – take some skilful dismantling.

Anthea Turner waits in the 'fairy chair' before going on

Milton Keynes Theatre's enchanting panto is already underway. Reporter JESSICA CUNNIFFE went backstage to find out how cast and crew ensure Cinderella goes without a hitch

Sometimes there is no time for modesty and as Whitney and Britney return from their routine as a ballerina and cheerleader, they fling off their wigs and bras before donning their next costumes in under ten seconds.

Though they get help with their clothes, the cast members actually apply their own makeup, which varies from the natural beauty of Louise Dearman in the lead role, to the slapped-on beauty of Ugly Sisters David Langham and Chris Dennis.

"Hiya gang," announces Bobby Davro after bursting in through the back door and sprinting onto the stage, looking like he's taken a run up.

"That was a close call," mutters a crew member, as Buttons just makes his cue.

Meanwhile Anthea serenely sits in what is labelled the 'fairy chair', turning over the pages of the script before she saunters on stage.

Elsewhere, two of the show's biggest stars are also gearing up for their entrance.

Crystal and Dandini, the panto-veteran Shetland ponies, may be the quietest cast members, but they certainly make their mark.

"Will there be a performance where we don't have to clear up?" says one technician, hurrying after the animals with a mop and bucket.

The most surprising thing about being backstage is that, though people keep their voices down, they certainly do not whisper.

"What are we doing now?" Bobby Davro asks a props assistant. "Oh, bloody hell," he says, grabbing his tray of pretend champagne glasses.

There appears to be as much energy backstage as on stage, with cast and crew singing and dancing along to music as diverse as High School Musical and Frankie Goes to Hollywood.

Anthea even throws some masterful RnB moves as MK's Top Talent finalist Adam Gates raps his way onto the stage.

Later she dances gracefully with old friend Bobby Davro, before the pair go on stage for the finale.

Over on the smaller area of 'stage left', props and cast are crammed in together.

A table full of sticks, football gloves, a really, really long sock, five crew members with headsets, and Hollywood legend Mickey Rooney, sitting next to his wife.

After the audience have screamed themselves hoarse, Bobby Davro, wearing only white tights and a shirt, is hauled into a giant kangaroo costume for his encore.

Apparently the show is shorter when they play to children, since they allow less time for, or cut out altogether, the risque jokes.

In fact, the TV star tailors his show to his audience, omitting some of the innuendos (and the routine where he gets into a compromising position with a kangaroo) for this matinee.

He said: "I've got two Buttons – one Buttons for adults, and one for kids. Panto's not designed just for kids."

But these children, who have laughed their heads off at Buttons, marvelled at Cinderella's beauty and jeered at the Uglies, may disagree.

Cash-a-Cheque (UK) Ltd
FOREIGN EXCHANGE
Better Rates on Euro & US Dollars than all major banks, the Post Office, Thomas Cook and M & S
COMMISSION FREE
Tel: 01908 200050
374 Midsummer Boulevard, Central Milton Keynes
www.cash-a-cheque.com

MKNEWS
MORE NEWS LESS WASTE

herbies pizza
£5 OFF any pizza order over £15
not valid with any other offer
Call us NOW on 01908 644422
158 Queensway, Milton Keynes, MK2 2RS
on line and on time www.herbiespizza.com

Don't gamble with your choice of home improvement company
FREE VERTICAL BLINDS with every conservatory installation
Our wide range of conservatory styles enables us to match both your house style and your budget. Our Free Vertical Blinds offer represents a genuine saving, and will enhamnce your enjoyment of your new conservatory.
We offer a range of BFRC A, B& C Energy rated windows
Custom Glaze doors combine style with security with a choice of panels and glazing options to suit any home.
Choose a local company where quality and reliability have come as standard for over 27 years
"Custom Glaze a company not like other double glazing companies, no pushy salesmen, a truly professional company." Mr Phillips
"We chose Custom Glaze on a recommendation from a neighbour and they proved to be a very good choice!" Dr & Mrs Shah
"From ordering to completion, excellent service!" Mr & Mrs Wright
"Their workmanship and customer service are second to none. I have recommended them on several occasions." Mr & Mrs Payne
Read more than 100 testimonials for Custom Glaze at www.homepro.com
27 Years of Success
Windows manufactured to BS17412 & BSI7413 standard
Custom Glaze
• Windows • Doors • Conservatories • Est 1981
Unit 8, Denbigh Hall Industrial Estate, Bletchley, Milton Keynes MK3 7QF
Call us on 01908 650140 www.customglaze.co.uk

Over 139,000 people in Milton Keynes read MKNEWS every week
MAKE SURE OUR READERS SEE YOUR ADVERT...
Call 01908 242490 or email advertising@mk-news.co.uk

A WORLD BEATER

Save £££s!! Order now to beat the VAT increase in January!!

4 Windows and a Door

Any size, installed and a 10 year guarantee

£1799

Subject to survey

How's That!

A RATED WINDOWS
1.1 "U" value available

Save £££s!! Order now to beat the VAT increase in January!!

3m x 3m Victorian or Edwardian conservatory

(Standard base included)

ONLY **£5500** inc vat (subject to survey)

How's That!

New Irish Oak windows and doors...

The NATURAL look for your home

Bestbuy
UPVC & Aluminium
WINDOWS • DOORS • CONSERVATORIES • SOFFITS • FASCIAS • GUTTERING

The only limitation is your imagination. Be inspired by our vast range of products

Northampton Head Office, 194 Birchfield Road East, Abington, Northampton NN3 2HQ

Bedford 01234 739 269
Wellingborough 01933 378 015
Kettering 01536 381 015
Milton Keynes 01908 849866
or call FREE on 0800 542 6730
www.wearebestbuy.co.uk
Northampton 01604 407979
Towcester 01327 898 077
Daventry 01327 898 078

Yale High security door locking fitted as standard
certass Registered Company
Supplied & fitted to current Building Regulations
All frames to BSI 7413

Underpass sex attacker sought

POLICE are appealing for witnesses after a 27-year-old woman was sexually assaulted at an underpass.

The incident happened at about 6pm on Sunday, December 6 as the victim was walking through an underpass leading from Broughton, adjacent to Chaffron Way and Mandeville Drive roundabout in Kingston.

The offender walked towards her in the underpass and then sexually assaulted her. The victim managed to get away and ran to a nearby person walking his dog. The victim was unhurt but has been left shaken.

The offender is white, in his late 20s to early 30s and about 5ft 8ins to 5ft 10ins. He was wearing a grey hooded top, blue jeans and black gloves.

Police would like to hear from anyone who witnessed the attack or saw someone matching the offender's description in the area.

If you have any information about this incident, please contact Det Con Jesse Cousen at Milton Keynes police station via the 24-hour non-emergency number, 0845 8 505 505. If you do not want to speak to the police, call Crimestoppers, anonymously, on 0800 555 111.

You can also give information to the police in person by visiting any police station.

Free app to keep track of your drinking

THE health service is encouraging people to enjoy Christmas parties but remember their alcohol limits.

NHS Milton Keynes has announced that this Christmas, people can download an interactive phone application that helps you keep track of how much you are drinking.

The application can be downloaded for free using a phone with Internet access, from www.nhs.uk for Windows phones or from iTunes for iPhone users.

Add the number of drinks you have each day and the app will provide a personalised graph tracking your drinking habits and, if necessary, make it clear how much you need to cut down.

Users of other phones can access a text service on 64746, which gives advice on low risk drinking levels.

Sue Frossell, consultant in public health said: "We want people to enjoy their Christmas parties.

"We'd just like people to think about their alcohol intake and remember that drinking excessively can lead to long-term health problems.

"Try to take advantage of the new phone app; it's a fun and simple way of keeping track of your alcohol intake this party season."

OSBORNE MORRIS & MORGAN
solicitors & neurolawyers

MEDICAL NEGLIGENCE SPECIALISTS

A local law firm with a national reputation specialising in medical negligence litigation

For your **free** consultation speak to **David Turner** on **01525 378177** or **Gary Williams** on **01908 373282**

or contact us by email:
david.turner@ommlaw.co.uk or
gary.williams@ommlaw.co.uk

Legal Aid and "No Win No Fee" available

Osborne Morris & Morgan is regulated by the Solicitors Regulation Authority

Bletchley Leisure Centre
Opening 4th January 2010
Join NOW
for membership at the NEW BEAUMONTS HEALTH CLUB
Prices start at just £19.95 a month
Call Now! 0800 294 3020
Official Open Day Fun for all the Family!
Saturday 9th January 2010 10am to 4pm
Special guest: David Roberts CBE, (One of Great Britain's most successful paralympian swimmers)
FREE activities* all day
• Milton Keynes Dons • Milton Keynes Lions • FREE swimming for everyone from 2pm – 4pm
• Sub Aqua • Coaching from Elite Squash Players • Shotokan Karate • Cheerleading • Bowls
• Challenges and competitions • And much more...
* Subject to availability
www.hertsmereleisure.co.uk
Communities and Local Government
Homes & Communities Agency
sdc
Milton Keynes Council
BLETCHLEY LEISURE CENTRE
A partnership to deliver a healthy and engaged community
Hertsmere Leisure manages the new Bletchley Leisure Centre in partnership with Milton Keynes Council. Hertsmere Leisure is a registered charity. Charity number: 1093653.

LUCAS
WORLD OF FURNITURE

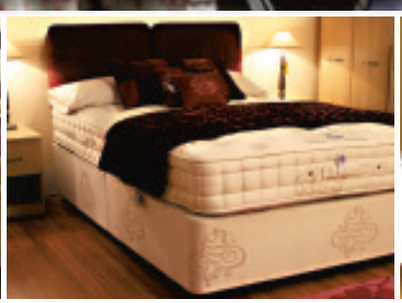
Bed Clearance
to make way for new Winter Stock

Deluxe Dorsten Sleigh Bed *Was £989* **NOW £575**

UP TO 60% Off!

PLUS WIDE RANGE OF TEMPUR, HYPNOS, RELYON AND MANY MORE CLEARANCE MATTRESSES

Was £685 **NOW £475**



Was £1299 **NOW £499**

Was £569 **NOW £389**

Was £4266 **NOW £2499**

AVAILABLE FOR IMMEDIATE COLLECTION OR DELIVERY*
IN YOUR HOME FOR CHRISTMAS!

Rabans Lane • Aylesbury • Bucks • HP19 8RE
Tel: 01296 486255 • E: jpl@lucas-world.co.uk • www.lucas-world.co.uk

OPENING TIMES: Monday – Friday 9.30am – 5.30pm, Saturday 9.30am – 6pm and Sunday & Bank Holidays 10am – 5pm (Viewing 10am – 11am)

*Delivery date subject to address. All items advertised are "one-off" Clearance items.

LUCAS
WORLD OF FURNITURE

F1 star Webber opens hospital training suite

FORMULA one star Mark Webber got into pole position to open a major new training facility at MK Hospital.

Webber who races for Tilbrook-based Red Bull Racing finished fourth in the World Championships this season.

On Friday he opened a new state-of-the-art simulation centre at the hospital which will enhance training for NHS clinical staff and provide a further boost for patient safety.

NHS Education South Central awarded Milton Keynes Hospital more than £220,000 in 2008 to fund the new centre, which will help deliver cutting-edge clinical simulation skills training for doctors, nurses and other health professionals.

Simple anatomical simulators have been used in healthcare education for some time, but high fidelity simulation is now possible, allowing staff to practice situations that happen rarely or depend on prompt or precise interventions.

The high fidelity'simulation depends on high-tech computer-controlled manikins that provide the information and feedback that clinical staff use to decide to give treatment or arrive at a diagnosis. Computer controlled and programmed by experienced clinical teachers these simulators breathe and speak and learners will be able to listen to the chest, palpate a pulse or measure blood pressure.

Perfect patient: Red Bull driver Mark Webber with John White, senior resuscitation officer at MK Hospital, and a wired-up manikin

An adult-sized portable manikin can simulate chronic disease and emergency health problems such as a serious asthma attack. A paediatric manikin will be able to replicate a baby having a seizure, or a baby born not breathing.

Jon White, senior resuscitation officer at the thospital, said: "The new simulation suite is set to provide staff with better training and enhance their confidence by providing more life-like situations."

"The equipment will enable staff to simulate simple treatments such as urinary catherisation, as well as more complex procedures involving ultrasound. Sessions in the simulation centre will enhance the ability of staff to cope with a variety of medical emergencies and procedures without fear of harming patients."

MKWEB
WWW.MKWEB.CO.UK

MKWEB is your number 1 information source for Milton Keynes.

- Local Events - What's On Guide
- Special Offers & Vouchers - Business Directory

If It's In MK It's In MKWEB

Worship with us
Every Sunday

1st Service - 09.00am
2nd Service - 11.00am

Venue:
Orchard School,
Springfield Boulevard,
Springfield,
Milton Keynes
MK6 4HW
(Gates open at 8.45am)

Web: www.kingscourtchapel.org.uk
Email: admin@kingscourtchapel.org.uk
Tel: 01908 423 342
Mob: 07782 105 553

Kings Court Chapel
(A part of The Redeemed Christian Church of God)

Boxing Day Racing
"a great day out for all the family!"
TOWCESTER RACECOURSE

£10 Admission on the day (Under 16s Free Admission)

- Great racing
- Fun activities for kids
- Large viewing screens
- Festive themed heated marquee with screens & covered bars
- Free parking
- Mobile food and hot drinks outlets

CALL 01327 353414
info@towcester-racecourse.co.uk
www.towcester-racecourse.co.uk

The Management reserves the right to change the Ts & Cs without prior notice.

OFFICE&INDUSTRIAL SPACE

Fast and immediate occupation over xmas Short term/Long term occupancy available

Fed up with working from home? Getting under your partner's feet?
Running out of space? Need the garage back? **Do you need a better location?**

You can be in your own new office, IT suite or light industrial unit before you can say "Santa Claus"

Our monthly rental has no hidden charges and is inclusive of:

▮ Business rates ▮ Service charge ▮ Free parking with free visitor parking ▮ Buildings insurance ▮ No legal fees ▮ 24Hr CCTV coverage of all common areas ▮ Security patrols ▮ All units fully alarmed with individual monitor to red care ▮ Fully maintained toilet facilities and upkeep of all common areas ▮ Plus more...

GUARANTEED NO RENT INCREASE FOR 2 YEARS

Bucks Biz owns all of its buildings which means we can modify them as we please with our own in house buildings and maintenance teams. So if you need bespoke customisation, we can build it!

visit us today at
www.bucks-biz.co.uk

to view any of our 12 buildings in Milton Keynes
call **01908 82 1000** anytime

BUCKS-BIZ.com
MK:ONE MK:TWO

Oakgrove School champion debaters

Winners: Matthew Jones and Taylor Jones with Iain Stewart

OAKGROVE School has been crowned champion debaters after a stunning performance in the House of Commons.

Arguing that Britain should increase its overseas development budget despite the recession, they beat least year's winners Shenley Brook End in last week's final of the Milton Keynes Schools Debating Competition.

It was Matthew Jones and Taylor Jones' passion which most impressed the judges, who included businessman Jon Gregory, MK NEWS reporter Jessica Cunniffe and solicitor Roger Fennemore.

The winners faced some tough arguments and interventions from MPs-in-the-making Brent Johnston and James Woodman.

Many of the schools which took part in the heats have reported an increased interest in debating since the competition, was set up by prospective parliamentary candidate Iain Stewart last year.

Students were treated to a tour of the Houses of Parliament by the man who works there, city MP Mark Lancaster.

They were given the chance to stand at the dispatch box in the Chamber where Gordon Brown and David Cameron had been slogging it out a few hours earlier.

Then they were paid a surprise visit by Speaker John Bercow, who told them: "Whatever you think of us – me, Mark, Iain – politics will affect you. The standard of education, the quality of health services, the effectiveness of the fight against crime, the steps you take to sort of transport, how we care for elderly people, and the quality of relations with other country, how successful we are in reducing poverty, all depend very, markedly on the laws passed, decisions made and money spend in Westminster and Whitehall."

Time capsule buried to mark start on Oxley Park community facilities

PHOTOGRAPHS, newsletters, local business fliers, a school mascot in uniform and a CD of memories were among the items in a time capsule buried by residents of Oxley Park and Kingsmead. The metal box was put into the ground by local people of all ages along with the Mayor of Milton Keynes, Cllr Euan Henderson, to mark the start of work on brand new community facilities for the area last Monday.

Mayor Euan Henderson with children and residents of Oxley bury a time capsule at Sure Start Children's Centre

MOTs £30
Monday-Friday · Saturday
MoT £45 ON PRODUCTION OF THIS ADVERT
COMFORTABLE FAMILY WAITING AREA
86E HIGH STREET, STONY STRATFORD
FULL SERVICE £80 PLUS PARTS PLUS VAT INCLUDES MOT
UNIQUE CAR SERVICES
01908 566355
we sell tyres online...
www.uniquecarservices.co.uk

Christmas 'Fantastica'
28 Nov–23 Dec
Until 6.30 pm daily, visit Christmas 'Fantastica' at Mead Open Farm.
- Visit Santa and his Toy Shop
- Write to Santa in the Elves Workshed
- Lapland Express + Competition Trail
- Walk through the Winter Wonderland
- Shaggy's huge indoor PlayWorld

All Activities and Toy Free*
Children and adults £7.50. Under 2's free*
Mead Open Farm, Billington, Nr Leighton Buzzard LU7 9JH (brown signs from A505 and A4146)
T: 01525 852954 10am-6.30pm (last entry 5.30pm)
www.meadopenfarm.co.uk
*Last santa visit 5pm. Under 2's charged £3.50 to visit Santa Season ticket holders charged £2.50 to visit Santa.

Trial Flying Lesson Gift Vouchers
40 minute lesson - 20 minute flight £45
80 minute lesson - 40 minute flight £85
120 minute lesson - 60 minute flight £125
Aerobatic lesson - loop the loop! £99
Vouchers valid for 6 months from Xmas Day
UK PILOT License £4299
(payable in 4 instalments)
PPL starter pack £499
Includes 4 hours flying, logbook, checklist and flight training manual
Tel: 01234 751400
Open 7 days
Cranfield Airport, 5 minutes from M1 (Junction 13)
Billins Air Services Ltd
www.billinsair.freeserve.co.uk
ops@billinsair.freeserve.co.uk

ARCANA GROUP OF SALONS
hair, beauty & specialist treatment centres
Running out of hours in the day?
We are open until 9pm midweek and open 7 days a week from mid November
ARCANA
54 Egerton Gate
Shenley Brook End
Milton Keynes MK5 7HH
Tel: 01908 505 515
www.arcanasalon.co.uk
ARCANA SPA
50 Lennon Drive
Crownhill
Milton Keynes MK8 0AS
Tel: 01908 261 040

LOST YOUR JOB?
SUFFERED DISCRIMINATION?
IMMIGRATION PROBLEMS?
WRONGFULLY ARRESTED?
If you have a case to fight we can help
CALL:
Legal Solutions Partnership
01582 417208
www.lspartnership.co.uk
claims@lspartnership.co.uk
Solicitors making the law work for you
Maxet House, Liverpool Road, Luton LU1 1RS
Regulated by the Solicitors Regulation Authority
QualitySolicitors.com

Grotto online – this time it's personal!

thecentre:mk has launched a virtual grotto offering personalised visits across the web.

The grotto uses YouTube to host personalised videos where Santa will talk directly to the intended recipient going through their wish list, how good they've been this year and confirming if they're on the good or bad list.

To take part people need to e-mail santa@thecentre:mk with their name, age, hometown, the present they'd most like, the second best present they'd like and telling Santa a nice thing they've done this year. Santa's elves will then film the personal message host it on YouTube and send the link back to the person who requested the visit.

However, there's no need to just have a virtual grotto visit, you can also book online to see Santa in person at www.thecentremk.com

Opening times are 9am-7pm Mon-Sat and 10am-6pm in December. On Christmas Eve Santa's Grotto closes completely at 1pm.

MAKING WISHES COME TRUE...

The perfect present will always show how much you really value the person who is receiving it. So if you're looking for something a little unique for someone special this festive season, look no further than Bang & Olufsen.

Visit your local showroom, and make all wishes come true.

A8 Earphones

...a step further

BANG & OLUFSEN

Bang & Olufsen of Milton Keynes

7 Granville Square, Willen Local Centre, Milton Keynes MK15 9JL Tel: 01908 202160 Email: miltonkeynes@bang-olufsen.co.uk
www.bang-olufsen.com/miltonkeynes

Dialogue with docs on Kids' swine flu jabs

NHS Milton Keynes says it is working closely with GPs and other NHS healthcare staff to quickly agree a process to vaccinate children aged between six months and five years against swine flu.

Local talks started after an unsuccessful attempt to secure a national agreement between NHS Employers and the British Medical Association to vaccinate children in this age group.

NHS Milton Keynes is hoping to reach an agreement with the majority of local GPs to start vaccinating young children in the run up to Christmas.

Dr Diane Gray, deputy director of public health, said: "We are hopeful that many of our GP practices will be able to vaccinate their patients in this priority group. However, we will be working with our other local healthcare providers to ensure they can assist the vaccination programme should it become necessary."

Young children have been identified as the next priority group for the vaccine because they are more likely to be hospitalised if their fall ill with swine flu. They also have high rates of admission to critical care and, sadly, there have also been some deaths.

Parents are urged to keep an eye on the NHS Milton Keynes website for information about how the vaccination programme will be rolled out in the area.

The website address is www.miltonkeynes.nhs.uk

Trust wants your views on children's education

MILTON Keynes Children's Trust is looking for your views on children's education.

The idea is to help shape an inclusion strategy for children and young people in the area.

The strategy, which is currently in draft, particularly focuses on education services for children with learning difficulties and disabilities, something the trust has identified as a priority.

Milton Keynes Children's Trust is a partnership between local organisations which provide services for children, young people and families, including council, schools, NHS, police and voluntary agencies.

The draft strategy builds on past reviews of these services and identifies issues which need resolution over the next couple of years.

Anyone who would like to read the strategy and give their views can do so by logging on to: www.milton-keynes.gov.uk/mkcconsultationdetails

It can also be found via the 'Have your say' link on Milton Keynes Council's website homepage.

Lead member for Children, Cllr Sandra Clark, said: "All partners in the Children's Trust are committed to improving opportunities and outcomes for all children and young people, particularly those with additional needs. It is important that our inclusion strategy can meet the needs of as many as possible in Milton Keynes so I urge local people to log on and tell us what they think."

The consultation period ends on January 15. The findings will be incorporated into the strategy which will then be taken to a number of meetings, including the Children's Trust board, for approval.

If approved, the strategy will lead to further detailed planning of services for children and young people. Where needed, there will be further consultation with those involved.

COMPETITION

Where is Cinder's slipper?

CINDERELLA needs to get to the ball but she's lost a slipper somewhere in Milton Keynes! Can you help her find it and bag her Prince Charming?

If you can tell us where Cinder's slipper is the Fairy Godmother could make your Christmas wishes come true and you could win a family ticket to come to the ball (selected performances only 4 x tickets (max 2 adults) Terms and conditions apply)

Cinderella features a glittering combination of everything a traditional pantomime could wish for.

This is a bonanza of a show with a star studded line up from both sides of the Atlantic! Hollywood legend Mickey Rooney along with star of Eastenders and comedy legend Bobby Davro, TV favourite Anthea Turner A1's Ben Adams and our very own one-shoed damsel in distress, the beautiful Louise Dearman as Cinderella. Lets hope you can find her shoe before the clock strikes 12!

Cinderella is showing at Milton Keynes Theatre until Jan 17.

Book your tickets on 0844 871 7652 or visit www.ambassadortickets.com/miltonkeynes

HOW TO ENTER

To be in with a chance of winning all you have to do is tell us where the slipper is in Milton Keynes in this picture. Send you answers to competitions@mk-news.co.uk Closing date Monday, December 21. First correct answer drawn out of the hat wins. Editor's decision is final.

GGF
Glass and Glazing Federation
CITY GLASS
Established 35 years
MK
Mirror Specialist
• Sand Blasted Mirrors 100's of designs to choose from
• Bevelled Mirrors
• Whole walls Mirrored
• Bathroom mirrors
10% OFF WITH THIS ADVERT
All Types of mirrors supplied only or supplied and fitted. Free quotations.
21 Vicarage Rd, Stony Stratford
Milton Keynes, MK11 1BN
Tel: 01908 563866
Fax: 01908 560102

MKNEWS 'Where news comes first in MK' www.mk-news.co.uk

For more information visit www.thecentremk.com

MAGNIFICENT CHRISTMAS SHOPPING WEEKDAYS UNTIL 9PM

With all our stores offering bags of Christmas inspiration, our spectacular Show, Circus Express Train and Santa's big top Grotto, you'll find a visit to thecentre:mk a really tough act to follow this year. You're in for a jumbo treat with our extended shopping hours throughout December and until 9pm weekdays. Better still, if you roll up after 6pm parking is free in all the pay and display spaces.

Extended shopping hours throughout and free parking after 6pm.

BIG TOP CHRISTMAS CIRCUS SHOW

The centre for a seriously entertaining Christmas

thecentre:mk
Milton Keynes

LIFE HAS
ITS MOMENTS...

An evening to remember

...MAKE THEM
UNFORGETTABLE

John Medhurst
FINE JEWELLERY & DIAMONDS

10 Mill Street, Bedford. Tel: 01234 351458
Now open Sunday 11am-4pm - Late night Wednesday until 8pm

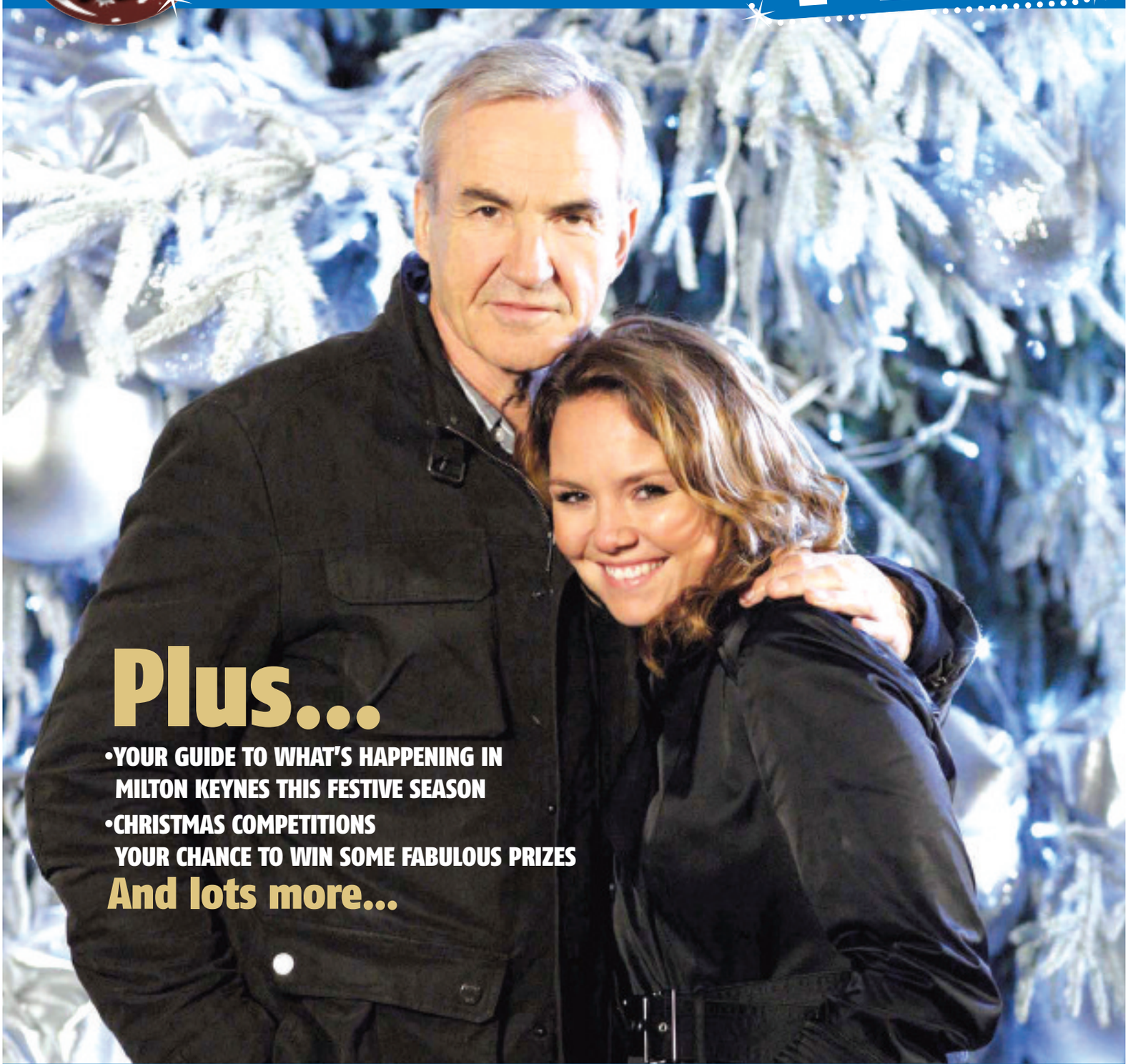
PANDORA
UNFORGETTABLE MOMENTS

24 PAGES

SPECIAL CHRISTMAS ISSUE!

16 December 2009

Christmas TV GUIDE 2009



Plus...

- YOUR GUIDE TO WHAT'S HAPPENING IN MILTON KEYNES THIS FESTIVE SEASON
- CHRISTMAS COMPETITIONS YOUR CHANCE TO WIN SOME FABULOUS PRIZES

And lots more...

YOUR GUIDE TO WHAT'S ON TV THIS CHRISTMAS...brought to you by the MKNEWS

Need a Taxi this Christmas...

Skyline Taxis are charging only £2 extra* over the festive period on all journeys within Milton Keynes! Yes that's just £2 extra on Christmas Day!!

XMAS & NEW YEAR FARES:

£2 EXTRA*	XMAS EVE from 6pm
£2 EXTRA*	XMAS DAY & BOXING DAY (26/12)
£2 EXTRA*	27th December upto 4.00am
NORMAL FARE	27th December after 4.00am

£2 EXTRA*	NEW YEARS EVE from 6pm
£2 EXTRA*	NEW YEARS DAY
£2 EXTRA*	2nd January upto 4.00am
NORMAL FARE	2nd January after 0400am

01908 222111

www.SKYLINEtaxis.co.uk

If traveling out of town please call on 01908 222111 for a quote...

£2 extra on all fares within Milton Keynes

Boxing Day Racing

"a *great* day out for *all* the family!"

TOWCESTER RACECOURSE

£10 Admission on the day (Under 16s Free Admission)

- Great racing
- Fun activities for kids
- Large viewing screens
- Festive themed heated marquee with screens & covered bars
- Free parking
- Mobile food and hot drinks outlets

The Management reserves the right to change the Ts & Cs without prior notice.

CALL 01327 353414

info@towcester-racecourse.co.uk

www.towcester-racecourse.co.uk

Christmas TV Guide 2009

THE STABLES 01908 280800

TREASURE ISLAND

In association with Northern Broadsides

Tuesday, December 22-Saturday, January 9

SHIVER me timbers! It's another great Christmas show at The Stables, as this year the auditorium gets taken over by Long John Silver, young Jim Hawkins and that cheeky talking parrot. They're all part of the world-famous theatre company Northern Broadsides' breathtaking new version of the classic adventure story, Treasure Island.

A faithful re-telling of Robert Louis Stevenson's well-known story, Treasure Island is a ripping yarn and coming-of-age story all rolled into one, packed with some of the most colourful characters ever to walk the plank.

The production combines simple staging and props with Broadsides' trademark breathtaking theatrical inventiveness. The performance is bold, physical and imaginative – two of the central characters will be life-size puppets, conjured using 'found' objects on stage. Be spellbound, shocked and enchanted as you are magically transported through all the wonderful, light and dark atmospheres of the book.

Treasure Island is a fantastic first theatre experience for children aged seven and over.

Tickets from £9

JOHN & CLEO'S CHRISTMAS SHOW

December 17-20

A fund-raising concert in aid of Wavendon Allmusic Plan Ltd

THE annual get-together of family and friends in an evening of music, fun and the unexpected.

Every Christmas since 1970 the Dankworth family (and near-family) have staged their yuletide event – it's an inimitable event and the highlight of The Stables' year with a real party atmosphere, a few jokes, fabulous music and a few surprises along the way.

So come along and kick off the festive season in true Stables style.

Tickets £26.50, £29, £31.50

THE PITZ 660392

THE XMAS PITZ SHOW

Featuring four of the very best

TesseracT
This Contrast Kills
The Heart of a Coward
Godsmacksman

Friday, December 18

TESSERACT began life as a solo project in a dark, cluttered room inhabited by Acle Kahney. In the virtual world of the studio in a box, TesseracT bring the dark and dense multi faceted sound to the stage uncompromised and in full.

After Capdown split some band members started getting itchy, ideas started flowing and attention turned to 'what next?'.

Well, This Contrast Kills is what is next. A year later, another albums worth of ideas, new sound, new direction, a new lease of life, a new fire the collective is reborn.

Heart Of A Coward are a five piece, alternative metal groove. Formed a year ago they have picked up rave review and many fans in the last twelve months.

Godsmacksman the teen rock sensations being sort after by no less than four record labels.

Tickets £7. Doors 7.30pm.

MICHAEL SCHENKER & HIS BAND MGS

Plus Machine

Monday, December 21

One of the Worlds most iconic rock guitar legends Michael Schenker was born on January 10, 1955, in Sarstedt near Hanover.

At the tender age of fifteen he joined his brother Rudolf's band, Scorpions, with whom he produced his 1972 debut album Lonesome Crow.

Once the British rock act UFO had discovered Schenker's amazing talent during a joint tour with the Scorpions, they invited the guitar whiz-kid to join them.

Schenker stayed with UFO for eight years, five albums including the live live, Strangers In The Night, which is considered one of the most successful live cuts ever, at the same time the record marked the end of the legendary line-up.

He returned to the public eye with the debut album by his own Michael Schenker Group, featuring musicians like Simon Phillips, Gary Barden and keyboarder Don Airey.

On subsequent albums he continued to present talented band members, Graham Bonnett and the late Cozy Powell (Rainbow) and Ted McKenna and Chris Glenn (The Alex Harvey Band).

Throughout the 80s and 90s Schenker continued to tour all over the world, playing with renowned acts like Iron Maiden, Def Leppard and Bon Jovi.

Schenker returned to the UFO fold for their successful US comeback tour, following the tour he reactivated MSG and decided to make a 25 Years Celebration album.

Now the members of the reformed band turn up at The Pitz with Tales Of Rock 'n' Roll - 25 Years Celebration before ending their world tour of 2009.

Tickets £18.50. Doors 7.30pm.

PANTO ROUND-UP

There are plenty of other pantos across the region

■ Milton Keynes Amateur Operatic Society's Beauty and the Beast at Stantonbury Campus (Dec 22-Jan3) is already sold out but check with bookings on 07765084193 to see if there are any returns.

■ Over in Northampton, there is Snow White and the Seven Dwarves (Dec 11 - Jan 10) at The Derngate Theatre starring Linda Lusardi and Sam Kane, bookings 01604 624811. While at The Deco Theatre in Northampton former Eastender Louisa Lytton plays the title role in Peter Pan (Dec 7 -31) bookings 01604 622749.

■ At The Royal Theatre in Northampton its Honk! The Ugly Duckling (Until January 3) bookings 01604 624811

■ At the Civic Theatre in Aylesbury it is Jack and the Beanstalk starring Sue Hodge and Chris Till (Until Dec 30) bookings 01296 486009.

■ At the Grove Theatre in Dunstable there is a performance of the classic Cinderella starring Basil Brush as Buttons and Bernie Nolan as the Fairy Godmother (Until January3) bookings 01582 60 20 80.

■ Leighton Buzzard Theatre's panto of Jack and the Beanstalk starts on January 6-23) bookings 01582 818801.

Christmas TV Guide 2009

Wednesday December 16th

BBC1

6.00 Breakfast (T) **9.15** Animal 24:7 (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Living Dangerously (T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Murder, She Wrote (R/T) **3.00** BBC News (T) (Followed by regional news and weather) **3.05** CBBC: Show Me Show Me (R/T) **3.35** Tronji (R/T) **3.55** ChuckleVision (T) **4.10** Sam and Mark's Guide to Dodging Disaster (T) **4.20** Shaun the Sheep (T) **4.25** Shaun the Sheep (R/T) **4.35** Blue Peter (T) (Followed by MyWish) **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 The One Show (T)
7.30 Big Top (T) (Followed by BBC News)
8.00 Waterloo Road (T)
9.00 Spooks (T)
10.00 BBC News at Ten (T)
10.25 Regional News and Weather (T)
10.35 The National Lottery Draws (T)
10.45 Match of the Day (T) (Followed by National Lottery Update)
12.00 FILM: The Crossing Guard (1995) (T) **1.45** Weatherview (T) **1.50** Sign Zone: Antiques Roadshow (R/T) **2.50** Country Tracks (R/T) **3.45** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Mona the Vampire (R/T) **7.15** Mona the Vampire (R/T) **7.25** Newsround (T) **7.30** Deadly 60 (R/T) **8.00** The Secret Show (R/T) **8.15** The Secret Show (R/T) **8.30** Pingu (R/T) **8.35** Pingu (R/T) **8.45** Pinky Dinky Doo (R/T) **9.00** CBeebies: Timmy Time (R/T) **9.10** Chuggington (R/T) **9.25** Numberjacks (R/T) **9.40** Tweenies (R/T) **10.00** Ethelbert the Tiger (R/T) **10.05** Clifford the Big Red Dog (R/T) **10.20** Yoko! Jakamoko! Toto! (R/T) **10.30** In the Night Garden (R/T) **11.05** The Flintstones (R/T) **11.30** The Daily Politics (T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Lifeline (R/T) **2.10** Coast (R/T) **2.15** Animal Park (R/T) **3.00** Diagnosis Murder (R/T) **3.45** Flog It! (T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Celebrity Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 One Man and His Dog (T)
7.40 Coast (R/T)
8.00 Grow Your Own Drugs For Christmas (T)
9.00 The Hairy Bikers' Twelve Days of Christmas (T)
10.00 Buzzcocks: The Doctor Who Special (T)
10.30 Newsnight (T) (Followed by weather)
11.20 Earth: The Climate Wars (R/T)
12.20 Island Parish (R/T) **12.50** BBC News (T) **3.45** Pages from Ceefax

ITV1

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.25** ITV News (T) (Followed by Local Weather) **11.30** This Morning (T) **12.30** Loose Women (T) **1.30** ITV News & Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Golden Balls (T) **6.00** Regional News and Weather **6.30** ITV News & Weather (T)

7.00 Emmerdale (T)
7.30 The Royal Variety Performance 2009 (T)
10.00 ITV News at Ten & Weather (T)
10.35 FILM: The Sixth Sense (1999) (T)
12.30 Nightwatch with Steve Scott: Mystery (R/T) (Followed by ITV News Headlines) **1.25** Loose Women (R) **2.15** The Jeremy Kyle Show (R/T) **3.05** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.10 Planet Cook (R/T) **6.30** Yo Gabba Gabba (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Frasier (R/T) **8.30** Will & Grace (R/T) **9.00** Hollyoaks Music Show (R/T) **9.30** Friends (R/T) **10.00** Friends (R/T) **10.30** The Big Bang Theory (R/T) **11.00** Ugly Betty (R/T) **12.00** News at Noon (T) **12.30** 3 Minute Wonder (T) **12.35** 3 Minute Wonder (R/T) **12.40** Wife Swap Usa (T) **1.35 FILM: Guadalcanal Diary** (1943) **3.25** Countdown (T) **4.10** Deal or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News (T)
7.55 3 Minute Wonder (T)
8.00 Jamie's Family Christmas (T)
8.30 Come Dine with Me Extra Portions (T)
9.00 The Family (T)
10.00 True Blood (T)
11.20 Alan Carr: Chatty Man (R/T)
12.10 4Music Favourites: Alicia Keys (T) **12.40** 4Music: 360 Sessions: 50 Cent (T) **1.10** This Week's 4Music Top 20 **3.00** The Dead Zone (R/T) **3.45** Deadliest Catch (T) **4.30** St. Elsewhere (R/T) **5.20** One Tree Hill (T)

FIVE

6.00-9.15 Milkshake! **9.15** The Wright Stuff (T) **10.45** Trisha Goddard (R/T) **11.45** Medical Investigation (R/T) **12.35** Five News (T) **12.50** Medical Investigation (R/T) **1.45** Home and Away (T) **2.20** Sea Patrol UK (R/T) **3.20** I Own Britain's Best Home: Flying Visits (R/T) **3.40 FILM: Our First Christmas** (2008) (T) **5.30** Five News with Natasha Kaplinsky (T) **6.00** Home and Away (R/T) **6.25** Live From Studio Five (T)

7.30 Highland Emergency (R/T) (Followed by five news update)
8.00 Britain's Best Brain (T) (Followed by five news at 9)
9.00 The Exorcist: The True Story (T)
10.00 FILM: The Exorcist (1973) (T)
12.40 PartyPoker.com World Open V (T) **2.05** SuperCasino **3.00** The Great Run Review (R) **4.00** Europa League Football (R) **5.10** Great Scientists (R/T) **5.35** Home and Away (R/T)

Thursday December 17th

BBC1

6.00 Breakfast (T) **9.15** Animal 24:7 (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Living Dangerously (T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Murder, She Wrote (R/T) **3.00** BBC News (T) (Followed by regional news and weather) **3.05** CBBC: Show Me Show Me (R/T) **3.35** Tronji (R/T) **3.55** ChuckleVision (T) **4.10** Sam and Mark's Guide to Dodging Disaster (T) **4.20** Shaun the Sheep (T) **4.25** Shaun the Sheep (R/T) **4.35** The Sarah Jane Adventures (R/T) **5.00** Newsround (T) **5.15** The Weakest Link (R/T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 The One Show (T)
7.30 EastEnders (T) (Followed by BBC News)
8.00 Countryfile at Christmas (T)
9.00 Gavin and Stacey (T)
9.30 QI (T)
10.00 BBC News at Ten (T)
10.25 Regional News and Weather (T)
10.35 The Best of Would I Lie to You? (And Unseen Bits) (R/T)
11.10 This Week (T)
11.55 Skiing Weatherview (T)
12.00 Sign Zone: Panorama (R/T) **12.30** Life (R/T) **1.30** Ray Mears Northern Wilderness (R/T) **2.30** Trawlermen (R/T) **3.30** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Mona the Vampire (R/T) **7.15** Mona the Vampire (R/T) **7.25** Newsround (T) **7.30** Deadly 60 (R/T) **8.00** The Secret Show (R/T) **8.15** The Secret Show (R/T) **8.30** Pingu (R/T) **8.35** Pingu (R/T) **8.45** Pinky Dinky Doo (R/T) **9.00** CBeebies: Timmy Time (R/T) **9.10** Chuggington (R/T) **9.25** Numberjacks (R/T) **9.40** Tweenies (R/T) **10.00** Ethelbert the Tiger (R/T) **10.05** Clifford the Big Red Dog (R/T) **10.20** Yoko! Jakamoko! Toto! (R/T) **10.30** In the Night Garden (R/T) **11.00** Pingu (R/T) **11.10** The Flintstones (R/T) **11.35** The Flintstones (R/T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** All Saints (T) **1.45** Open House (R/T) **2.15** Animal Park (R/T) **3.00** Diagnosis Murder (R/T) **3.45** Flog It! (T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Celebrity Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 The Culture Show (T)
8.00 The Restaurant (T)
9.00 Rick Stein's Christmas Odyssey (T)
10.00 Grumpy Old Women at Christmas (R/T)
10.30 Newsnight (T) (Followed by weather)
11.20 Earth: The Climate Wars (R/T)
12.20 The Culture Show (R/T) **1.20** BBC News (T) **3.30** Pages from Ceefax

ITV1

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.25** ITV News (T) (Followed by Local Weather) **11.30** This Morning (T) **12.30** Loose Women (T) **1.30** ITV News & Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R) **5.00** Golden Balls (T) **6.00** Regional News and Weather **6.30** ITV News & Weather (T)

7.00 Emmerdale (T)
7.30 River Monsters (T)
8.00 Emmerdale (T)
8.30 Coronation Street (T)
9.00 The Bill (T)
10.00 ITV News at Ten & Weather (T)
10.35 FILM: The Nutty Professor (1996) (T)
12.25 Motorsport UK (T) **1.15** The Cosby Mysteries Baker's Dozen. (R/T) (Followed By ITV News Headlines) **2.05** Loose Women (R) **2.55** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.10 Planet Cook (R/T) **6.30** Yo Gabba Gabba (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Frasier (R/T) **8.25** Will & Grace (R/T) **8.55** Hollyoaks Music Show (R/T) **9.30** Friends (R/T) **10.00** Friends (R/T) **10.30** The Big Bang Theory (R/T) **11.00** Wife Swap Usa (T) **12.00** News at Noon (T) **12.30** 3 Minute Wonder (T) **12.35** 3 Minute Wonder (R/T) **12.40** The Paul O'Grady Pantomime Special (R/T) **1.40 FILM: Went The Day Well?** (1942) (T) **3.25** Countdown (T) **4.10** Deal or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News (T)
7.55 3 Minute Wonder (T)
8.00 Jamie's Family Christmas (T)
8.30 Come Dine with Me Extra Portions (T)
9.00 Teens And Tiaras (T)
10.00 Alan Carr: Chatty Man (T)
10.50 Without A Trace (T)
11.45 Lives Of The Artists
12.50 The Government Inspector (R/T) **2.50** The Dead Zone (R/T) **3.40** Deadliest Catch (T) **4.25** St. Elsewhere (R/T) **5.15** One Tree Hill (T)

FIVE

6.00-9.15 Milkshake! **9.15** The Wright Stuff (T) **10.45** Trisha Goddard (R/T) **11.45** Medical Investigation (R/T) **12.35** Five News (T) **12.50** Medical Investigation (R/T) **1.45** Home and Away (T) **2.20** Sea Patrol UK (R/T) **3.20** I Own Britain's Best Home: Flying Visits (R/T) **3.35 FILM: Picking Up and Dropping Off** (2003) (T) **5.30** Five News with Natasha Kaplinsky (T) **6.00** Home and Away (R/T) **6.25** Live From Studio Five (T)

7.30 Europa League Football (T)
10.15 FILM: Enter the Dragon (1973) (T)
12.15 SuperCasino **4.00** 2009 Summer X Games (R) **4.45** HouseBusters (R/T) **5.10** Great Scientists (R/T) **5.35** Home and Away (R/T)

Friday December 18th

BBC1

6.00 Breakfast (T) **9.15** Animal 24:7 (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Living Dangerously (T) **11.45** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Murder, She Wrote (R/T) **3.00** BBC News (T) (Followed by regional news and weather) **3.05** CBBC: Show Me Show Me (R/T) **3.35** Tronji (R/T) **3.55** ChuckleVision (T) **4.10** Sam and Mark's Guide to Dodging Disaster (T) **4.20** Shaun the Sheep (T) **4.25** Shaun the Sheep (R/T) **4.35** The Sarah Jane Adventures (R/T) **5.00** Newsround (T) **5.15** The Weakest Link (R/T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 The One Show (T) (Followed by BBC News)
8.00 EastEnders (T)
8.30 A Question of Sport (T)
9.00 Have I Got News for You (T)
9.30 Live at the Apollo (T)
10.00 BBC News at Ten (T)
10.25 Regional News and Weather (T)
10.35 Friday Night with Jonathan Ross (T)
11.35 National Lottery EuroMillions Draw (T)
11.45 FILM: Terminal Velocity (1994) (T)
1.20 Weatherview (T) **1.25** Sign Zone: School of Saatchi (R/T) **2.25** DIY SOS The Big Build (R/T) **3.25** Delia's Classic Christmas (R/T) **4.25** BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: Timmy Time (R/T) **9.10** Chuggington (R/T) **9.25** Numberjacks (R/T) **9.40** Tweenies (R/T) **10.00** Ethelbert the Tiger (R/T) **10.05** Clifford the Big Red Dog (R/T) **10.20** Yoko! Jakamoko! Toto! (R/T) **10.30** In the Night Garden (R/T) **11.00 FILM: Secret Santa** (2002) (T) **12.30** Working Lunch (T) **1.00** All Saints (T) **1.45** Open House (R/T) **2.15** Animal Park (R/T) **3.00** Diagnosis Murder (R/T) **3.45** Flog It! (T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Celebrity Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 One Man and His Dog (T)
7.40 Coast (R/T)
8.00 We Are Family (T)
9.00 Victorian Farm Christmas (T)
10.00 Beautiful People (T)
10.30 Newsnight (T)
11.00 Newsnight Review (T) (Followed by weather)
12.00 The Liberty of Norton Folgate (T) **1.05** Medium (R/T) **1.50** Medium (R/T) **2.30 FILM: The Hostage** (1956) (T) **3.50** Pages from Ceefax

ITV1

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.25** ITV News (T) (Followed by Local Weather) **11.30** This Morning (T) **12.30** Loose Women (T) **1.30** ITV News & Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R) **5.00** Golden Balls (T) **6.00** Regional News and Weather **6.30** ITV News & Weather (T)

7.00 Emmerdale (T)
7.30 Coronation Street (T)
8.00 You've Been Framed! (R)
8.30 Coronation Street (T)
9.00 Mister Eleven (T)
10.00 ITV News at Ten & Weather (T)
10.35 FILM: The Nutty Professor II: The Klumps (2000) (T)
12.30 Nightwatch with Steve Scott: Crime (R/T) (Followed by ITV News Headlines) **1.20 FILM: Red Rock West** (1992) (T) **3.00** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** Planet Cook (R/T) **6.30** Yo Gabba Gabba (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Frasier (R/T) **8.25** Will & Grace (R/T) **8.55** Hollyoaks Music Show (R/T) **9.25** Friends (R/T) **9.55** Friends (R/T) **10.25** The Big Bang Theory (R/T) **10.55** Willie's Perfect Chocolate Christmas (R/T) **12.00** News at Noon (T) **12.30** Kirstie's Homemade Christmas (R/T) **1.25** Kirstie's Homemade Christmas (R/T) **2.25** Kirstie's Homemade Christmas (R/T) **3.25** Countdown (T) **4.10** Deal or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News (T)
7.35 Come Dine with Me Extra Portions (T)
8.00 Jamie's Family Christmas (T)
8.30 Come Dine with Me Extra Portions (T)
9.00 Heston's Christmas Feast (T)
10.05 Comedy Showcase: Girl Friday (T)
10.35 The IT Crowd (R/T)
11.05 Russell Brand's Christmas Ponderland (R/T)
11.40 FILM: Donkey Punch (2007)
1.35 FILM: The Black Dahlia (2006) **3.40** Gillette World Sport (R/T) **4.05** AVP Pro Beach Volleyball Tour (T) **5.00** Freesports on 4 (T) **5.25** One Tree Hill (T)

FIVE

6.00-9.15 Milkshake! **9.15** The Wright Stuff (T) **10.45** Trisha Goddard (R/T) **11.45** Medical Investigation (R/T) **12.35** Five News (T) **12.50** Medical Investigation (R/T) **1.45** Home and Away (T) **2.20** Sea Patrol UK (R/T) **3.20** I Own Britain's Best Home: Flying Visits (R/T) **3.35 FILM: A Christmas Memory** (1997) (T) **5.30** Five News (T) **6.00** Home and Away (R/T) **6.25** Live From Studio Five (T)

7.30 The What in the World? Quiz (R/T) (Followed by five news update)
8.00 Axe Men (T) (Followed by five news at 9)
9.00 NCIS (R/T)
10.00 Law and Order: SVU (R/T)
11.00 Law and Order: SVU (R/T)
12.00 SuperCasino **4.00** Big Ideas That Changed the World (R/T) **4.40** HouseBusters (R/T) **5.10** Great Scientists (R/T) **5.35** Home and Away (R/T)

Christmas TV Guide 2009

Panto at its best

WITH an all-star cast Cinderella at MK Theatre features a glittering combination of everything a traditional pantomime could wish for.

Hollywood legend Mickey Rooney heads an all-star cast as Cinderella's father Baron Hardup. He will be joined by comedy legend Bobby Davro as the cheeky and lovable Buttons, TV favourite Anthea Turner as the Fairy Godmother, A1's Ben Adams as the handsome Prince Charming and beautiful West End leading lady Louise Dearman as Cinderella.

Also Joining them is MK's Top Talent Winner Holly Brewer.

With boo-able Ugly Sisters, a sparkling set, a live orchestra providing a hand-clapping , feet-stomping selection of popular songs and real Shetland ponies this will be a magical night for the whole family, and a panto dreams are made of.

Until January 17.

MK NEWS caught up with some of the stars of Cinderella, here's what they had to say

Bobby Davro
Buttons

"MK is good, it has a fantastic feel, I love the folk that live round here. They enjoy these pantos. With the credit crunch it's not as easy at getting people to buy tickets but this genuinely is one of the only things we can bring kids and grandparents to and have a good time.

"People think it's all for children. That's the worst thing you could do. All my stuff borders on a little bit risque. There's nothing in there that's offensive if it's a mum and dad laughing they will love it, and because they're laughing their kids will too.

"Panto is my favourite. You can expect anarchy and danger - but it's controlled."

Louise Dearman
Cinderella

"I'm not being biased but I've toured the UK a lot of times, and this is the best theatre - not just because it's coming home, but it's amazing theatre. I love old theatres, but this is clean, open, fresh and Milton Keynes is great - everything's close, you've got the shops, restaurants, bars."

"Bless my mum, she's very chuffed that I'm going to be living at home for two months. I've been here from day one. I've been back, done a few musicals, done the 10th birthday gala. I love this theatre. It's like coming home. I know everyone around here and back in Leighton Buzzard and I'm so chuffed - this is the ideal place for me to do panto."

Anthea Turner
Fairy Godmother

"I don't know MK that well, not been here to stay. I've only every seen the theatre. I'm looking forward to shopping. I know what I will be doing in my breaks. It's going to cost me quite a lot."

"I'm most looking forward to dressing up - everybody loves dressing up, the costumes are going to be great. It's going to be so Chrismassy. I think everybody who does it says it makes your Christmas."

"If you go to theatres around the country, this one's clean, new, fresh, with space, nice dressing rooms

Mickey Rooney
Baron Hardup

"I do it because this is my business - not panto, but showbusiness."

"We're all here to do one thing: make Cinderella enjoyable for everybody. We will try to do the best we can.

"That's why we're here - to please and to give entertainment to this particular area."

Ben Adams
Prince Charming

"I've been offered panto in previous years and I'd said no because I was doing other stuff. But a few of my friends say it's possibly the most fun you could have."

"Prince Charming is obviously very charming, which comes naturally, though my outfit is not the kind of thing I would normally wear."

"I had to ask my mum who Mickey Rooney was. She was full of praise for him."

"I didn't really go and see a lot of pantos in my childhood. It was church for me on Christmas day. I've only seen one and that was Aladdin with H from Steps."

Visit us at thecentre:mk - Free Gifts & Spa Prize Draw!

Unwrap the perfect present!

Whittlebury Hall

Christmas Gift Cards

...stress-free shopping is just around the corner with our exclusive range of Christmas gift cards all wrapped and ready for the tree!

For use in the Spa or towards beauty products, meals & breaks our gift cards really are the perfect present this Christmas.

Christmas made easy

Buy Now online at **www.whittleburyhall.co.uk**
or by calling **0845 400 0002 (Quote MKNXGC)**

Milton Keynes Restaurant of the Year 2009 — MK News, Paulet Digital, Kimbells, MK Web

Thank you for voting us

RESTAURANT OF THE YEAR 2009

Here's to another great year...
Start yours in style with this special offer for MK News readers

2FOR1 A LA CARTE
MAIN COURSES SUNDAY-THURSDAY

27 December 2009 - 10 February 2010
(excluding New Years Eve)

thehub:mk Witan Gate, Milton Keynes MK9 2FB

01908 251040

www.iguanas.co.uk

ALSO VOTED RESTAURANT OF THE YEAR 2008

LAS IGUANAS

EAT LATIN • DRINK LATIN

LAS IGUANAS
EAT LATIN • DRINK LATIN

2FOR1 A LA CARTE MAIN COURSES SUNDAY-THURSDAY

Please provide details for BOTH diners:

Diner one
Name
Email
Birthday dd/mm/yy

Please tick this box if you have visited Las Iguanas before ☐

Diner two
Name
Email
Birthday dd/mm/yy

Please tick this box if you have visited Las Iguanas before ☐

Valid at Las Iguanas Milton Keynes 27 December 2009 – 10 February 2010 (excludes New Years Eve). One voucher & two people required for each free main course. Not to be used in conjunction with any other offer or discount. Please tick the box if you don't want to get a £5 voucher, more offers & treats by email ☐ We won't pass your details on to anyone else. T&Cs apply.

Christmas TV Guide 2009

Biggest, heaviest, oddest

FEASTING on festive goodies and generally making merry are part and (Christmas) parcel of this time of celebration - but it has not always been the case.

The puritanical Oliver Cromwell banned Christmas pudding, mince pies and anything that smacked remotely of gluttony – and the law has never been rescinded – but I won't tell if you won't...

THE heaviest **CHRISTMAS PUDDING** on record was made on July 11, 1992 by the villagers of Aughton, Lancashire, weighing in at a whopping 3.28 tonnes (3286.818181kgs). If they'd set that alight there could have been trouble!

MINCE PIES, filled with a mixture of meat and fruit, originally represented the crib of the baby Jesus. They were oblong in shape and on top was baked a pastry child. The largest mince pie weighed 2,260 pounds and was baked in Ashby-de-la-Zouch, Leicestershire on October 15, 1932.

Oliver Cromwell banned Christmas pudding

CHRISTMAS is celebrated all over the world but roast **TURKEY** with all the trimmings is a peculiarly British choice of festive meal. In this country 87 per cent of homes will be tucking in to one on Christmas Day.

In Greenland, the Christmas feast may include little auks (seabirds that are like penguins), which are wrapped in sealskin and buried for months until decomposed. Mmmm...

CHAMPAGNE is the traditional Christmas tipple. Millions of bottles of the stuff are enjoyed every year. Scientists calculate that there are 49 million bubbles in a bottle of champagne but who's counting, hic!

Christmas food from around the world

DID you know that in China, the favourite dish at this time of year is Char Sui?

Even though Christmas is not a holiday families will exchange small presents and sit down together for a special meal of this delicious barbecued roast pork.

In Lebanon, the highlight of the Christmas celebration is the lunch on Christmas day.

It is set at the grandparents or eldest son's house and consists of a simple meal of rice, chicken dishes and kebbe, small patties made of minced lamb, wheat, herbs and spices.

Bebinca, a sweet coconut-based, baked, layered 'custard' is a popular choice on Christmas Day in Goa, India while panettone, the traditional Italian Christmas bread and a speciality of Milan has crossed the continent and can now be found in every British supermarket at this time of year.

And to wash all those goodies down?

In Mexico Ponche Navideno, a traditional drink made from fruit, nuts and delicious dark rum, is offered to the pilgrims and to friends on Christmas eve.

Cheers!

Saturday December 19th

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Nigella's Christmas Kitchen (R/T) **12.00** BBC News (T) **12.10** Regional News and Weather (T) (Followed by weather) **12.15** Football Focus (T) **1.00** Olympia: The Puissance (T) **1.45** Swimming: Duel in the Pool (T) **4.30** Final Score (T) **5.25** BBC News (T) **5.40** Regional News and Weather (T) (Followed by weather) **5.45** Merlin (T) **6.35** Strictly Come Dancing (T)
7.40 Casualty (T)
8.30 The National Lottery Draws (T)
8.40 Strictly Come Dancing Results (T)
9.40 Live at the Apollo (T)
10.10 BBC News (T) (Followed by weather)
10.30 Match of the Day (T) (Followed by National Lottery Update)
11.40 The Football League Show (T)
12.55 Friday Night with Jonathan Ross (R/T) **1.55** Weatherview (T) **2.00** Sign Zone: Defying Gravity (R/T) **2.45** Victorian Farm Christmas (R/T) **3.45** Victorian Farm Christmas (R/T) **4.45** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Zombie Hotel (R/T) **7.25** Sportsround (R/T) **7.40** Bear Behaving Badly (R/T) **8.05** The Basil Brush Show (R/T) **8.30** TMi (T) **10.00** Doctor Who: The Infinite Quest (R/T) **10.45** Pinky and Perky (R/T) **11.00** The Story of Tracy Beaker (R/T) **11.30** The Slammer (R/T) **12.00** The Cut (T) **12.25** The Cut (T) **12.50** The 5:19 Show (T) **1.20** Greek (T) **2.10** Coast (T) **2.30** Grow Your Own Drugs For Christmas (R/T) **3.30** The Hairy Bakers' Christmas Special (R/T) **4.30 FILM: Dances with Wolves** (1990) (T)
7.20 Dad's Army (R/T)
8.00 A History of Scotland (R/T)
9.00 FILM: Blade Runner (1982) (T)
10.55 Have I Got News for You Christmas 2008 (R/T)
11.25 Defying Gravity (T)
12.10 Defying Gravity (T) **12.50** The Learning Zone: Shakespeare - The Play's the Thing (T) **1.50 FILM: Macbeth** (1979) (T) **3.35** BBC News (T) **4.45** Pages from Ceefax

ITV1

6.00 GMTV (T) **9.25** CITV: Horrid Henry (T) **9.40** Horrid Henry (T) **9.55** Atomic Betty (T) **10.10** Art Attack (R/T) **10.35 FILM: Tooth** (2004) (T) **12.20** ITV News & Weather (T) (Followed by Local Weather) **12.25** Best Ever Family Films (R/T) **1.25 FILM: Jack Frost** (1998) (T) **3.15 FILM: Scooby-Doo 2: Monsters Unleashed** (2004) (T) **5.00** Regional News and Weather **5.15** ITV News & Weather (T) **5.30** Kids Do the Funniest Things (R/T) **6.30** Take That: The Circus Live **(New)** (T)
8.00 Stars on the Street (New) (T)
9.00 FILM: Love Actually (2003) (R/T)
11.30 ITV News & Weather (T) (Followed by Local Weather)
11.45 FILM: Ready When You Are, Mr McGill (2004) (R/T) (Followed by ITV News Headlines)
1.35 FILM: Igby Goes Down (2002) (T) **3.15** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.10 Planet Cook (R/T) **6.30** Yo Gabba Gabba (R/T) **7.00** Gillette World Sport **7.30** Freesports on 4 (R/T) **8.00** The Morning Line (T) **8.55** T4: Friends (R/T) **9.25** Special (R/T) **9.55** 4Music Favourites: Alicia Keys (R/T) **10.25** Friends (R/T) **11.00** Hollyoaks Music Show (T) **11.30** Premiere Special (T) **12.00** 90210 (T) **1.00** Scrubs (R/T) **1.30** Channel 4 Racing From Ascot And Haydock Park (T) **3.30** My First Year (T) **4.00** My First Year (T) **4.30** My First Year (T) **5.00** Come Dine with Me (R/T) **5.30** Come Dine with Me (R/T) **6.00** Come Dine with Me (R/T) **6.30** Come Dine with Me (R/T)
7.00 Come Dine with Me (R/T)
7.30 Channel 4 News (T)
8.00 Dover Castle: A Time Team Special (T)
9.00 Wife Swap (T)
10.05 Wife Swap (R/T)
11.10 Wife Swap (R/T)
12.15 4music: Live From Abbey Road (T) **1.20 FILM: The Cheaters** (1945) (T) **2.45** Deadliest Catch (T) **3.30** The Hills (T) **3.55** The Hills (T) **4.25** The Hills (T) **4.50** St. Elsewhere (R/T) **5.35** One Tree Hill (T)

FIVE

6.00 Sunrise (T) **7.00** Milkshake! Angels of Jarm (R/T) **7.05** Bop Box (R/T) **7.10** Fireman Sam (R/T) **7.25** Rupert Bear (R/T) **7.35** Hana's Helpline (R/T) **7.45** Music Box (R/T) **7.50** Make Way for Noddy (R/T) **8.05** Bert and Ernie's Great Adventures (R/T) **8.10** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **8.25** The Mr Men Show (R/T) **8.40** Harry and His Bucket Full of Dinosaurs (R/T) **9.00** Olivia (R/T) **9.15** Little Princess (R/T) **9.30** Gerald McBoing Boing (R/T) **10.00** NFLUK (T) **11.00** Gadget Show: Gadget of the Decade (R/T) **12.00** Britain's Best Brain (R/T) **1.00** Animal Rescue Squad (R/T) **1.30 FILM: The Gnome-Mobile** (1967) (T) **3.10** Five News (T) **3.15 FILM: Meet The Santas** (2005) (T) **5.10** Knight Rider (T) **6.45** Five News Update (T) **6.50** NCIS (R/T)
7.40 CSI: Crime Scene Investigation (R/T)
8.40 CSI: Crime Scene Investigation (R/T)
9.40 CSI: Crime Scene Investigation (R/T)
10.40 CSI: Crime Scene Investigation (R/T)
11.40 Women Who Kill (R/T)
12.10 SuperCasino **3.55** 'Til Death (T) **4.20** 'Til Death (T) **4.45** Rough Guide to Activity Holidays (R/T) **5.00** Milkshake!: Hana's Helpline (R/T) **5.10** Show (R/T) **5.35** Thomas & Friends (R/T) **5.45** Roary the Racing Car (R/T)

Sunday December 20th

BBC1

6.00 Breakfast (T) **7.45** Match of the Day (R/T) **9.00** The Andrew Marr Show (T) **10.00** Fern Britton Meets... (T) **11.00** Country Tracks (T) (Followed by Weather for the Week Ahead) **12.00** BBC News (T) **12.05** Car Booty (T) **12.50** Match of the Day Live: Newcastle v Middlesbrough (T) **3.05** EastEnders (R/T) **5.00** Songs of Praise (T) **5.40** Life (R/T) **6.30** BBC News (T) **6.50** Regional News and Weather (T) (Followed by weather)
7.00 Countryfile at Christmas (R/T)
8.00 Antiques Roadshow (T)
9.00 Cranford (T)
10.30 BBC News (T)
10.50 Regional News and Weather (T) (Followed by weather)
10.55 FILM: Ace Ventura: When Nature Calls (1995) (T)
12.20 Weatherview (T) **12.25** Sign Zone: Grow Your Own Drugs For Christmas (R/T) **1.25** Holby City (R/T) **2.25** Miranda (R/T) **2.55** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Uncle Max (R/T) **7.10** OOglies (T) **7.30** Arthur (R/T) **8.25** Shaun the Sheep (R/T) **8.30** Bear Behaving Badly (R/T) (Followed by Bernard) **9.00** The Sorcerer's Apprentice (T) **10.00** Something for the Weekend (T) **11.30 FILM: The Nightmare before Christmas** (1993) (T) **12.40 FILM: One Magic Christmas** (1985) (T) **2.05** Ski Sunday (T) **2.50** Olympia: World Cup Showjumping (T) **4.50 FILM: The Eagle Has Landed** (1976) (T)
7.00 James May's Toy Stories (T)
8.00 Top Gear (T)
9.00 Oz and Hugh Drink to Christmas (T)
10.00 Have I Got News for You (R/T)
10.30 Match of the Day 2 (T)
11.30 Dara O Briain Talks Funny: Live in London (R/T)
12.30 Room 101 (R/T) **1.00** The Learning Zone: Shakespeare - From Page to Stage (T) **2.00** Defying Gravity (R/T) **2.45** Defying Gravity (R/T) **3.30 FILM: To Let** (2005) (T) **4.35** Pages from Ceefax

ITV1

6.00 GMTV (T) **9.25** CITV: Paz (T) **9.35** Supernormal (R/T) **9.50** Horrid Henry (T) **10.05** Tricky Quickies (R/T) **10.10** Coronation Street Omnibus (R/T) **12.25** ITV News & Weather (T) (Followed by Local Weather) **12.30 FILM: National Lampoon's Christmas Vacation** (1989) (T) **2.20** Take That: The Circus Live (R/T) **3.50 FILM: Johnny English** (2002) (T) **5.30** Regional News and Weather **5.45** ITV News & Weather (T) **6.00** You've Been Framed and Famous (T)
7.00 Who Wants to Be a Millionaire? (New) (T)
8.00 Ad of the Decade (New) (T)
9.00 The Fattest Man in Britain (New) (T)
11.00 ITV News & Weather (T) (Followed by Local Weather)
11.15 FILM: Analyze This (1999) (T)
1.10 Quincy, ME (T) (Followed By ITV News Headlines) **2.10** Traffic (R/T) **4.10** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.20 Planet Cook (R/T) **6.40** Yo Gabba Gabba (R/T) **7.05** Volvo Ocean Race (R/T) **8.00** AVP Pro Beach Volleyball Tour (R/T) **8.55** T4: Friends (R/T) **9.25** Friends (R/T) **9.55** Hollyoaks Omnibus (R/T) **12.25** 90210 (T) **1.20** Friends (R/T) **1.50** Ugly Betty (R/T) **2.50** Friends (R/T) **3.20** The Simpsons (R/T) **3.50** The Simpsons (R/T) **4.25** Deal or No Deal (T) **5.15 FILM: Miracle On 34th Street** (1994) (T)
7.25 Channel 4 News (T)
7.55 3 Minute Wonder (R/T)
8.00 FILM: The Family Man (2000) (T)
10.20 Father Ted Xmas Special (R/T)
11.30 Sean Lock: Stand Up (R/T)
12.35 Cecil B. Demille: American Epic **1.50** Cecil B. Demille: American Epic **3.00** Deadliest Catch (T) **3.50** The Truth About Street Weapons (R/T) **4.00** The Hills (T) **4.25** The Hills (T) **4.50** St. Elsewhere (R/T) **5.40** One Tree Hill (T)

FIVE

6.00 Milkshake! Sunrise (T) **7.00** Angels of Jarm (R/T) **7.05** Bop Box (R/T) **7.10** Fireman Sam (R/T) **7.25** Rupert Bear (R/T) **7.40** Hana's Helpline (R/T) **7.50** The WotWots (R/T) **8.00** Make Way for Noddy (R/T) **8.15** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **8.30** The Mr Men Show (R/T) **8.45** Harry and His Bucket Full of Dinosaurs (R/T) **9.00** Olivia (R/T) **9.15** Little Princess (R/T) **9.35** Gerald McBoing Boing (R/T) **10.00** Snobs (R/T) **10.35** Wizards of Waverly Place (T) **11.10** Hannah Montana (T) **11.45** Zoo Days (R/T) **11.50** Crusoe **(New)** (T) **12.45** Crusoe (T) **1.40 FILM: Scrooge - A Christmas Carol** (1951) (T) **3.25** Five News (T) **3.30 FILM: Matilda** (1996) (T) **5.30** Heads or Tails **(New)** (T) **6.30** The Gadget Show: Winter Special (R/T) **6.55 FILM: Christmas With The Kranks** (2004) (T) **9.00 FILM: Dirty Dancing** (1987) (T) **11.05 FILM: An American Haunting** (2005) (T) **12.50** NFL Live **4.40** NFL Classics (R) **5.00** Milkshake!: Hana's Helpline (R/T) **5.10** Show (R/T) **5.35** Thomas & Friends (R/T) **5.45** Roary the Racing Car (R/T)

CHURCH SERVICES

Grace Evangelistic Ministries

at Germander Park school,
1 Germander Place,
Conniburrow

Sunday Services 11am

Carol Service -
20th December 11am
Watch Night Service 31st December 10.30pm
"GOOD NEWS! Jesus Loves You"
A warm welcome awaits you
Contact: Pastor Cowell 01908 232163
Website: www.gracemk.org
Email: info@gracemk.org

HOLY TRINITY DEANSHANGER

Sunday 20th Dec, 3pm
Family Carol Service
followed by Tea and Mince Pies
Christmas Eve,11.30pm - 12.30am
Midnight Holy Communion
Christmas Morning, 9am
Holy Communion
at St Guthlac's Church
Family Communion
10.30am at Holy Trinity

HE WILL BE CALLED...

Mächtiger Gott

Sunday 20th December

Family Christmas Presentation
8.30 am, 10.15 am & 12 noon

Carols By Candlelight
6 pm with MK Brass

Christmas Day Service - 10 am

Sunday 27th December

Services 10.15 am & 12 noon

Milton Keynes Christian Centre
Strudwick Drive • Oldbrook • Milton Keynes
Tel: 01908 670655 • www.mkcc.org.uk

SEARCH FOR A STAR

Come and celebrate Christmas with traditional carols, fun and laughter

4:00pm Sunday 20th December

Followed by free mince pies,
mulled wine, children's activities

The Ridgeway Centre, Featherstone Road
Wolverton Mill South, MK12 5TH
Tel: 01908 224580
Web: www.newlifenorth.org.uk

newlifechurch MILTON KEYNES North

Life International Christian Fellowship

CELEBRATE CHRISTMAS AT LICF

Hildia Campbell
as seen on the X Factor
(New Years Eve)

Guest Artist

Hildia Campbell
Plus LICF's own Band!
& Others

24th December (Carol Service) @ 6pm
27th December (Christmas Sunday Service) @11am
3rd January 2010 (Thanks giving Service) @ 11am

THURSDAY 31ST DECEMBER 2009 - NEW YEARS EVE CELEBRATION
3 St Leger Court, St Leger Drive, Great Linford, Milton Keynes, Bucks MK14 5HA – Tel: 01908 394013
Doors Open 8pm / For Bus Pick Up Tel: 07746 659620
FREE ENTRY

CROSSOVER SERVICE 2010

Join us as we usher in the
NEW YEAR

Date: Thursday, 31 December 2009
Time: 9.30pm
Venue: Orchard School, Springfield Boulevard, Springfield, Milton Keynes, MK6 3HW

King Court Chapel
...touching lives, changing destinies

For more information please contact:
www.kingscourtchapel.org.uk
admin@kingscourtchapel.org.uk
01908 263216; 01908 423342 07782 105 553

Christmas TV Guide 2009

SIMON **DARNELL**

It's Christmaaaaaaaaas

Oh look, Christmas is on the way again. By the way, if the first you knew of that was reading it in this column just now, I'd suggest that you've probably got more serious things to think about than just buying Christmas presents

ANYWAY, this is the time of year when the singles chart gets clogged with all sorts of festive frivolity, which basically means lots of ancient festive releases covering a staggeringly wide spectrum of quality.

Is a Christmas single really that important in the grand scheme of things?

No, of course not, if it was then The X-Factor winner's single would be I Wish It Could Be Christmas Everyday rather than some apparently random choice.

However, that said, some songs are actually quite good, even in the opinion of this miserable humbugmeister, and in previous years I've found some that I deem to be GENUINELY DECENT YULETIDE SINGLES. Let's see if I listened to any more of those this time round, shall we?

I WISH IT WAS CHRISTMAS TODAY

Julian Casablancas

SOME people like their songs to say 'peace and love', others prefer to have their songs say things as profound as 'actually, no, I won't do what you tell me'.

However, if you want your song to say 'Christmas', start if off with a bucketload of sleighbells. That says 'Christmas' without any shadow of a doubt, after all, how many summer anthems feature sleighbells? Not many, I'll wager.

Of course, if you REALLY want

your song to say 'Christmas' even though the sleighbells should've done the job more than adequately, try putting the word 'Christmas' in the title. Foolproof.

Julian Casablancas has done both in his brave attempt to come up with a festive classic that will be heard every yuletide from this year onwards, and he's done it wrong.

Nothing wrong with the tune, it's cheerful and jolly and festive, and nothing wrong with his singing either (after all, if Mr Blobby can claim a Christmas Number One then vocal ability obviously isn't high on the list of requirements).

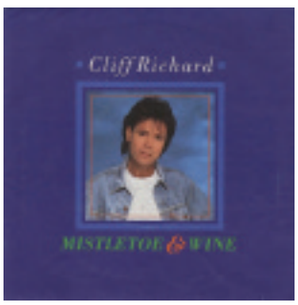
No, he's got it wrong with the chorus. It doesn't appear enough, which somewhat puts a torpedo through the whole 'singalong factor' aspect of it, not to mention the fact that the last minute or so is entirely instrumental.

It's a good song, but as Christmas singles go he's done it wrong.

MISTLETOE AND WINE

Cliff Richard

ME and this song just don't get on. Yes, I know it's festive, yes, it understands the True Meaning Of Christmas, and yes, it does everything right, but it's just too much.



It does everything TOO right and far TOO seriously.

If a proper Christmas song is fun for all the family, this is an extended edition of Panorama. It's a worthy song, but I've never found it to be an enjoyable one.

MERRY XMAS EVERYBODY

Slade

'ARE you hanging up your stocking on the wall?' bellows Noddy Holder.

No, actually, because I never had a stocking.

When I was a puppy I had a pillowcase instead, which may sound stupid but you can fit much bigger and better presents in those than you can with some manky sock nailed to a wall.

Father Christmas wasn't dealing with amateurs when he visited our house I can tell you.

The thing is though, the only thing that's really festive about this song are the lyrics.

There are no sleighbells, no 'delightful' singing children, only Mr Holder's assertion that it is, in fact, Christmas (a word he somehow pronounces with 35 consecutive 'a's). Slap some different lyrics over the top and this could be any Slade song – they ask a series of questions from start to finish, almost as if even the band themselves aren't really sure what's going on.

They ask if Santa rides a red-nosed reindeer, then they ask if he turns up on his sleigh, then they move on to you and ask you what you're doing.

Are you waiting for the family to turn up? Have you got room for them all? Is your gran going to say they don't write songs like they used to? Well? Have you? Is she?

If I'd been around in 1973 I'm pretty sure I'd have reviewed this song negatively.

It wasn't the best single they released that year, it doesn't sound Christmassy and I'd have predicted that as soon as New Year's Day 1974 rolled round this single would crash and burn and never, ever be heard again.

I would have been completely wrong on that last point, and do you know why? Because it's got a killer chorus, that's why.

Everything else about this song is purely incidental, but it seems the whole of Britain knows the chorus and (pay attention Mr Casablancas) they sing it over and over and over again to make sure you know the words. THAT is what makes this a Christmas classic.

Well, that and Noddy Holder screaming "It's Christmaaaaaaaas." That helps.

Festive family activities from the Parks Trust

ADD a little natural magic to your Christmas by joining one of The Parks Trusts festive family activities.

The Parks Trust's popular annual outdoor carols will take place at Willen Lake, in support of Willen Hospice. The shimmering waters of North Willen Lake will provide a magical atmosphere underneath the stars for traditional carols. Exercise your vocal chords and join the throng on Sunday, December 20 at 4.00 until 5.30. This event is free and there's no need to book. Come dressed for the weather and bring a lantern.

Families can work together to make festive decorations. Our Jingle All The Way event involves crafts, games and Christmassy fun at Campbell Park Pavilion. The fun takes place on Tuesday, December 22. 10am-12pm and 1-3pm. A charge of £3/person will be made for materials. Booking is essential.

For a natural display of festive holly and ivy visit the city's ancient woodlands. With a light dusting of frost or snow, woodlands are transformed into a mysterious wonderland. Take a short family walk and visit Linford Wood, Shenley Wood or Howe Park Wood.

If you've over-indulged at Christmas don't waste any time on regret put your best foot forward and join park rangers on a New Year's Day winter walk. The Winter Waddle is suitable for all the family and will take approximately two hours setting off from Campbell Park Pavilion at 10.30am.

The walk will finish back at Campbell Park with some mulled wine or hot chocolate.

If you'd like to kick start your New Year's resolutions independently you can download some suggested self-guided walks from the trust's website. Just visit www.theparkstrust.com for your Christmas and New Year's inspiration or call The Parks Trust on 01908 255379 to make a booking.

View at Simpson looking towards Caldecote

ARTS **DIARY**

THURSDAY, December 18

Friday and Saturday

PEPPER'S Ghost Theatre Company presents A Victorian Christmas at the Madcap Theatre. Featuring a special audience with her Majesty Queen Victoria in the year of her Golden Jubilee 1887. She will be joined by other eminent Victorians, some of whom will be household names and some you may not be familiar, but all of whom have shaped the society we live in today. You will be treated to period music, mulled wine and mince pies while you mingle with these fascinating people before an interesting and intimate talk with the Queen herself. Her Majesty will tell you all about her life and promises to answer any questions you may have in an interactive question and answer session. So start your Christmas celebrations by stepping back in time and joining our traditional Victorian Christmas, and why not come in Victorian costume too. 7.30pm. Tickets £8 and £6. Tel 01908 320179 or book online at www.madcap.org.uk

FRIDAY, December 18

A BEAT boxing heavyweight is to headline at an underground club night's last ever show. UK beat boxing champion Beardyman will be at Beatcheck at Opus in the Theatre District. Beatcheck was the first event to bring big name underground DJs to Xscape or the Theatre District on a regular basis. Beatcheck's final show will be a Christmas Special upstairs at Opus featuring Beardyman and 12 of the club night's residents.
For more information visit www.beatcheck.co.uk.

SATURDAY, December 19

SINGING at the Church of Christ the Cornerstone, Central Milton Keynes at 8pm at MK Chorale's An Old English Christmas concert. Milton Keynes Chorale, under the baton of Stuart Dunlop, will be accompanied by Tim Grant-Jones on the organ and by members of MK Brass (formerly Broseley Brass), who will also be performing solo pieces. The Milton Keynes Youth Choir will perform a selection of pieces from Handel's Messiah and the Chorale will sing his Hallelujah Chorus. This Christmas programme mixes some beautiful settings with traditional, well-loved arrangements where you can join in. There will also be poetry and prose readings. Tickets including festive refreshments are £10 and only £1 for under 16s. Available from Chorale Ticket Sales on 01908 320958 or in person from the Church of Christ the Cornerstone, or book on-line from our website at www.mkchorale.org.uk

ROCKING Horse Nights: Taylor'd Country Seeing the RockingHorse season out, and bringing you a country-style Christmas welcome, it's Taylor'd Country at The White Horse, Stony Stratford. They've promised to reprise their cracking Buddy Holly set as part of the show. Starts 9pm. Free entry.

VAGABOND Cinema presents It's a Wonderful Life. St George's Church, Wolverton. 7pm. The fifth and final in this Autumn's season of Vagabond Cinema screenings. There's surely never been a better time to see Frank Capra's 1946 classic about a community throwing off the heartless banker who owns all their debts. Join us for a heartwarming story about love, loyalty, friendship, and second chances.
Mince pies and mulled wine served.
Tickets £4 (£2 concessions)

CHRISTMAS Fantastica at Mead Open Farm. Until December 23. Visit Santa and choose a gift from his huge Toy Shop and don't miss the Lapland Express, Winter Wonderland and more. Santa visit and Gift included in full child admission. Additional charge for under 2s and season ticket holders.

FRAME maker

Fantastic savings on all frames and mirrors

We've got a whole month of super savings on all our mirrors and picture frames this new year. Don't miss out, pick up a great bargain in 2010.

UP TO **15% OFF** ALL FRAMING

FROM 27TH DECEMBER 2009 to 31ST JANUARY 2010

UP TO **50% OFF** ALL MIRRORS

You'll find a great deal at both our outlet stores:

Stacey Bushes Trading Centre
Unit 13-14, Erica Rd
Stacey Bushes
Milton Keynes
MK12 6HS

Systems House
Newport Road
Wavendon
Milton Keynes
MK17 8AA

Mirror Outlet by FRAME maker

Phone **08448 488 222**
Visit **www.framemakermk.co.uk**
Open 7 days a week

MK TAKEAWAYS

PAPA LUIGI Dial-a-Pizza! EST'83

Order Online at: www.papa-luigi.co.uk

DESSERTS

Cheesecake	1.50
Gateaux	1.50
Ice Cream Ben & Jerry's ask for flavours	3.95
Chocolate Fudge Cake	1.50

DRINKS

Coke/Diet Coke Pepsi Orange Fanta	1.95
Coke/Orange/Lemonade cans	0.60

PICK 'n' MIX PIZZA!

FREE DELIVERY TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £9

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperonni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces

	9" REGULAR OR TRADITIONAL	12" REGULAR OR TRADITIONAL	12" DEEP PAN	15" REGULAR OR TRADITIONAL
CHEESE & TOMATO BAS plus ANY 2 DIFFERENT TOPPINGS	9.50	10.50	12.00	15.00
CHEESE & TOMATO BAS plus ANY 4 DIFFERENT TOPPINGS	9.80	11.00	13.00	16.00
CHEESE & TOMATO BAS plus ANY 8 DIFFERENT TOPPINGS	10.30	12.00	14.00	17.00

ADDITIONAL TOPPINGS £1

MEAL DEALS

Chicken Burger & Chips	3.95
1/2 Pound Beefburger & Chips	3.95
2 Pieces Chicken & Chips	3.50
3 Pieces Chicken & Chips	4.50
4 Pieces Chicken & Chips	5.50
Extra Piece of Chicken	1.00
Steak (8oz Sirloin) with Chips, Mushrooms & Salad	9.00
Large Doner Kebab	4.50
Small Doner Kebab	3.50

PIZZA MENU

ADDITIONAL TOPPINGS £1

FREE DELIVERY TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM ORDER OF £9

STEP 01: CHOOSE YOUR PIZZA BASE
* REGULAR BASE (Our Famous Original Crust)
* STUFFED CRUST (Add £1.50 per pizza 9" & 12" only)
* CHICAGO DEEP-PAN (American style deep crust)

STEP 02: SELECT YOUR PIZZA TASTE

	9" REGULAR OR TRADITIONAL	12" REGULAR OR TRADITIONAL	12" Deep Pan	15" REGULAR OR TRADITIONAL
1. PAPA LUIGI SPECIAL Tomato, Cheese, Ham, Mushroom, Salami, Peppers, Olives, Anchovies	£9.80	£11.00	£13.00	£16.00
2. HOT "N" SPICY Tomato, Cheese, Salami, Peppers, Jalapenos, Garlic	£9.80	£11.00	£13.00	£16.00
3. VEGI SPECIAL Tomato, Cheese ,Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	£9.80	£11.00	£13.00	£16.00
4. PESCATORE Tomato, Cheese, Tuna, Prawns, Anchovies	£9.80	£11.00	£13.00	£16.00
5. BBQ BONANZA Cheese, BBQ Sauce, Red Onions, Spicy Beef, Sausage	£9.80	£11.00	£13.00	£16.00
6. TEXAN BBQ BBQ Sauce, Cheese, Onion, Peppers, BBQ Chicken, Bacon	£9.80	£11.00	£13.00	£16.00
7. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	£9.80	£11.00	£13.00	£16.00
8. MILANESE Tomato, Cheese, Ham , Mushrooms	£9.50	£10.50	£12.00	£15.00
9. HAWAIIAN Tomato, Cheese, Ham, Pineapple	£9.50	£10.50	£12.00	£15.00
10. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	£10.30	£12.00	£14.00	£17.00
11. CHICKEN TIKKA MASALA Tomato, Cheese, Chicken Tikka, Onion, Peppers	£10.30	£12.00	£14.00	£17.00
12. NEW YORKER Tomato, Onion & Green Peppers, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	£10.30	£12.00	£14.00	£17.00
13. MEAT LOVERS Tomato, Cheese, Double Salami, Double Pepperoni, Double Ham, Double Beef	£12.00	£14.00	£16.00	£19.00

CHRISTMAS FAMILY FEAST

15" Cheese & Tomato with Cranberry Sauce pizza with the finest Roast Turkey, Chipolatas wrapped in bacon & Cranberry Stuffing

9" Dessert Pizza. Mincemeat & Custard with a crumble topping

Free Bottle of Wine

only £17.95

(not available to Buy 1 Get 1 Free)

*BUY ONE - GET ONE FREE!

NOTE: No other discounts apply with this promotion & prices are subject to change without notice BUY ONE PIZZA & GET ONE PIZZA (of same value) FREE

Delivered to your door! Milton Keynes 01908 313355 Sun to Thurs 11.30am - 12.30am Fri to Sat 11.30am - 2.30am

TASTY FRIED CHICKEN & PIZZA

HALAL

Free Delivery minimum order £9 within a 7 mile radius

Opening Times: Sun - Thurs 11:30am - 12 midnight Friday - Sat 11:00am - 1am

112 Queensway Bletchley MK2 2RU

PIZZA MENU

BUY 1 GET 1 FREE		10"	12"	15"
1	CHEESE & TOMATO	8.90	10.90	12.00
2	HAWAIIAN Pineapple & Turkey	9.50	12.50	15.50
3	PEPPERONI FEAST Onion, Muchrooms & Pepperoni	9.50	12.50	15.50
4	OCEAN FEAST Tuna, Prawns, Anchovies & Tomatos	9.50	12.50	15.50
5	CHICKEN FEAST BBQ Sauce, Plain Chicken, Mushrooms & Peppers	9.50	12.50	15.50
6	AMERICANA Onion, Pepperoni, Beef, Green Chillies & Peppers	9.50	12.50	15.50
7	MEXICANA Chicken Tikka, Jalepenos, Peppers, & Pineapple	9.50	12.50	15.50
8	TASTY VEGGIE Onion, Mushroom, Sweetcorn, Peppers, Olives & Tomatos	9.50	12.50	15.50
9	MEAT FEAST Beef, Pepperoni, Turkey & Chicken Tikka	9.50	12.50	15.50
10	TASTY SPECIAL Onion, Chiken, Green Chillies, Peppers & Tomatoes	10.00	13.00	16.00
11	TASTY FULL HOUSE Beef, Pepperoni, Peppers, Sweetcorn, Onion & Turkey	10.50	13.50	16.50
12	FREE CHOICE Choose 4 Toppings - Choose a Base from Tomato, BBQ, Garlic Mayo & Chilli	10.50	13.50	16.50
13	DONER PIZZA Doner Meat, Onions & Jalepenos	9.50	12.50	16.00
14	GRAND TANDOORI CHICKEN Topping, Red Onion, Green Chilli, Tandoori Chicken, Garlic Sauce & Fresh Coriander	9.50	12.50	16.00
15	CHICKEN BBQ PIZZA BBQ base, Onion, Turkey Meat & BBQ Chicken	9.50	12.50	16.00
16	ORIENTAL EXPRESS Sweetcorn, Green Pepper, Chinese Chicken & Red Onion	9.50	12.50	16.00

QUICK SNACKS

Spicy Chicken Donner	£4.50
Lamb Dinner	£4.50
Donner Meat & Chips	£3.40
Mix Donner Chicken & Lamb	£5.80
Kebab Roll	£3.20
Chicken Tikka Roll & Lamb Tikka	£4.50
Veg/Salad Roll	£2.50

Served With Pitta or Naan Bread

T.F.C. SPECIAL

Nahiri	£6.00
Goat Feet	£6.00
Tandoori Lamb Chop Masala	£6.00
Lamb Tikka Masala	£6.00
Deasi Murgha on Bones	£7.50
Deasi Lamb Korahi on Bones	£12.00

KEEMA

Keema Curry	£5.00
Keema Jalfrezi	£5.00
Keema Korma	£5.00

BURGERS

VEGGIE BURGER	2.50
SPICY BEAN BURGER	2.50
FISH BURGER	2.50
CHICKEN FILLET BURGER	2.50
1/4 POUNDER BURGER	2.50
WITH EGG	+0.40

FAMILY BUCKET

8 pieces of Chicken, 4 Chips, 1.5 Litre coke & coleslaw £10.50
12 pieces of Chicken, 4 Chips, 1.5 Litre coke & coleslaw £16.00
18 pieces of Chicken, 6 Chips, 1.5 Litre coke & coleslaw £21.50

FISH

Masala Fish	£5.00
King Prawn Masala	£7.00
King Prawn Jalfrezi	£7.00
Grilled fish	£4.50

VEGETABLE

Mixed vegetable Karahi	£3.50
Tarka Daal	£3.50
Daal Mash	£3.50
Bhindi	£3.50

NEW GRILL

Jhangir Roast	£4.50
Tandoori Lamb Chops	£3.99
Sheesh Kebab portion of four	£3.99
Chicken Tikka	£3.50
Lamb Tikka	£3.99
Chicken Wings	£3.50
Family Mixed Grill	£9.50
Grilled Fish	£4.50
Chicken or Lamb Shashlic	£4.50
Sizzling Garlic King Prawn	£6.50
Sizzling Garlic Mushroom	£3.50
Chicken Pakora	£2.50
Vegetable Pakora	£2.00
Samosa Meat/Veg portion of two	£1.40
Tandoori Chicken Leg	£1.75
Chana Chaat	£2.50

BIRYANI

Chicken Biryani	£5.50
Lamb Biryani	£5.50
Vegetable Biryani	£3.99
King Prawn Biryani	£6.99
TFC Special Biryani	£6.50
Mushrom Biryani	£3.99

MEAT

Lamb Karahi	£5.50
Lamb Curry	£4.50
Lamb Jalfrezi	£5.00

SPECIAL OFFER Any one pizza, any size £9 (excludes Buy 1 Get 1 Free)

MK 367768 BUY 1 GET 1 FREE (PIZZAS ONLY)

PERI PERI GRILL HOUSE

Peri Peri Chicken..... Pizzas..... Kebabs..... Burgers

Peri Peri Half Chicken Meal 2 rice or 2 chips & a drink £8

Peri Peri Whole Chicken Meal - 2 rice or chips, coleslaw or beans & bottle of drink £12

Peri Peri Quarter Chicken Meal Rice or chips & can of drink £4

Peri Peri Burger Meal Burger & chips or rice & can of drink £4.50

Pizza Deal Any 2 large pizzas, 2 chips & a bottle of drink £15

Lamb Chop Meal Chops, chips or rice & can £6

Any 2 large pizzas, 2 large chips & side order & bottle £17

Lamb Steak Meal Steak & chips or rice & can £6

01908 56 76 76

ORDER YOUR ONLINE Just-Eat.com

Christmas TV Guide 2009

Party with eeze with
EeZy Cabs
All Christmas Parties & Private Functions catered for
We can take you, your customers or colleagues to & from your Party, Dinner or Function with no fuss.
01908 218-218
Reliable, stress free door to door service
1 - 16 seats, Cars, MPV & Minibuses available

ELECTRICAL SERVICES
New Builds - Extensions
Conservatories - Rewires
• Test, Inspection & Certification (Part P)
• Fuse Board Upgrades
• Kitchens and Bathrooms
• Additional Sockets & Lights
• External Works • Smoke Alarms
• Emergency Call Out
Competitive Prices - Reliable - All Jobs considered - References Available
Steven McGiff
07930 399102 / 01525 636138

MK
Decorating & Refurbishments
• Plastering • Decorating • Tiling • Wood Flooring
• UPVC Windows, Doors Supplied & Fitted
Complete Professional Service
Internal & External Property Maintenance
Friendly & Reliable
Free Quotes
Call Nic on
07900 002465
01908 642443

DIET CLINIC
£44 for 4 weeks
Medical Doctor, Easy Diet
Walk-in, no appointments
Licenced and inspected by the Healthcare Commission
Tel: (07973) 641 649
Open Thursdays 10am to 4pm
MKNEWS

Fax
01908
689550
...to advertise

Win a relaxing break at The Spa at Whittlebury Hall Hotel

MK NEWS has teamed up with the hotel to offer an Escape and Spa Stay for two people. The prize includes;
Overnight stay
Upgrade to Club Room accommodation
Full English breakfast
Lunch in The Leisure Terrace Cafe
Three course dinner in Astons Restaurant
Heat & ice experiences
Full use of The Spa and leisure facilities
PLUS your choice of 25 minute treatment from either:
Energising express facial
OR back, neck and shoulder massage
OR body polish

THE Day Spa itelf incorporates Heat and Ice experiences which provide body sensations as a result of changes in temperature.

Move through the treatments increasing your body's temperature before stepping into the Ice Cave to stimulate your circulation and senses, whilst aiding the elimination of toxins and exfoliating the skin.

Facilities include a Sanarium, a Caldarium hot room, a Steam Bath, Sauna, Experience Showers, Foot Spas and a Hydrotherapy Pool.

During your stay, you will also experience the beauty of Whittlebury Hall Hotel.

This magnificent four star deluxe hotel, set in rural Northamptonshire, boasts classical Georgian architecture, complemented by rich furnishings and fabrics.

The hotel has 211 spacious double bedrooms including three individually designed suites, all with en-suite bathrooms, decorated to provide a modern yet elegant and restful escape.

Indulge in its top-class spa and leisure facilities (we are talking Hydro pool, Salt Steam, Crystal Steam, Caldarium, Ice Cave, Jacuzzi, 19m Swimming Pool with bubble jets, Whirlpool spa, Sauna and more) to ensure you leave feeling relaxed and revitalised.

Terms and Conditions: Subject to availability. This prize is available Monday-Thursday only. This prize is non-transferable and non-refundable, and has no cash equivalent. The prize cannot be used in conjunction with any other offer or promotion.† Guests must be aged 18 years or over. This prize is not open to the employees of Macepark Group, Scalford Hall and Whittlebury Hall, and their family members. Accommodation is based on 2 people sharing a Club room. Prize must be taken by 28 February 2010.

HOW TO ENTER

All you have to do is answer this simple question. What is the name of Santa's red nosed reindeer? Send you answers by e-mail to competitions@mk-news.co.uk, complete with name, address and daytime telephone number. Closing date January 2. Editor's decision is final. See terms and conditions.

Monday December 21st

BBC1

6.00 Breakfast (T) **9.15** Animal 24:7 (R/T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** Car Booty (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Only Fools and Horses (R/T) **3.00** Keeping Up Appearances (R/T) **3.30** Murder, She Wrote (R/T) **4.15** Escape to the Country (R/T) **5.00** The Weakest Link: Blue Peter Special (R/T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)
7.00 The One Show (T)
7.30 Nigella's Christmas Kitchen (R/T) (Followed by BBC News)
8.00 EastEnders (T)
8.30 A Question of Sport (T)
9.00 Crimewatch (T)
10.00 BBC News at Ten (T)
10.25 Regional News and Weather (T)
10.35 The Graham Norton Show (T)
11.20 Crimewatch Update (T)
11.35 FILM: Tombstone (1993) (T)
1.35 Weatherview (T) **1.40** Sign Zone: Beautiful People (R/T) **2.10** Life (R/T) **3.10** Natural World (R/T) **4.00** Defying Gravity (R/T) **4.45** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.05** CBBC: Arthur (R/T) **7.30** Inside Life (R/T) **8.00** Gimme a Break (R/T) **8.30** Wainwright's Walks (R/T) **9.00** Great Railway Journeys (R/T) **9.50 FILM: The Barefoot Executive** (1995) (T) **11.25** Who Do You Think You Are? (R/T) **12.25** Victorian Farm (R/T) **1.25 FILM: In Which We Serve** (1942) (T) **3.15** Ready Steady Cook (T) **4.00** Coast (R/T) **5.00** James May's Toy Stories (R/T) **6.00** The Hairy Bikers' Twelve Days of Christmas (R/T)
7.00 Victorian Farm Christmas (R/T)
8.00 University Challenge (T)
8.30 Victoria Wood: Seen on TV (T)
10.00 Victoria Wood with All the Trimmings (R/T)
10.55 dinnerladies (R/T)
11.25 Defying Gravity (T)
12.05 Defying Gravity (T) **12.50** The Learning Zone: Shakespeare - From Stage to Screen (T)
1.50 FILM: The Baby's Room (2006) (T) **3.05** BBC News (T) **4.45** Pages from Ceefax

ITV1

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.25** ITV News (T) (Followed by Local Weather) **11.30** This Morning (T) **12.30** Loose Women (T) **1.30** ITV News & Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** The Alan Titchmarsh Show (T) **4.00** Midsomer Murders (R/T) **6.00** Regional News and Weather **6.30** ITV News & Weather (T)
7.00 Emmerdale (T)
7.30 Coronation Street (T)
8.00 Countrywise (R/T)
8.30 Coronation Street (T)
9.00 A Night of Heroes: The Sun Military Awards (New) (T)
10.30 The Late News & Weather (T)
11.05 FILM: Analyze That (2002) (T)
12.50 Christmas Tales: The Legends of Santa (R/T) (Followed by ITV News Headlines) **1.45** Loose Women (R) **2.30** The Jeremy Kyle Show (R/T) **3.25** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

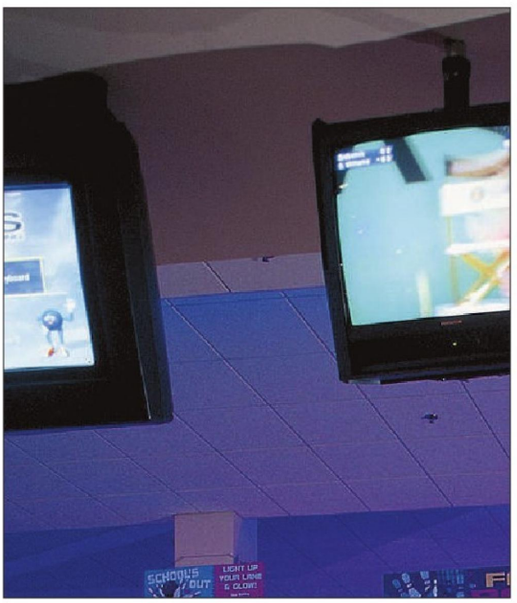
6.25 Sali Mali (R/T) **6.30** Yo Gabba Gabba (R/T) **7.00 FILM: Aquamarine** (2006) (T) **8.55** T4: Friends (R/T) **9.25** Friends (R/T) **9.55** The Simpsons (R/T) **10.30** Premiere Special (R/T) **11.05** Alexandra Burke: Under The Skin (R/T) **12.05 FILM: The Ten Commandments** (1956) (T) **4.10** Deal Or No Deal (T) **5.00** The Simpsons (R/T) **5.30** The Simpsons (R/T) **6.00** Hollyoaks (T) **6.30** Hollyoaks (T)
7.00 Channel 4 News (T)
7.55 3 Minute Wonder (R/T)
8.00 Come Dine with Me at Christmas (R/T)
9.00 Man on Earth (T)
10.00 Ugly Betty (T)
11.00 Gordon Ramsay's F Word (R/T)
12.05 King of the Hill (T) **12.35** King Of The Hill (T) **1.00** PokerStars.com European Poker Tour **2.05 FILM: Le Divorce** (2003) **4.05** The Hills (T) **4.30** St. Elsewhere (R/T) **5.20** One Tree Hill (T)

FIVE

6.00-10.00 Milkshake! **10.00** Roobarb and Custard Too (R/T) **10.10** Michaela's Zoo Babies (R/T) **11.10** How the Ashes Were Won (R/T) **12.00** Five News (T) **12.15** Ice Road Truckers (R/T) **1.10** Crusoe (T) **2.05** Five News Update (T) **2.20 FILM: A Grandpa for Christmas** (2007) (T) **4.10** Five News Update (T) **4.25 FILM: The Muppet Christmas Carol** (1992) (T) **6.00** Heads or Tails (T) (Followed by five news at 9)
7.00 Studio Five's Jacko Tribute (T) (Followed by five news update)
8.00 Nature Shock (R/T) (Followed by five news at 9)
9.00 Michael Jackson: The Last Days (T)
10.00 Michael Jackson's 30th Anniversary Concert (T)
11.50 Michael Jackson Not for Sale (R/T)
12.50 SuperCasino **4.00** True Horror (T) **4.50** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)

Christmas TV Guide 2009

Win a FREE fun night out at City Limits' Mid City Lanes or the Comedy Club



Glow bowling at Mid City Lanes at City Limits

CITY Limits the ultimate Milton Keynes entertainment venue, is situated within the Xscape complex and is perfect for all the family to enjoy.

The Mid City Lanes tenpin bowling centre is where a game of bowling turns into an amazing experience.

With hi-tech scoring systems and incredible graphics, this is the ultimate tenpin bowling experience.

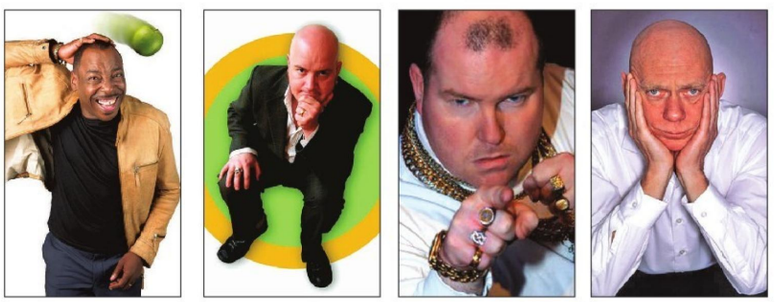
For a truly exciting atmosphere and something completely different, why not try bowling in the dark?

As the house lights go down, the UV lights come on and everything glows!

Fancy a laugh? The Comedy Club at City Limits is the place for you and The Comedy Club proudly brings you three top comedians each event night ensuring a whole evening's entertainment packed full of fun and laughter.

For the over 18s this venue offers a casual, relaxing and welcoming environment with fully licensed bars, waitress service, great music and great food in addition to the fun and laughs from the main comedy show.

City Limits is offering MK NEWS readers the chance to have a free, fun night out with family or friends in either Mid City Lanes or The Comedy Club.



Previous Comedy Club stars (from left) Rudi Lickwood, George Egg, Harry Denford and Tim Clark

HOW TO ENTER

To win a pair of tickets for The Comedy Club (over 18s only) answer the following question:

How many comedians perform each event night?

We have two sets of ten game vouchers for Mid City Lanes to give away answer the following question:-

Which famous MK complex is home to City Limits?

Send your entries to competitions@mk-news.co.uk complete with name, address and daytime telephone.

Closing date Jan 2.

Editor's decision is final.

Atlas Fitness

RESISTANCE
FITNESS STUDIO
TANNING
NUTRITION SHOP
*MEMBERSHIP INCLUDES GYM & CLASSES

5 DAY FREE VIP MEMBERSHIP

Atlas Fitness
Glyn Square
Wolverton
Milton keynes
MK12 5JQ
01908 311338

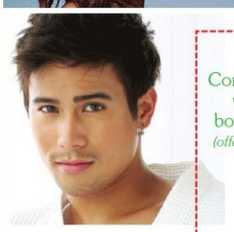
WWW.ATLASFITNESS.CO.UK

POWER CUTZ

Friendly, established hairdressers for all your hairdressing and barbering requirements.

Come and see us at our Salon to discuss your requirements.

Christmas Party looming?
We specialise in hair up, perfect for giving you the wow factor.



SPECIAL OFFER
Come and see us in December and with every re-book for colour booked in Jan/Feb receive £5 off
(offer applies to Power Cutz not Power Cutz 2)
SPECIAL DISCOUNTS AVAILABLE
For services with Hannah - Call for info

01908 646847

Open
Mon-Thurs 9-5:30
Friday 9-6:30 Sat 8:30-5pm

2 Princes Way, Bletchley, MK2 2EN
Private car park at rear
(Additional opening hours over Christmas call for details)

Tuesday December 22nd

BBC 1

6.00 Breakfast (T) **9.15** Animal 24:7 (R/T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** Car Booty (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Only Fools and Horses (R/T) **3.00** Keeping Up Appearances Christmas Special (R/T) **3.30** Murder, She Wrote (R/T) **4.15** Escape to the Country (R/T) **5.00** The Weakest Link (R/T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)
7.00 The One Show (T)
7.30 EastEnders (T) (Followed by BBC News)
8.00 Holby City (T)
9.00 Paradox (T)
10.00 BBC News at Ten (T)
10.25 Regional News and Weather (T)
10.35 Imagine... (T)
11.40 FILM: Holiday in Handcuffs (2007) (T)
1.10 Weatherview (T) **1.15** Sign Zone: See Hear (R/T) **1.45** Rick Stein's Christmas Odyssey (R/T) **2.45** Wonderland: The Alzheimer's Choir (R/T) **3.25** Defying Gravity (R/T) **4.10** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Arthur (R/T) **7.25** Inside Life (R/T) **7.55** Gimme a Break (R/T) **8.25** Wainwright's Walks (R/T) **8.55** Great Railway Journeys of the World (R/T) **9.45 FILM: Blackbeard's Ghost** (1968) (T) **11.25** Who Do You Think You Are? (R/T) **12.25** Victorian Farm (R/T) **1.25 FILM: Merry Christmas** (2005) (T) **3.15** Ready Steady Cook (T) **4.00** Coast (R/T) **5.00** James May's Toy Stories (R/T) **6.00** Christmas with Terry and June (R/T) **6.30 FILM: Dad's Army** (1971) (T)
8.00 The Funny Side of Christmas (T)
9.00 Mock the Week (T)
9.30 Buzzcocks: The Doctor Who Special (R/T)
10.00 Have I Got a Bit More News for You (T)
10.45 The Culture Show (T)
11.45 Michael Jackson Live in Bucharest: The Dangerous Tour (T)
1.45 Michael Jackson Top of the Pops 2 Tribute (R/T) **2.35** BBC News (T) **4.10** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.25** ITV News (T) (Followed by Local Weather) **11.30** This Morning (T) **12.30** Loose Women (T) **1.30** ITV News & Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** The Alan Titchmarsh Show (T) **4.00** Midsomer Murders (R/T) **6.00** Regional News and Weather **6.30** ITV News & Weather (T)
7.00 Emmerdale (T)
7.30 Grimefighters (T)
8.00 Coastline Cops (T)
9.00 The Bill (T)
10.00 The Late News & Weather (T)
10.35 FILM: Basic Instinct (1992) (T) (Followed by ITV News Headlines)
12.50 Nightwatch with Steve Scott: Emergency (R/T) **1.45** Loose Women (R) **2.35** The Jeremy Kyle Show (R/T) **3.30** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.05 Planet Cook (R/T) **6.25** Treacle People Christmas Special (R/T) **6.40** Yo Gabba Gabba (T) **7.10** Max Bear And The Lucky Charm (R/T) **7.40 FILM: Rugrats Go Wild** (2003) (T) **9.10** T4: Friends (R/T) **9.45** Friends (R/T) **10.20** The Simpsons (R/T) **10.55** Ugly Betty (R/T) **11.55 FILM: Dick Tracy** (1990) (T) **1.55 FILM: Tristan & Isolde** (2006) (T) **4.10** Deal Or No Deal: Scrooge Or Santa (T) **5.00** The Simpsons (R/T) **5.30** The Simpsons (R/T) **6.00** Hollyoaks (T) **6.30** Hollyoaks (T)
7.00 Channel 4 News (T)
7.55 3 Minute Wonder (R/T)
8.00 Celebrity Come Dine With Me Christmas Special (T)
9.00 Gordon Ramsay's F Word (T)
10.20 Alan Carr: Chatty Man Christmas Special (T)
11.30 The Big Bang Theory (T)
11.55 The Big Bang Theory (T)
12.30 Bullrun 2009 (T) **1.05** PokerStars.com European Poker Tour **2.05** Gillette World Sport (R/T) **2.35** Volvo Ocean Race (R/T) **3.25** The Hills (T) **3.50** The Hills (T) **4.10** The Hills (T) **4.35** St. Elsewhere (R/T) **5.25** One Tree Hill (T)

FIVE

6.00-10.10 Milkshake! **10.10** Animal Rescue Squad (R/T) **10.35** Michaela's Zoo Babies (R/T) **11.35** Five News (T) **11.50** Ice Road Truckers (R/T) **12.50** Crusoe (T) **1.45** Five News Update (T) **2.00 FILM: I Saw Mommy Kissing Santa Claus** (2001) (T) **3.50** Five News Update (T) **4.05 FILM: Santa Who?** (2000) (T) **6.00** Heads or Tails (T) (Followed by five news at 9)
7.00 Studio Five's Reality TV Special (T) (Followed by five news update)
8.00 Nature Shock (R/T) (Followed by five news at 9)
9.00 CSI: Crime Scene Investigation (R/T)
10.00 CSI: Crime Scene Investigation (R/T) (Followed by five news update)
11.00 CSI: Crime Scene Investigation (R/T)
12.00 CSI: Crime Scene Investigation (R/T) **12.55** SuperCasino **4.00** True Horror (T) **4.50** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)

Christmas TV Guide 2009

Wednesday December 23rd

BBC 1

6.00 Breakfast (T) **9.15** Animal 24:7 (R/T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** Car Booty (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Only Fools and Horses (R/T) **3.00** Keeping Up Appearances (R/T) **3.30** Murder, She Wrote (R/T) **4.15** Escape to the Country (R/T) **5.00** The Weakest Link: Sporting Heroes Special (R/T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)
7.00 The One Show (T)
7.30 Big Top (T)
8.00 Waterloo Road (T)
9.00 Spooks (T)
10.00 BBC News at Ten (T)
10.25 Regional News and Weather (T)
10.35 The National Lottery Draws (T)
10.45 Not Going Out (T)
11.15 FILM: Six Days, Seven Nights (1998) (T) (Followed by National Lottery Update)
12.50 Weatherview (T) **12.55** Sign Zone: Countryfile at Christmas (R/T) **1.55** Country Tracks (R/T) **2.50** Cranford (R/T) **4.20** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.05** CBBC: Arthur (R/T) **7.15** Arthur (R/T) **7.30** Inside Life (R/T) **8.00** Gimme a Break (R/T) **8.30** Wainwright's Walks (R/T) **9.00** Great Railway Journeys (R/T) **9.50 FILM: Cinderella** (1950) (T) **11.10** Who Do You Think You Are? (R/T) **12.10** Victorian Farm (R/T) **1.10 FILM: Carve Her Name with Pride** (1958) (T) **3.05** Ready Steady Cook (T) **3.50** Coast (R/T) **4.50** James May's Toy Stories (R/T) **5.50** Rick Stein's Christmas Odyssey (R/T) **6.50** Porridge (R/T)
7.30 TOTP2: Christmas Special 2009 (T)
9.00 The Grumpy Guide to Christmas (T)
10.00 Russell Howard Live (T)
11.10 QI XL (T)
11.55 Mock the Week (R/T)
12.25 Have I Got News for You (R/T) **12.55** The Rules of Film Noir (R/T) **1.55 FILM: The Reckless Moment** (1949) (T) **3.15** BBC News (T) **4.15** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (R/T) **10.30** This Morning (T) **11.25** ITV News (T) (Followed by Local Weather) **11.30** This Morning (T) **12.30** Loose Women (T) **1.30** ITV News & Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** The Alan Titchmarsh Show (T) **4.00** Midsomer Murders (T) **6.00** Regional News and Weather **6.30** ITV News & Weather (T)
7.00 Emmerdale (T)
7.30 Harry Hill's The Best of TV Burp (R/T)
8.00 The Nolans: In The Mood For Dancing (New) (T)
9.00 FILM: Bridget Jones: The Edge Of Reason (2004) (R/T)
11.00 ITV News at Ten & Weather (T)
11.35 Christmas Tales: The Story of the Tree (T)
12.30 FILM: Stealing Christmas (2003) (T) (Followed by ITV News Headlines) **2.00** Loose Women (R) **2.50** The Jeremy Kyle Show (R/T) **3.40** ITV Nightscreen **5.25** CITV: Captain Mack (T) **5.35** Paz (T) **5.40** Captain Mack (T) **5.55** ITV Morning News (T)

FOUR

6.10 Planet Cook (R/T) **6.30** Yo Gabba Gabba (R/T) **7.00** Wilde Stories (R/T) **7.25** Famous Fred (R/T) **8.00** Lost And Found (R/T) **8.30** T4: Friends (R/T) **9.00** Friends (R/T) **9.30** Friends (R/T) **10.00** The Simpsons (R/T) **10.30** Pink: Funhouse Live (T) **11.35** Avatar Film Special (R/T) **12.05 FILM: James and the Giant Peach** (1996) (T) **1.35** Come Dine with Me (R/T) **2.10** Come Dine with Me (R/T) **2.40** Come Dine with Me (R/T) **3.10** Come Dine with Me (R/T) **3.40** Come Dine with Me (R/T) **4.10** Deal Or No Deal: Scrooge Or Santa (T) **5.00** The Simpsons (R/T) **5.30** The Simpsons (R/T) **6.00** Hollyoaks (T) **6.30** Hollyoaks (T)
7.00 Channel 4 News (T)
7.55 3 Minute Wonder (R/T)
8.00 River Cottage Heroes (T)
9.00 The Family (T)
10.00 True Blood (T)
11.10 Gordon Ramsay's F Word (R/T)
12.30 4Music: Editors Live At Fabric (R/T) **1.00** This Week's 4Music Top 20 **2.50** Deadliest Catch: New Beginnings (T) **3.40** The Truth About Street Weapons (R/T) **3.50** The Hills (T) **4.10** The Hills (T) **4.35** St. Elsewhere (R/T) **5.20** One Tree Hill (T)

FIVE

6.00-10.10 Milkshake! **10.10** Animal Rescue Squad (R/T) **10.35** Michaela's Zoo Babies (R/T) **11.35** Five News (T) **11.50** Ice Road Truckers (R/T) **12.50** Crusoe (T) **1.45** Five News Update (T) **2.00 FILM: All I Want for Christmas** (2007) (T) **3.50** Five News Update (T) **4.05 FILM: Mrs Miracle** (2009) (T)
6.00 Heads or Tails (T) (Followed by five news at 9)
7.00 Studio Five's Best Bits (T) (Followed by five news update)
8.00 Giant Snake Invasion with Nigel Marven (T) (Followed by five news at 9)
9.00 Greatest Christmas Comedy Moments (R/T)
12.05 PartyPoker.com World Open V (T) **1.35** SuperCasino **4.00** Cathouse (T) **4.50** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)

Christmas Eve

BBC 1

6.00 Breakfast (T) **9.00** Dani's House (R/T) **9.30** Doctor Who: Dreamland (R/T) **10.15** Shaun the Sheep (R/T) **10.25 FILM: Home on the Range** (2004) (T) **11.35 FILM: The Santa Clause 3: the Escape Clause** (2006) (T) **1.00** BBC News at One (T) **1.10** Regional News and Weather (T) **1.15** The Two Ronnies Christmas Sketchbook (R/T) **2.15 FILM: The Chronicles Of Narnia: The Lion, The Witch And The Wardrobe** (2005) (T) **4.25 FILM: Over The Hedge** (2006) (T) **5.45 FILM: Shrek 2** (2004) (T)
7.10 BBC News (T)
7.25 Regional News and Weather (T)
7.30 EastEnders (T)
8.00 My Family (T)
9.00 Victoria Wood's Midlife Christmas (T)
10.00 QI (T)
10.30 Live at the Apollo (T)
11.00 The Best of the Impressions Show with Culshaw and Stephenson (T)
11.30 BBC News (T) (Followed by weather)
11.45 Christmas Midnight Mass from Westminster Cathedral (T)
1.00 Skiing Weatherview (T) **1.05 FILM: Serendipity** (2001) (T) **2.30** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook Christmas Special (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.05** CBBC: Arthur (R/T) **7.30** Inside Life (R/T) **8.00** Gimme a Break (R/T) **8.30** Wainwright's Walks (R/T) **9.00** Great Railway Journeys of the World (R/T) **9.50 FILM: Pinocchio** (2002) (T) **11.30** Coast (T) **11.50 FILM: South Pacific** (1958) (T) **2.15** The Tsarina's Slippers (T) **4.45** James May's Toy Stories (R/T) **5.45** Dad's Army (R/T) **6.15** Carols from King's (T)
7.30 The Good Life (R/T)
8.00 Victorian Farm Christmas (T)
9.00 FILM: The Hound of the Baskervilles (1959) (R/T)
10.40 The Grumpy Guide to Christmas (R/T)
11.40 The Funny Side of Christmas (R/T)
12.40 Comedy Songs: The Pop Years (R/T) **2.10 FILM: Gilda** (1946) (T) **3.55** Pages from Ceefax

ITV 1

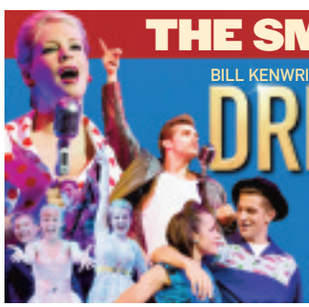
6.00 GMTV (T) **9.25** Christmas Cooks Challenge (T) **10.25 FILM: Curious George** (2006) (T) **12.00** Best Ever Christmas Films (R/T) **1.00** ITV News & Weather (T) **1.15** Hercule Poirot's Christmas (R/T) **3.15** The Old Curiosity Shop (R/T) **5.15** Creature Comforts (R/T) **5.45** ITV News & Weather (T) **6.00 FILM: Tim Burton's Corpse Bride** (2005) (T)
7.30 You've Been Framed (R/T)
8.00 Emmerdale (T)
8.30 Coronation Street (T)
9.00 Taggart (New) (T)
10.00 ITV News & Weather (T)
10.15 Christmas Carols with the Troops (T)
11.15 FILM: Shakespeare in Love (1998) (R/T)
1.20 Christmas Tales: The Story of the Tree (R/T) (Followed by ITV News Headlines) **2.15** Motorsport UK (T) **3.05** ITV Nightscreen **5.25** CITV: Captain Mack (T) **5.35** Paz (T) **5.40** Captain Mack (T) **5.55** ITV Morning News (T)

FOUR

6.10 Planet Cook (R/T) **6.30** Yo Gabba Gabba (R/T) **7.00** Wilde Storie (R/T) **7.30** The Bear (R/T) **8.00** T4: Friends (R/T) **8.30** Friends (R/T) **9.05** Friends (R/T) **9.35** The Simpsons (R/T) **10.10** Jls Christmas Crackers (R/T) **11.15** Shooting Cheryl Cole (R/T) **11.45 FILM: The Nativity Story** (2006) (T) **1.35** The Snowman (R/T) **2.10 FILM: Three Men and a Baby** (1987) (T) **4.10** Jamie's Family Christmas (R/T) **4.40** Jamie's Family Christmas (R/T) **5.10** Jamie's Family Christmas (R/T) **5.45** Jamie's Family Christmas (R/T) **6.15** Jamie's Family Christmas (R/T) **6.45** Deal Or No Deal: Scrooge Or Santa (T)
7.45 Channel 4 News (T)
8.00 Heston's Christmas Feast (R/T)
9.00 The Secret Millionaire (T)
10.00 Celebrity Come Dine With Me Christmas Special (R/T)
11.05 Alan Carr: Chatty Man Christmas Special (R/T)
12.10 FILM: Slither (2006) (T) **1.55** Dispatches: Terror In Mumbai (R/T) **2.50** Deadliest Catch (T) **3.35** The Hills (T) **4.00** The Hills (T) **4.20** St. Elsewhere (R/T) **5.10** One Tree Hill (T)

FIVE

6.00-10.40 Milkshake! **10.40** Michaela's Zoo Babies (R/T) **11.40** Five News (T) **11.55** Ice Road Truckers (R/T) **12.55** Crusoe (T) **1.50** Five News Update (T) **2.05 FILM: Angel in the Family** (2004) A widowed father and his two estranged daughters experience a miracle when their late matriarch returns to spend cristmas with them. Drama, starring Dalton Brooks. (T) **3.55** Five News Update (T) **4.10 FILM: The Christmas Box** (1995) A ski-shop owner and his wife and daughter move in with an elderly widow who needs help; he suffers recurring dreams. Drama, starring Richard Thomas. (T) **6.05** Heads or Tails (T)
7.05 FILM: A Christmas Carol (1999) Scrooge is a miserly old businessman in 1840's London. One christmas eve he is visited by the ghost of marley, his dead business partner. Marley foretells that Scrooge will be visited by three spirits each of whom will attempt to show Scrooge the errors of his ways. Drama, starring Patrick Stewart. (T)
9.00 Celebrity Shock List 2009 (T)
11.05 Simon Cowell: Where Did It All Go Right? (R/T)
12.05 SuperCasino **4.00** Cathouse (T) **4.50** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)


THE SMASH HIT MUSICAL DIRECT FROM THE WEST END!
BILL KENWRIGHT AND LAURIE MANSFIELD IN ASSOCIATION WITH UNIVERSAL MUSIC PRESENT
DREAMBOATS AND PETTICOATS®
BOOK BY LAURENCE MARKS & MAURICE GRAN
'I LOVED EVERY MOMENT. 'A cracking young company and band who perform some of the greatest pop songs ever.' DAILY TELEGRAPH
'TREMENDOUS, TUB-THUMPING FUN' SUNDAY TELEGRAPH
MON 15 - SAT 20 FEB • 0844 871 7652 (bkg fee)
www.ambassadortickets.com/miltonkeynes (bkg fee)

BACK BY POPULAR DEMAND!

For a seriously inspiring Christmas
HOBBS GAP TM LEWIN NEXT JAEGER LK BENNETT
HOTEL CHOCOLAT HMV KUONI KAREN MILLEN KURT GEIGER HOLLISTER
Visit Milton Keynes and you'll be delighted to find 240 places to shop, eat and relax plus visit Santa's Grotto! Book now at www.thecentremk.com to see Santa in his Grotto which is now open until Christmas Eve.
MILTON • KEYNES
thecentre:mk
MIDSUMMER PLACE

Christmas TV Guide 2009

Christmas Day

BBC 1

6.00 Breakfast (T) **9.15 FILM: Ingenious** (2009) (T) **10.15** Christmas Day Eucharist (T) **11.15** The Sarah Jane Adventures (R/T) **12.10** BBC News (T) **12.25 FILM: The Santa Clause** (1994) (T) **2.00** Top of the Pops Christmas (T) **3.00** The Queen (T) **3.10 FILM: The Incredibles** (2004) (T) **4.55** Shrek the Halls (T) **5.20** BBC News (T) **5.30** The Gruffalo (T) **6.00** Doctor Who (T)
7.00 Strictly Come Dancing Christmas Special (T)
8.00 EastEnders (T)
9.00 The Royle Family (T)
10.00 Gavin and Stacey (T)
10.30 Catherine Tate: Nan's Christmas Carol (T)
11.20 BBC News (T) (Followed by weather)
11.30 On Christmas Night (T)
11.35 National Lottery EuroMillions Draw (T)
11.45 FILM: Speed (1994) (T)
1.35 Weatherview (T) **1.40** BBC News (T)

BBC2

6.00 CBeebies: Bob the Builder Snowed Under: The Bobblesberg Winter Games (R/T) **7.00** CBBC: Panto (R/T) **7.30** Inside Life (R/T) **8.00** Gimme a Break (R/T) **8.30** Wainwright's Walks (R/T) **9.00** Great Railway Journeys (R/T) **9.50 FILM: Heidi** (2005) (T) **11.30** Star of Bethlehem (R/T) **12.30 FILM: Kiss Me Kate** (1953) (T) **2.15 FILM: White Christmas** (1954) (T) **4.10** La Boheme (T) **6.00** The Private Life of a Christmas Masterpiece (T) **6.50** The Queen (R/T)
7.00 James May's Toy Stories (T)
8.00 Dad's Army (R/T)
8.30 Blackadder the Third (R/T)
9.00 Top Gear (R/T)
10.00 Oz and Hugh Drink to Christmas (R/T)
11.00 The Funny Side of Chat (T)
12.00 QI (R/T) **12.30** Never Mind the Buzzcocks: Where Are They Now? (R/T) **1.00** TOTP2: Christmas Special 2009 (R/T) **2.30 FILM: Stella Street** (2004) (T) **3.50** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** Christmas Cooks Challenge (T) **10.25** Creature Comforts (R/T) **10.55 FILM: Santa Claus - The Movie** (1985) (T) **1.00** ITV News & Weather (T) **1.10 FILM: The Polar Express** (2004) (T) **3.00** HM The Queen (T) **3.10** You've Been Framed at Christmas! (T) **3.40 FILM: Happy Feet** (2006) (T) **5.40** ITV News & Weather (T) **6.00** Emmerdale (T)
7.00 Coronation Street (T)
8.00 All Star Mr & Mrs Christmas Special (New) (T)
9.00 Agatha Christie's Poirot (New) (T)
11.00 ITV News & Weather (T)
11.15 FILM: Gladiator (2000) Maximus is a powerful Roman general, loved by the people and the aging Emperor, Marcus Aurelius. Before his death, the Emperor chooses Maximus to be his heir over his own son, Commodus, and a power struggle leaves Maximus and his family condemned to death. Action, starring Russell Crowe. (T) (Followed by ITV News Headlines) **2.05 FILM: One Million Years BC** (1966) (T) **3.50** ITV Nightscreen **5.25** CITV: Captain Mack (T) **5.35** Paz (T) **5.40** Captain Mack (T) **5.55** ITV Morning News (T)

FOUR

6.00 Yo Gabba Gabba (R/T) **6.30** Little Wolf's Book Of Badness (R/T) **7.00** Wilde Stories (R/T) **7.30** Olive The Other Reindeer (R/T) **8.25** T4: The Simpsons (R/T) **8.55** Friends (R/T) **9.30** Friends (R/T) **10.00** The Simpsons (R/T) **10.35** Beyonce: I Am Yours - An Intimate Performance From Wynn, Las Vegas (T) **11.40 FILM: Honey I Blew Up the Kid** (1992) (T) **1.25** Only When I Dance (T) **3.00** Alternative Christmas Message (T) **3.10** Deal Or No Deal: Scrooge Or Santa (T) **4.15 FILM: Annie** (1982) (T)
6.35 The Secret Millionaire Changed My Life (R/T)
7.40 Channel 4 News (T)
7.45 Katie: My Beautiful Face (R/T)
8.50 Alternative Christmas Message (R/T)
9.00 FILM: Grey Gardens (2009) (T)
11.05 Lee Evans: Big: Live at the O2 (R/T)
12.10 David Blaine: Frozen in Time (R/T) **1.10** A Bear's Chrimbo: Top 20 (T) **3.00** Deadliest Catch (T) **3.45** The Hills (T) **4.10** The Hills (T) **4.35** St. Elsewhere (R/T) **5.25** One Tree Hill (T)

FIVE

6.00 Milkshake! Sunrise (T) **7.00** Fireman Sam Christmas Special (R/T) **7.25** Mio Mao (R/T) **7.30** Show Christmas Special (R/T) **7.55** Noddy Saves Christmas (R/T) **8.25** Peppa Pig (R/T) **8.40** Thomas & Friends (R/T) **8.55** Roary the Racing Car (R/T) **9.10** Little Princess (R/T) **9.40** The Mr Men Show (T) **9.50** Hana's Helpline (R/T) **10.05** Olivia (R/T) **10.20** Animal Rescue Squad (R/T) **10.50** Michaela's Zoo Babies (R/T) **11.50** Polar Bear Adventure with Nigel Marven (R/T) **12.50** Ice Road Truckers (R/T) **1.50** Crusoe (T) **2.50** Five News (T) **3.05 FILM: Call Me Claus** (2001) When Lucy Cullins, a successful but cranky producer at a home shopping network, hires an actor named nick to play Santa Claus on the network she gets more than she has bargained for. Comedy, starring Whoopi Goldberg. (T) **5.00** Heads or Tails (T)
6.00 FILM: High Society (1956) (T)
8.00 Gadget Show: Gadget of the Decade (R/T)
9.00 The ABBA Years (R/T)
10.00 Mamma Mia: Where Did It All Go Right? (R/T)
11.00 FILM: ABBA: The Movie (1977) (T)
12.50 SuperCasino **4.00** Cathouse (T) **4.50** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)

Boxing Day

BBC 1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.40 FILM: Herbie: Fully Loaded** (2005) (T) **1.15** BBC News (T) **1.25** Regional News and Weather (T) (Followed by weather) **1.30 FILM: Bridge to Terabithia** (2007) (T) **3.00 FILM: Flushed Away** (2006) (T) **4.20** BBC News (T) **4.35** Regional News and Weather (T) (Followed by weather) **4.40 FILM: Wallace and Gromit in The Curse of the Were-Rabbit** (2005) (T) **6.00** Total Wipeout: Celebrity Special (T)
7.00 EastEnders (T)
7.30 FILM: Pirates Of The Caribbean: At World's End (2007) (T)
10.05 The National Lottery Draws (T)
10.15 BBC News (T) (Followed by weather)
10.25 Match of the Day (T) (Followed by National Lottery Update)
11.50 The Football League Show (T)
1.05 Weatherview (T) **1.10 FILM: Bull Durham** (1988) (T) **2.55** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Dennis & Gnasher (R/T) **7.15** Dennis & Gnasher (R/T) (Followed by Bernard) **7.30** Prank Patrol (R/T) **8.00** Shaun the Sheep (R/T) **8.05** Shaun the Sheep (R/T) **8.15** What's New Scooby Doo? (R/T) **8.35** The Basil Brush Show (R/T) **9.00** Bear Behaving Badly (R/T) **9.25** Dani's House (R/T) **9.55** Sam and Mark's Guide to Dodging Disaster (R/T) **10.20** The Story of Tracy Beaker (R/T) **10.50** Living Famously (R/T) **11.50** BBC Proms 2009: A Celebration of Classic MGM Film Musicals (R/T) **1.55 FILM: An American In Paris** (1951) (T) **3.45** Some Mothers Do 'Ave 'Em (T) **4.30** Final Score (T)
5.05 Hamlet (T)
8.10 Victorian Farm Christmas (R/T)
9.10 The Morecambe and Wise Christmas Show: 1973 (R/T)
10.15 The Story of Slapstick (T)
11.15 The Young Ones (R/T)
11.45 Shooting Stars (R/T)
12.15 FILM: Carry On Follow That Camel (1967) (T) **1.50 FILM: Build My Gallows High** (1947) (T) **3.20** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** Christmas Cooks Challenge (R/T) **10.25** All Star Mr & Mrs Christmas Special (R/T) **11.25** I Dreamed a Dream - The Susan Boyle Story (R/T) **12.25** ITV News & Weather (T) (Followed by Local Weather) **12.40 FILM: Racing Stripes** (2005) (T) **2.30** Goodnight Mister Tom (R/T) **4.40 FILM: March Of The Penguins** (2005) (T) **6.15** ITV News & Weather (T) **6.30** Harry Hill's TV Burp Review of the Year **(New)** (T)
7.00 You've Been Framed at Christmas! (T)
7.30 Ant & Dec's Christmas Show (New) (T)
8.45 All Star Family Fortunes (T)
9.30 All Star Impression Show (New) (T)
10.30 ITV News & Weather (T)
10.45 Above Suspicion (T)
12.40 FILM: The Graduate (1997) (T) (Followed by ITV News Headlines) **2.25** Six Degrees (R/T) **3.10** ITV Nightscreen **5.25** CITV: Captain Mack (T) **5.35** Paz (T) **5.40** Captain Mack (T) **5.55** ITV Morning News (T)

FOUR

6.10 Sali Mali (R/T) **6.15** Planet Cook (R/T) **6.35** Yo Gabba Gabba (R/T) **7.00** Freesports on 4 (R/T) **8.00** The Morning Line (T) **8.55** T4: Friends (R/T) **9.25** Friends (R/T) **9.55** 's Stars Of 2009 (R/T) **11.55** 90210 (T) **12.50** Scrubs (R/T) **1.20** Scrubs (R/T) **1.50** Channel 4 Racing From Kempton Park, Wetherby And Wincanton (T) **4.05** Celebrity Come Dine with Me Extra Portions (R/T) **4.35** Celebrity Come Dine with Me Extra Portions (R/T) **5.05** Celebrity Come Dine with Me Extra Portions (R/T) **5.35** Celebrity Come Dine with Me Extra Portions (R/T) **6.05** Deal or No Deal (T)
7.05 Channel 4 News (T)
7.10 FILM: Crocodile Dundee (1986) (T)
9.00 Decoded: Dan Brown's Lost Symbol (T)
10.00 The Real Da Vinci Code (R/T)
11.05 The Big Fat Quiz Of The Year 2005 (T)
1.05 FILM: Aeon Flux (2005) **2.40** The Truth About Street Weapons (R/T) **2.50** The Dead Zone (R/T) **3.35** The Hills (T) **4.00** The Hills (T) **4.25** The Hills (T) **4.50** St. Elsewhere (R/T) **5.40** One Tree Hill (T)

FIVE

6.00 Sunrise (T) **7.00** Milkshake! Angels of Jarm (R/T) **7.05** Bop Box (R/T) **7.10** Fireman Sam (R/T) **7.20** The WotWots (R/T) **7.35** Rupert Bear (R/T) **7.45** Hana's Helpline (R/T) **7.55** Make Way for Noddy (R/T) **8.10** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **8.30** The Mr Men Show (R/T) **8.45** Harry and His Bucket Full of Dinosaurs (R/T) **8.55** Bop Box (R/T) **9.00** Olivia (R/T) **9.15** Little Princess (R/T) **9.30** Gerald McBoing Boing (R/T) **10.00** NFLUK (T) **11.00 FILM: The Angel of Pennsylvania Avenue** (1997) (T) **1.00 FILM: Snow White** (2001) (T) **2.50 FILM: Titanic** (1996) (T) **6.20** Heads or Tails (T)
7.10 Five News (T)
7.15 CSI: Crime Scene Investigation (R/T)
8.05 CSI: Crime Scene Investigation (R/T)
9.05 CSI: Crime Scene Investigation (R/T)
10.05 CSI: Crime Scene Investigation (R/T)
11.05 CSI: Crime Scene Investigation (R/T)
12.00 SuperCasino **4.00** House Doctor (R/T) **4.25** House Doctor (R/T) **4.50** Rough Guide to Short Breaks (R/T) **5.00** Milkshake!: Hana's Helpline (R/T) **5.10** Show (R/T) **5.35** Thomas & Friends (R/T) **5.45** Roary the Racing Car (R/T)

Good Food Award

AL KEBAB HUT
KEBABS · BURGERS · CHICKEN · CURRIES

Full menu & Order online at www.kebabhut.co.uk

FROM THE TANDOOR FRESH NAANS

KEBAB	Reg	Lrg	Meal
Doner Kebab	3.50	4.50	4.49
Sheesh Kebab	3.50	4.50	4.49
Chicken Doner	3.90	4.90	4.90
Chicken Tikka	3.90	4.90	4.90
Lamb Tikka	3.90	4.90	4.90
Mixed Doner (2 meats)	3.90	4.90	4.99
Mixed Tikka (2 meats)	3.90	4.90	4.99
Mixed Kebab (5 meats)	4.99	5.99	5.99
Kebab Hut Special	3.95	4.95	4.95

CHICKEN	Reg	Fries	Meal
1 Piece Chicken	0.99	1.99	2.49
2 Piece Chicken	1.95	2.99	3.49
3 Piece Chicken	2.75	3.49	3.99
4 Piece Chicken	3.49	4.49	4.99
6 Chicken Nuggets	1.99		2.99
Popcorn Chicken*	1.29	2.29	2.49
Spicy Wings	4pc...1.49	6pc...1.99	
	10 pc...2.99	12pc...3.49	

BURGER	Reg	Meal
Veg or Bean Burger	2.29	3.49
Quarter Pounder	2.49	3.49
Half Pounder	2.99	3.99
Chicken Fillet Burger	2.49	3.49
Spicy Fillet Burger	2.49	3.49
Doner in a bun* NEW	2.49	3.49
Chicken Doner Burger* NEW	2.49	3.49
Naan Burger* NEW	2.99	3.99
Fish o-Fillet	2.29	3.49
Add Cheese Slice	0.20	

CURRY	
Chicken Curry	3.50
Vegetable Curry	3.50
Lamb Curry	3.99
Channa Masala	3.50
Daal Curry	3.50
Haleem	3.50
Aloo Palak	3.50
Aloo Gobi	3.50
Paya Curry	3.99
Chicken Biryani	4.50
Lamb Biryani	4.99
Vegetable Biryani	4.50

PARTY PACK 8.99
6 pc Chicken, 3 Fries, 1.5l Coke

FAMILY PACK 9.99
8 pc Chicken, 3 Fries, 1.5l Coke

CHICKEN FEAST 19.90
20 pc Chicken, 8 Fries

PARTY KEBAB 10.99
Same as Family Kebab, but serves 2-3

ON THE SIDE	
Naan Bread	1.00
Tandoori Roti	0.50
Fries (reg/large)	1.10/1.50
Potato Wedges	1.60
Onion Rings	1.50
Samosa (meat/veg)	0.65
Basmati Rice	1.80
Chips in Pitta	1.60
Fresh Salad	1.00
Drink Can	0.60
500ml Coke	0.99
2l Pepsi	1.69
Hot Apple Pie	0.99
Coleslaw	0.69
Sauce (reg/large)	0.30/0.75

FAMILY KEBAB 13.99
Lamb Doner, Chicken Doner, Chicken Tikka, Lamb Tikka, Lamb Sheesh, 3 Naan, 2l Pepsi Chilli, Garlic Sauce & Fresh Salad

MEGA BUCKET 14.99
10 pc Chicken, 4 Fries, Doner Kebab, 6 Wings, 2l Pepsi

22 22 24
3, Stratford Rd, Wolverton, MK12 5LJ

Free Delivery *within 3 mile radius
else small delivery charge applies, min delivery £10
Open until midnight and 1 am on Fri/Sat

Our deliveries are always HOT as we use heated delivery bags.

CURRY MEAL DEAL
Chicken/veg curry, naan & drink £4.50
(*or two Tandori roti if you prefer.)

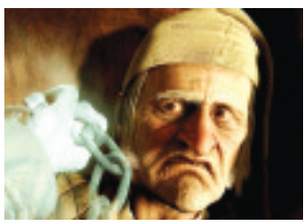
Christmas TV Guide 2009

Things you didn't know and some you thought you did

What the Dickens?

IN December 1843 Charles Dickens published a little novella about a grumpy old curmudgeon who rediscovered the true meaning of Christmas after being visited by three ghosts on Christmas Eve. It was a resounding success; so much so that in the succeeding 166 years it has never been out of print.

'I have endeavoured in this Ghostly little book,' he wrote, 'to raise the Ghost of an Idea, which shall not put my readers out of humour with themselves, with each other, with the season, or with me. May it haunt their houses pleasantly, and no one wish to lay it.'



Scrooged

"I AM as light as a feather, I am as happy as an angel, I am as merry as a school-boy. I am as giddy as a drunken man. A merry Christmas to everybody! A happy New Year to all the world!" (Ebenezer Scrooge)

After the success of Christmas Carol, Charles Dickens wrote several other Christmas stories, one each year, but none was as successful as the original.

No organ recital

SILENT Night was written in 1818, by an Austrian priest Joseph Mohr. He was told the day before Christmas that the church organ was broken and would not be repaired in time for Christmas Eve. Mohr couldn't possibly imagine Christmas without music, so he sat down and wrote three stanzas of a carol that could be sung by choir to guitar music. Later that night the people in the little Austrian Church sang 'Stille Nacht' for the first time. The rest, as they say, is history.

Gift wrapped

STARTLED to see two young lads, who were making a lot of noise and getting in the way of other customers, dragging a bulky, awkward sack through the toy department of a large store, the manager stepped in. "Now, boys," he admonished, "if you keep on being troublesome, Father Christmas won't come to your house."

"That's what you say," retorted one youngster. "Who do you think we've got in the sack?"

It's a dog's life

ACCORDING to a 1995 survey, seven out of ten British dogs get Christmas gifts from their doting owners. (Go on! Is that all?)

Quick march service

IN the British armed forces it is traditional that officers wait on other ranks and serve them their Christmas dinner. This dates back to a custom from the Middle Ages.

Mistletoe magic

LONG before mistletoe became a saucy 'kiss encourager', it was considered to have magic powers. It was said to have the ability to heal wounds and increase fertility. Celts hung mistletoe in their homes in order to bring themselves good luck and ward off evil spirits.

Coming of age

IN Port Moresby, Papua New Guinea, your age is measured not in years but in how many Christmases you've lived through; you're not 20, you're twenti krismas. Rather less charmingly, the Japanese expression to describe single women over 25 years old is kurisumasu keiki – left-over Christmas cake.

Red nose ploy

SANTA'S reindeer are Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Donner and Blitzen. Rudolph, the red-nosed reindeer, was invented solely as a marketing ploy to bring people into Montgomery Ward (a chain of US department stores).

X Factor

YOU may hate it but the abbreviation of Xmas for Christmas is not irreligious. The first letter of the word Christ in Greek is chi, which is identical to our X. Xmas was originally an ecclesiastical abbreviation that was used in tables and charts.

Pushing the boat out

DID you know that in the Greek islands, instead of a piling their presents under a Christmas tree many families still put their gifts in a wooden fishing boat?

Dates

MANY people who were born on December 25 feel hard done by because they have to make do with one present instead of two and share their big day celebrations with everybody else. Robert Louis Stevenson, author of Treasure Island, recognised the problem. When he died on December 4, 1894, he willed his November 13 birthday to a friend who disliked her own Christmas birthday

Christmas presence

ON returning from hospital on December 24 with a new baby the mother said to her disgruntled looking five-year-old son: "The baby is a Christmas present from the angels."

"Well," he said, "maybe if we put him away and don't use him at all we can give him to somebody else next Christmas."

Leisure or events news? e-mail **david.gale@mk-news.co.uk** | phone **01908 689595**

THE LAKESIDE
WILLEN LAKE, BRICKHILL ST, MK15 9HQ
01908 675222
VISIT US AND COLLECT YOUR VOUCHERS FOR MORE GREAT OFFERS IN 2010
2 for £10
LUNCH CLUB MAIN MEAL DESSERT & DRINK
ALL DAY, EVERY DAY!
TASTY FOOD, TASTY PRICES.
ALL OFFERS SUBJECT TO AVAILABILITY. TERMS AND CONDITIONS APPLY

Licensed to hold Civil Wedding Ceremonies/ Partnerships
WILTON HALL
STRICTLY NO TRAINERS Smart Casual Dress OVER 18's ONLY
Milton Keynes Premier Cabaret Venue to Dine, Dance and Party the Night Away
Bookings NOW being taken for Weddings, Proms, Corporate Events, and much, much more…
Soul Disco Party with Superstition Saturday 9th January £25.00pp
Supreme Soul with Diane Shaw Friday 15th January £23.00pp
2010
Queen Tribute with Monarchy Saturday 16th January £25.00pp
Take That Tribute Friday 22nd January £23.00pp
Chubby Brown Tribute – Thursday Comedy Pie/Sausage & Mash Night Special - £12.00pp
Elvis Tribute with Alvin Printwhistle – Friday 29th January - £23.00pp
All Friday/Saturday nights include a superb hot & cold buffet with a choice of sweets & cheeses, and don't forget the Chocolate Fountain.
The Management reserve the right to change menu or programme without prior notice. E&OE.
Box Office: 01908 372277 - Pre-Booking Essential
Wilton Avenue, Bletchley, Milton Keynes, MK3 6BN
www.wiltonhall.co.uk
FREE Parking

We would like to wish all our customers a Merry Christmas & a Happy New Year!

SUFFERING PAIN?

Many people suffer with aches and pains everyday and just put up with it, not knowing whom to turn to for help.

The answer maybe found in a thorough chiropractic consultation, examination and X-rays (if appropriate).

- ✓ Back Pain
- ✓ Sciatica
- ✓ Neck Pain
- ✓ Whiplash
- ✓ Disc Problems
- ✓ Arm Pain
- ✓ Leg Pains
- ✓ Headaches
- ✓ Trapped Nerves
- ✓ Joint Pains
- ✓ Muscular Pains

No GP Referral Required Immediate Access.

FULL CONSULTATION, EXAMINATION & TREATMENT (OR X-RAYS) FOR THE ALL INCLUSIVE FEE OF

£30

When considering a chiropractic clinic, ask the following questions :-

1). Do they expect you to book up for many, many treatments sessions in advance?
2). Do they expect you to pay in advance for your treatment sessions?
3). Do they rush you in and out the door in brief 10 minute appointments?

The answer to these questions at our chiropractic clinic in Fenny Stratford is NO!!!

Milton Keynes Chiropractic Clinic

FENNY STRATFORD

Gary D Jackson, Doctor of Chiropractic & Associates are proud to be the OFFICIAL CHIROPRACTOR for the MK DONS FOOTBALL TEAM.

Your all inclusive assessment includes:

- A Private consultation
- Postural & Spinal Analysis
- Neurological & Orthopaedic Examinations.
- Treatment or x-rays, if necessary
- Confidential report of findings

- X-RAY FACILITIES ON SITE
- Appointments available until 9pm & weekends.

VALUE FOR MONEY SPINAL HEALTHCARE
Most of our patients find they achieve significant improvements in their condition within as little as only **2-8 treatment sessions**

OUR CLINIC POLICY
We DO NOT agree with advising patients to pay in advance for block sessions.We tailor treatment programmes to fit the inidvidual and modify treatment programmes as you progress. Therefore promoting cost effective patient care.We aim to get long lasting results in as few sessions as possible.

QUALITY SERVICE
All our Doctors of Chiropractic have undergone 5 years full time training and are registered with and abide by the rules and ethics of the General Chiropractic Council. Normal treatment sessions are from 20 to 40 minutes promoting excellent value for money with no compromise to quality of care

Pain Killers and a sheet of exercises are not your only options!
Neither is block booking and paying in advance for many many treatments

TEL: 01908 372737

63 AYLESBURY STREET,
FENNY STRATFORD.
WWW.MKBACKPAIN.COM

Christmas TV Guide 2009

Sunday December 27th

BBC 1

6.00 Breakfast (T) **7.50** Match of the Day (R/T) **9.15 FILM: Spirit: Stallion of the Cimarron** (2002) (T) **10.30 FILM: Paulie** (1998) (T) **11.55** BBC News (T) (Followed by Weather for the Week Ahead) **12.05** EastEnders (R/T) **3.05 FILM: Chicken Run** (2000) (T) **4.25** Songs of Praise (T) **5.00** The Weakest Link: West End Theatre Special (T) **6.00** BBC News (T) **6.20** Regional News and Weather (T) (Followed by weather) **6.30** Comic Relief: The Net Result (T)
7.30 Celebrity Mastermind (T)
8.00 Casualty (T)
9.00 Cranford (T)
10.30 Outnumbered - The Christmas Special (T)
11.10 BBC News (T)
11.25 Regional News and Weather (T) (Followed by weather)
11.30 FILM: American Flyers (1985) (T)
1.20 Weatherview (T) **1.25** Sign Zone: Holby City (R/T) **2.25 FILM: Bridge to Terabithia** (2007) (T) **3.55** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Uncle Max (R/T) **7.15** OOglies (R/T) **7.30** Prank Patrol (R/T) **8.00** Shaun the Sheep (R/T) **8.05** Shaun the Sheep (R/T) **8.15** What's New Scooby Doo? (R/T) **8.35** The Basil Brush Show (R/T) **9.00** Bear Behaving Badly (R/T) **9.25** Dani's House (R/T) (Followed by Bernard) **10.00** Animal Park (T) **10.30 FILM: The Pixar Story** (2007) (T) **11.55 FILM: Gigi** (1958) (T) **1.45** Campion (T) **3.35** Coast (R/T) **4.35 FILM: The Heroes of Telemark** (1965) (T) **6.45** James May's Toy Stories (R/T)
7.45 Top Gear (T)
9.00 Steve Coogan - The Inside Story (T)
10.00 Knowing Me, Knowing Yule with Alan Partridge (R/T)
10.45 Match of the Day 2 (T)
11.35 I'm Alan Partridge (R/T)
12.05 I'm Alan Partridge (R/T) **12.35** QI (R/T) **1.05** Defying Gravity (R/T) **1.45 FILM: Farewell My Lovely** (1975) (T) **3.20** BBC News (T) **3.55** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** The Planet's Funniest Animals (T) **9.55** Coronation Street Omnibus (R/T) **12.10 FILM: Home Alone 4** (2002) (T) **1.50** ITV News & Weather (T) **2.00** Ant & Dec's Christmas Show (R/T) **3.15 FILM: The Scorpion King** (2002) (T) **5.00** Regional News and Weather **5.15** ITV News & Weather (T) **5.30** Harry Hill's TV Burp Review of the Year (R/T)
6.00 Dancing on Ice: The Story of Bolero with Torvill and Dean (R/T)
7.00 Midsomer Murders (R/T)
9.00 FILM: The Holiday (2006) (T)
11.35 ITV News & Weather (T) (Followed by Local Weather)
11.50 FILM: Mermaids (2003) (R/T)
1.40 Guinness Premiership Rugby (Followed by ITV News Headlines) **2.35** Traffic (R/T) (Followed By ITV News Headlines) **4.00** ITV Nightscreen **5.25** CITV: Captain Mack (T) **5.35** Paz (T) **5.40** Captain Mack (T) **5.55** ITV Morning News (T)

FOUR

6.25 The Treacle People (R/T) **6.35** Yo Gabba Gabba (R/T) **7.00** Volvo Ocean Race 2008 - 2009 (R/T) **7.55** The British Gas Great Swim Series (T) **8.55** T4: Friends (R/T) **9.25** Friends (R/T) **9.55** Special **10.30** Hollyoaks Omnibus (R) **1.30** 90210 (T) **2.35** Friends (R/T) **3.10** 4Music Favourites: Black Eyed Peas (R/T) **3.45** The Simpsons (R/T) **4.20** The Simpsons (R/T) **4.50 FILM: Crocodile Dundee II** (1988) (T) **6.50** Channel 4 News (T)
7.00 Tsunami : Where Was God? (R/T)
9.00 The Greatest TV Shows Of The Noughties (T)
10.35 The Big Fat Quiz Of The Year 2006 (R/T)
12.40 Hits & Headlines (T) **2.35** Deadliest Catch (T) **3.25** The Truth About Street Weapons (R/T) **3.35** The Hills (T) **4.20** The Hills (T) **4.45** The Hills (T) **5.10** One Tree Hill (T) **5.55** Sali Mali (R/T)

FIVE

6.00 Milkshake! Sunrise (T) **7.00** Angels of Jarm (R/T) **7.05** Bop Box (R/T) **7.10** Fireman Sam (R/T) **7.25** Rupert Bear (R/T) **7.35** Hana's Helpline (R/T) **7.45** The WotWots (R/T) **7.55** Chiro (R/T) **8.00** Make Way for Noddy (R/T) **8.10** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **8.25** The Mr Men Show (R/T) **8.35** Roobarb and Custard Too (R/T) **8.45** Harry and His Bucket Full of Dinosaurs (R/T) **9.00** Olivia (R/T) **9.15** Little Princess (R/T) **9.35** Gerald McBoing Boing (R/T) **10.00** Snobs (R/T) **10.35** Wizards of Waverly Place (T) **11.10** Hannah Montana (T) **11.45** Festive Concert with Andre Rieu (T) **12.30 FILM: Alice in Wonderland** (1951) (T) **3.15 FILM: The Remains of the Day** (1993) (T) **5.50** Five News Update (T) **6.00** Heads or Tails (T)
7.00 Mamma Mia: Where Did It All Go Right? (R/T)
8.00 The ABBA Years (R/T)
9.00 Thirteen: Conspiracy (T)
11.50 The Bourne Identity: The True Story (T)
12.50 NFL Live **4.40** NFL Classics (R) **5.00** Milkshake!: Hana's Helpline (R/T) **5.10** Show (R/T) **5.35** Thomas & Friends (R/T) **5.45** Roary the Racing Car (R/T)

Monday December 28th

BBC 1

6.00 Breakfast (T) **9.00** Bear Behaving Badly (R/T) **9.20** Dani's House (R/T) **9.50** Shaun the Sheep (R/T) **10.00 FILM: Eight Below** (2006) (T) **11.50** Keeping Up Appearances (R/T) **12.50** BBC News (T) **1.00** Regional News and Weather (T) (Followed by weather) **1.05 FILM: The Princess Diaries** (2001) (T) **2.55 FILM: 101 Dalmatians** (1996) (T) **4.30** Final Score (T) **5.30** Weakest Link: Doctor Who Special (R/T) **6.20** BBC News (T) **6.50** Regional News and Weather (T)
7.00 Wallace and Gromit: A Matter of Loaf and Death (T)
7.30 Big Top (T)
8.00 EastEnders (T)
8.30 Celebrity Mastermind (T)
9.00 Day of the Triffids (T)
10.30 BBC News (T)
10.45 Regional News and Weather (T)
10.50 Match of the Day (T)
12.00 The Football League Show (T) **1.15** Weatherview (T) **1.20** Sign Zone: James May's Toy Stories (R/T) **2.20** Victorian Farm Christmas (R/T) **3.20** Defying Gravity (R/T) **4.05** Defying Gravity (R/T) **4.50** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Watch My Chops (R/T) **7.15** Watch My Chops (R/T) **7.30** Inside Life (R/T) **8.00** Gimme a Break (R/T) **8.30** Wainwright's Walks (R/T) **9.00** Great Railway Journeys (R/T) **9.50** Animal Park (T) **10.50** Who Do You Think You Are? (T) **11.50** Coast (R/T) **12.50** Racing from Chepstow (T) **3.05 FILM: Rio Lobo** (1970) (T) **5.00** Flog It! (R/T) **5.30** Escape to the Country (T) **6.15 FILM: Just Like Heaven** (2005) (T)
7.45 Top Gear (R/T)
9.00 Not Again: Not the Nine O'Clock News (T)
10.30 Not the Nine O'Clock News (R/T)
10.55 Dara O'Briain Live at the Theatre Royal (R/T)
11.55 The Funny Side of Chat (R/T)
12.55 Defying Gravity (R/T) **1.40 FILM: Dead Reckoning** (1947) (T) **3.15** BBC News (T) **4.50** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** Dickinson's Real Deal (R) **10.25** All Star Family Fortunes (R/T) **11.10** Stars on the Street (R/T) **12.10** ITV News & Weather (T) **12.35 FILM: Carry On Cleo** (1964) (T) **2.15** Agatha Christie's Poirot (R) **4.20 FILM: Pride & Prejudice** (2005) (T) **6.30** Regional News and Weather **6.45** ITV News & Weather (T)
7.00 Emmerdale (T)
7.30 Coronation Street (T)
8.00 Countrywise (R/T)
8.30 Coronation Street (T)
9.00 An Englishman in New York (New) (T)
10.30 The Late News & Weather (T)
10.45 The Royal Shakespeare Company: The South Bank Show (T)
11.45 FILM: The Pianist (2002) (T)
2.20 Six Degrees (R/T) (Followed By ITV News Headlines) **3.05** The Jeremy Kyle Show (R/T) **4.00** ITV Nightscreen **5.25** CITV: Captain Mack (T) **5.35** Paz (T) **5.40** Captain Mack (T) **5.55** ITV Morning News (T)

FOUR

6.00 Planet Cook (R/T) **6.20** Yo Gabba Gabba (R/T) **6.45** Everybody Loves Raymond (R/T) **7.10** Frasier (R/T) **7.35** Will & Grace (R/T) **8.00** According To Jim (T) **8.25** T4: Friends (R/T) **8.55** Friends (R/T) **9.25** Friends (R/T) **9.55** 90210 (T) **10.55** 4Music Favourites: Robbie Williams (R/T) **12.00** 4Music Favourites: Shakira **12.25 FILM: Anna And The King** (1999) (T) **3.05** Come Dine with Me Extra Portions (R/T) **3.40** Come Dine with Me Extra Portions (R/T) **4.10** Deal Or No Deal: Scrooge Or Santa (T) **4.55** Come Dine with Me Extra Portions (R/T) **5.30** Come Dine with Me Extra Portions (R/T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)
7.00 Channel 4 News (T)
7.10 Britain's Worst Weather (R/T)
8.00 Man on Earth (T)
9.00 The Greatest Songs Of The Noughties (T)
10.30 Big Fat Quiz Of The Year 2007 (R/T)
12.40 Live From Abbey Road: Tribute To The Beatles (T) **1.35** The Secrets Of The Austrian Cellar (R/T) **2.30** Deadliest Catch (T) **3.20** The Hills (T) **3.40** The Hills (T) **4.05** The Hills (T) **4.25** St. Elsewhere (R/T) **5.10** One Tree Hill (T) **5.55** Yo Gabba Gabba (R/T)

FIVE

6.00 Milkshake! Sunrise (T) **7.00** Fireman Sam (R/T) **7.10** The Beeps (R/T) **7.25** Bert and Ernie's Great Adventures (R/T) **7.30** Roary the Racing Car (T) **7.40** Chiro (R/T) **7.45** Noddy in Toyland (R/T) **8.00** Fifi and the Flowertots (R/T) **8.10** Peppa Pig (R/T) **8.15** Peppa Pig (R/T) **8.20** Thomas & Friends (R/T) **8.35** The WotWots (R/T) **8.50** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **9.05** Little Princess (R/T) **9.20** Show (R/T) **9.50** The Mr Men Show (T) **10.00** Olivia (R/T) **10.15** Michaela's Zoo Babies (R/T) **11.15** Animal Rescue Squad (R/T) **11.45** Ice Road Truckers (R/T) **12.45** Crusoe (T) **1.45** Five News (T) **2.00 FILM: Merlin** (1998) (T) **5.35** Knight Rider (T) **6.30** Heads or Tails (T) (Followed by five news at 9)
7.30 Five News with Matt Barbet (T)
8.00 Cowboy Builders (R/T) (Followed by five news at 9)
9.00 CSI: Crime Scene Investigation (R/T)
10.00 CSI: Crime Scene Investigation (R/T) (Followed by five news update)
11.00 CSI: Crime Scene Investigation (R/T)
11.55 CSI: Crime Scene Investigation (R/T)
12.55 SuperCasino **4.05** CCTV Cities (T) **4.50** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)

Tuesday December 29th

BBC 1

6.00 Breakfast (T) **7.40** Match of the Day (R/T) **8.50** Bear Behaving Badly (R/T) **9.10** Dani's House (R/T) **9.40** Shaun the Sheep (R/T) **9.50 FILM: The Jungle Book 2** (2003) (T) **10.55 FILM: Return to Neverland** (2002) (T) **12.00** 'Allo 'Allo! (R/T) **12.50** BBC News (T) **1.00** Regional News and Weather (T) (Followed by weather) **1.05 FILM: Honey, I Shrunk the Kids** (1989) (T) **2.35 FILM: 102 Dalmatians** (2000) (T) **4.10 FILM: Sister Act 2: Back in the Habit** (1993) (T) **5.55** Wallace and Gromit: A Grand Day Out (T) **6.20** BBC News (T) **6.50** Regional News and Weather (T)
7.00 Celebrity Mastermind (T)
7.30 EastEnders (T) (Followed by BBC News)
8.00 Holby City (T)
9.00 Day of the Triffids (T)
10.30 BBC News (T)
10.45 Regional News and Weather (T)
10.50 Sting's Winter Songbook (T)
11.50 FILM: The Big Easy (1987) (T)
1.30 Weatherview (T) **1.35** Sign Zone: Oz and Hugh Drink to Christmas (R/T) **2.35** The Private Life of a Christmas Masterpiece (R/T) **3.25** Antiques Roadshow (R/T) **4.25** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Mona the Vampire (R/T) **7.15** Arthur (R/T) **7.30** Inside Life (R/T) **8.00** Gimme a Break (R/T) **8.30** Wainwright's Walks (R/T) **9.00** Great Railway Journeys (R/T) **9.55** Animal Park (T) **10.40** Who Do You Think You Are? (T) **11.40** Victorian Farm (R/T) **12.40** Coast (R/T) **1.40** Escape to the Country (T) **2.25** Flog It! (R/T) **3.10** Ready Steady Cook (R/T) **3.55** Campion (T) **5.45** Escape to the Country (T) **6.30 FILM: Miss Potter** (2006) (T)
8.00 This Is Your Life: June Whitfield OBE (R/T)
8.30 Terry and June (R/T)
9.00 The Many Faces of June Whitfield (T)
10.00 Absolutely Fabulous (R/T)
10.55 QI XL (T)
11.40 I'm Alan Partridge (R/T)
12.10 Steve Coogan - The Inside Story (R/T) **1.10 FILM: The Big Combo** (1955) (T) **2.35** BBC News (T) **4.25** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** Dickinson's Real Deal (R) **9.55 FILM: Murder, She Wrote: The Celtic Riddle** (2003) (T) **11.35** Martin Clunes: A Man and His Dogs (R/T) **12.35** ITV News & Weather (T) **12.50 FILM: Death on the Nile** (1978) (T) **3.30** Midsomer Murders (R/T) **5.30** The Colour of Money (T) **6.30** Regional News and Weather **6.45** ITV News & Weather (T)
7.00 Emmerdale (T)
7.30 Grimefighters (T)
8.00 Funniest Ever You've Been Framed! (R/T)
9.00 The Bill (T)
10.00 The Late News & Weather (T)
10.35 FILM: Die Another Day (2002) (T)
1.00 Guinness Premiership Rugby (R) (Followed by ITV News Headlines) **2.00** Six Degrees (R/T) **2.45** The Jeremy Kyle Show (R/T) **4.00** ITV Nightscreen **5.25** CITV: Captain Mack (T) **5.35** Paz (T) **5.40** Captain Mack (T) **5.55** ITV Morning News (T)

FOUR

6.25 Everybody Loves Raymond (R/T) **6.45** Everybody Loves Raymond (R/T) **7.10** Frasier (R/T) **7.35** Will & Grace (R/T) **8.00** Will & Grace (R/T) **8.30** According To Jim (T) **9.00** T4: Friends (R/T) **9.35** Friends (R/T) **10.05** 90210 (T) **11.05** Lily Allen Special: Under The Skin (R/T) **12.05** A Place In The Sun Home Or Away (R/T) **1.10 FILM: Dreamer** (2005) (T) **3.05** Come Dine with Me Extra Portions (R/T) **3.40** Come Dine with Me Extra Portions (R/T) **4.10** Deal Or No Deal: Scrooge Or Santa (T) **4.55** Come Dine with Me Extra Portions (R/T) **5.30** Come Dine with Me Extra Portions (R/T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)
7.00 Channel 4 News (T)
7.30 Jamie At Home (R/T)
8.00 River Cottage Heroes (R/T)
9.00 Gordon Ramsay's F Word (T)
10.20 Alan Carr: Chatty Man New Year's Special (T)
11.30 King of the Hill (T)
12.00 King of the Hill (T) **12.30 FILM: And When Did You Last See Your Father?** (2007) (T) **2.10** The Truth About Street Weapons (R/T) **2.20** Deadliest Catch (T) **3.10** The Hills (T) **3.30** The Hills (T) **3.55** The Hills (T) **4.20** St. Elsewhere (R/T) **5.05** One Tree Hill (T) **5.55** The Treacle People (R/T)

FIVE

6.00 Sunrise (T) **7.00** Milkshake! Fireman Sam (R/T) **7.10** The Beeps (R/T) **7.25** Bert and Ernie's Great Adventures (R/T) **7.30** Roary the Racing Car (T) **7.40** Chiro (R/T) **7.45** Noddy in Toyland (R/T) **8.00** Fifi and the Flowertots (R/T) **8.10** Peppa Pig (R/T) **8.15** Peppa Pig (R/T) **8.20** Thomas & Friends (R/T) **8.40** The WotWots (R/T) **8.55** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **9.05** Little Princess (R/T) **9.20** Show (R/T) **9.50** The Mr Men Show (R/T) **10.05** Olivia (R/T) **10.15** Michaela's Zoo Babies (R/T) **11.15** Animal Rescue Squad (R/T) **11.45** Ice Road Truckers (R/T) **12.45** Crusoe (T) **1.45** Five News (T) **2.00 FILM: Jason and the Argonauts** (2000) (T) **5.35** Knight Rider (T) **6.35** Heads or Tails (T) (Followed by five news at 9)
7.30 Five News with Matt Barbet (T)
8.00 Cowboy Builders (R/T) (Followed by five news at 9)
9.00 Celebrity Shock List 2009 (R/T)
11.05 Michael Jackson: The Last Days (R/T)
12.05 John Cleese's Comedy Heroes (R/T) **1.10** SuperCasino **4.00** Vice Squad (T) **4.50** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)

Christmas 2009

Hunters Farm Shop

Christmas Trees

- Norway Spruce
- Frasers
- Nordmans
- Potted Trees

FRESH LOCAL TURKEYS

LARGE SELECTION OF FRESH FRUIT & VEGETABLES

10 nets of LOGS for £25

POTATOES

Whites	£4.95
Maris Piper	£6.95
Scotch Nadine	£5.50
Scotch King Edwards	£6.95
Scotch Wilja	£5.95
Scotch Desiree	£5.95

Boxes of Satsumas, Oranges and Apples

LARGE SELECTION
of Pet Foods & Horse Feeds & Chicken feed

SPECIAL OFFER

2 Bags of Hi-Fi Orig	£16.95
2 Bags of Hi-Fi Lite	£17.50
2 Bags of Alfa +A Orig	£18.95

Holly Wreaths, Missletoe and Holly available

01908 377537

Behind the Little Chef on the A5, Fenny Stratford
Open 7 days a week 9am-5.30pm

MasterCard DELTA VISA

ZIGZAG HAIR STUDIOS

Christmas gift packs available including
Rockaholic Gift Packs £20.90
GHD's Limited Edition Precious £155
Moroccan Oil gift packs £49.85

Gift vouchers available and for more products please visit our website

Towcester	08444 457616
Kingston	08444 457613
Westcroft	08444 457614
CMK (nr Waitrose)	08444 457612
Newport Pagnell	08444 457615
Training Academy	08444 457617

Head Office: 0844 4457611

ALL CALLS LOCAL RATE
Book your appointment online @
www.zigzag-hairstudio. com

Find us on
facebook myspace twitter

AIRPORTS DIRECT (MK)

Getting you there relaxed and stress free

NEW

'No parking fees' on all return journeys.

NEW

The price quoted is the price you pay. Same great reliability even better value than before! Book NOW for 2010.

Place your trust in a well established, reputable company where reliability and professionalism is 1st and foremost.

Why not start your holiday / Business trip relaxed and stress free from the minute you leave your front door!

Don't waste valuable time and money on expensive airport parking, driving yourself to the airport and then have to bus in and out to the car park… **call the specialists!**

We specialise in Airport Transfers, Corporate Events, Race/Golf Days, City Runs and Executive Travel.

All our drivers are fully licensed by Milton Keynes Council and have undergone CRB checks and medicals for your peace of mind. All our vehicles are exceptionally clean and are tested by MKBC every 6 months in accordance with the licensing act and are of an executive standard being fully equipped.

Our drivers are well presented to a shirt and tie standard, very friendly, approachable and are fully experienced in all routes around the country and have extensive experience of both corporate and personal chauffeuring.

Corporate accounts welcome.

We are 100% reliable, courteous, discreet and completely professional at all times. We supply chauffeur driven cars, MPV's, 8 Seaters and Minibuses all to the same high quality and executive standard.

Our rates are extremely competitive and are in line with all the local taxi firms whilst providing a higher, more reliable level of sevice. For more destinations, please call or email us on the details below.

Prices for single journey	CAR 1-4 PAX	EST/MPV 1-6 PAX	L/MPV 1-8 PAX	Minibus 1-14 PAX
MK – Luton	£35	£45	£50	£75
MK – Birmingham	£65	£75	£85	£120
MK – Heathrow (T1-T5)	£65	£75	£85	£120
MK – Stansted	£70	£80	£90	£120
MK – St Pancras (Eurostar)	£75	£90	£100	£130
MK – Gatwick	£95	£110	£120	£150

So why not let us take the stress and worry out of your next journey?

ONLINE BOOKING NOW AVAILABLE!

visit us at www.airportsdirectmk.com

T: 01908 22 55 23 or freephone: 0800 707 6003

e: info@airportsdirectmk.com

Offer T & C's.
Offer valid on all return bookings completed by 31st January 2010.

We accept all major credit cards

CLUBS AND PUBS

FIRST BASE
Xscape 295222
SPORTS bar with Indie nights every Friday, and Saturday nights are full of party tunes. Several big screen TVs for matches, and pool tables. Casual dress. Free entry.

GROOVE
Theatre District 08445 434854
RETRO bar and club which plays the best music from the 70s to 90s.
In room one the 70s and 80s collide, the 90s are reserved for room two and a third room is the place for VIPs, cocktails and fizz. Open Thursday, Friday and Saturday from 8.30pm until 3.30am. Free. No trainers, hats or hoods.

OCEANA
Xscape 670976
THREE different clubs in one with the Rhythm Room, Ice House Reykjavik and New York Disco. Two bars, Russia Bar and Parisian Boudoir. Over 18s Sunday-Thursday, over 19s on Fridays and over 20s on Saturday. Dress code smart casual.

OPUS
Theatre District 239433
POPULAR nightclub on two levels. Latest RnB and hip hop on the bottom level. Funky house and electro spins on top. Entry £3 before 11pm. Dress code is casual cool.

SPICE LOUNGE DISCOTHEQUE
Theatre District 237400
DISCO venue with party music from the 80s, 90s and now. VIP and lounge areas. Open Friday and Saturdays only 9am to 2am. Over 21s only.

THE LIVING ROOM
thehub:mk 608643
MUSIC from a local musician on the baby grand piano every night at the swanky bar. Food served from midday until late.

REVOLUTION
Xscape 679875
VODKA cocktail bar set over two floors.
Luxurious booths and a vodka lounge. Cocktails, food and contemporary entertainment. Dress code smart casual.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

THE MOON UNDER WATER
Xscape 528854
ONE of four JD Weatherspoon pubs in the area. Open 9am-midnight Sunday to Thursday. Friday and Saturday 9-1am.

COFFEE POT
Yardley Gobion 542656
FAMILY-RUN village pub serving food.

At a cinema near you ...

If you want to swap your small screen for a really big one this Christmas then get yourself out to your local cinema as there are plenty of great new films around. Here are just some released this yuletide to get you chomping on your Christmas popcorn

ALVIN AND THE CHIPMUNKS: THE SQUEAKUEL
Zachary Levi
THE lovable chipmunks are back.
This time because of a freak accident involving Alvin and Dave Seville, they go to live with Dave Seville's cool cousin Toby and must enroll in school just like every other kid. School presents new challenges to these rock stars, like dealing with peer pressure, school sports and of course, girls! By "girls" we mean the Chipettes who are managed by Ian Hawke, the Chipmunks greedy former manager who wants to turn them into the next big thing.

AVATAR
Sam Worthington, Zoe Saldana, Sigourney Weaver, Lola Herrera, Stephen Lang, Michelle Rodriguez, Matt Gerald, Giovanni Ribisi
THE future. Paraplegic war hero, Jake, is taken against his will to the planet of Pandora - a world inhabited by a race of humanoids called The Na'vi. Forced to exploit the valuable resources of the local population, Jake decides to turn against his human companions, and join the planet's people in an epic fight for survival.

SHERLOCK HOLMES
Robert Downey Jr, Rachel McAdams, Jude Law
DIRECTOR Guy Ritchie takes us to old London town for a tale of mystery and intrigue with the world's greatest detective.

NOWHERE BOY
Aaron Johmson, Anne-Maria Duff, David Morrissey, Sam Bell, Thomas Sangster Kristin Scott Thomas
LIVERPOOL, 1955. When teenage rebel John Lennon (Johnson) learns that his aunt Julia (Duff) is actually his biological mother, he finds his loyalties divided. He finds an escape from domestic pressures in his growing passion for skiffle music.

WHEN IN ROME
Josh Duhamel, Dax Shepard, Anjelica Huston, Jon Heder, Kristen Bell, Will Arnett, Alexis Dziena, Danny DeVito
A NEW York estate agent who's unsuccessful in love flies to Rome for her sister's wedding. While she's there she picks coins from a fountain of love and returns home to find a new abundance of suitors.

THE TWILIGHT SAGA: NEW MOON
Kristen Stewart, Robert Pattinson, Melissa Rosenberg, Catherine Hardwicke
EDWARD leaves Bella for her own protection, only for her to start engaging in death-defying activities in order to feel connected to him again. However, she does become closer to Jacob, a young Quileute Indian who clearly has a crush on her, but also has some secrets.

THE BOX
Cameron Diaz, James Marsden,
A COUPLE with a young child receive a box as a gift. A stranger delivers the message that the box could offer $1million with the press of a button, however pressing it will cause the death of another human.

WHERE THE WILD THINGS ARE (PG)
Catherine Keener, Tom Noonan, Catherine O'Hara, Forest Whitaker, Michelle Williams,
THE story follows Max, a young boy who wears his wolf suit, behaves badly and is sent to bed without any supper. Once there, he escapes to a forest where he is joined by the monstrous-yet-cuddly wild things for their wild rumpus.

DICKENSIAN CHRISTMAS VILLAGE

NOW OPEN

Santas Grotto
Every Sat/Sun
10.00am-4.30pm
All proceeds to the
Utange Orphanage
Kenya

Real Christmas Trees:
Nordman Fir,
Norway Spruce,
Potted Trees
NOW IN

For all your Christmas shopping. Over 15 specialist shops including Jewellery, Antiques, Handmade Soaps, Prom Dresses, Old Fashioned Sweets, Quilting & Knitting Yarns, Gifts.
Something for All

Come and visit Haydens; Festive Carvery now available every day. Try our Festive Hotbites or afternoon teas. Main menu available

THE OLDE WATERMILL SHOPPING VILLAGE

Our Magical Christmas Village with its coloured themed displays has over 30 stalls. Everything you need to create a perfect Christmas.

THE OLDE WATERMILL
SHOPPING VILLAGE
Barton Mill Lane, Faldo Rd, Barton Le Clay MK45 4RF
Open: Mon-Sat 9.30am-5.30pm Sun 10am-5pm

WWW.OLDEWATERMILL.COM 0845 872 0507

Christmas TV Guide 2009

Wednesday December 30th

BBC 1

6.00 Breakfast (T) **9.00** Bear Behaving Badly (R/T) **9.20** Dani's House (R/T) **9.50** Shaun the Sheep (R/T) **10.00 FILM: Piglet's Big Movie** (2003) (T) **11.10 FILM: The Tigger Movie** (2000) (T) **12.20 FILM: Homeward Bound II: Lost in San Francisco** (1996) (T) **1.45** BBC News (T) **1.55** Regional News and Weather (T) **2.00 FILM: The Shaggy Dog** (2006) (T) **3.35 FILM: Mary Poppins** (1964) (T) **5.50** Wallace and Gromit: A Close Shave (T) **6.20** BBC News (T) **6.50** Regional News and Weather (T)
7.00 Big Top (T)
7.30 Celebrity Mastermind (T)
8.00 Waterloo Road (T)
9.00 The Turn of the Screw (T)
10.30 BBC News (T)
10.45 Regional News and Weather (T)
10.50 The National Lottery Draws (T)
11.00 Victoria Wood: What Larks! (T)
11.45 Film 2009 Films of the Year (T) (Followed by National Lottery Update)
12.15 FILM: The Gingerbread Man (1998) (T) **2.05** Weatherview (T) **2.10** Sign Zone: Cranford (R/T) **3.40** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.05** CBBC: Arthur (R/T) **7.15** Arthur (R/T) **7.30** Inside Life (R/T) **8.00** Gimme a Break (R/T) **8.30** Wainwright's Walks (R/T) **9.00** Great Railway Journeys of the World (R/T) **9.50** Animal Park (T) **10.35** Who Do You Think You Are? (T) **11.35** Victorian Farm (R/T) **12.35** Coast (R/T) **1.35** Campion (T) **3.25** Ready Steady Cook (T) **4.10** Are You Being Served? (R/T) **4.45** Flog It! (R/T) **5.30** A Child's Christmases in Wales (T) **6.30** Springwatch Christmas Special (T)
8.00 James May's Toy Stories (R/T)
9.00 Three Men Go to Ireland (T)
10.00 2009 Unwrapped with Miranda Hart (T)
11.00 Never Mind the Buzzcocks: Where Are They Now? (T)
11.30 I'm Alan Partridge (R/T)
12.00 Grumpy Old New Year (R/T) **12.55 FILM: On Dangerous Ground** (1951) (T) **2.15** BBC News (T) **3.40** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** Dickinson's Real Deal **10.25 FILM: Murder, She Wrote: The Last Free Man** (2001) (T) **12.05** Martin Clunes: A Man and His Dogs (R/T) **1.05** ITV News & Weather (T) **1.30 FILM: The Mirror Crack'd** (1980) (T) **3.30** Lewis (T) **5.30** All the Queen's Horses with Alan Titchmarsh (R/T) **6.30** Regional News and Weather **6.45** ITV News & Weather (T)
7.00 Grimefighters (T)
7.30 Emmerdale (T)
8.00 Countrywise (T)
9.00 Piers Morgan's Review of the Year (New) (T)
10.30 ITV News at Ten & Weather (T)
11.10 FILM: End of Days (1999) (R/T) **1.15** Six Degrees (R/T) (Followed By ITV News Headlines) **2.05** The Jeremy Kyle Show (R/T) **3.00** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.05 Yo Gabba Gabba (R/T) **6.35** Everybody Loves Raymond (R/T) **6.55** Everybody Loves Raymond (R/T) **7.20** Frasier (R/T) **7.45** Will & Grace (R/T) **8.10** According To Jim (T) **8.40** T4: Friends (R/T) **9.15** Friends (R/T) **9.45** 90210 (T) **10.35** JLS Love Jacko: Top 10 (R/T) **11.35** The Simpsons (R/T) **12.05 FILM: Battle Of The Bulge** (1965) (T) **3.05** Come Dine with Me Extra Portions (R/T) **3.40** Come Dine with Me Extra Portions (R/T) **4.10** Deal Or No Deal: Scrooge Or Santa (T) **4.55** Come Dine with Me Extra Portions (R/T) **5.30** Come Dine with Me Extra Portions (R/T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)
7.00 Channel 4 News (T)
7.30 My Father The Mercenary (R/T)
8.00 The Turin Shroud: The New Evidence (T)
9.00 Tsunami: Caught On Camera (T)
10.35 Big Fat Quiz Of The Year 2008 (R/T) **12.45** Grey Gardens Documentary (T) **2.25** Strange Little Girls (R/T) **2.40** This Week's 4Music Top 20 **4.25** The Hills (T) **4.50** St. Elsewhere (R/T) **5.45** Planet Cook (R/T)

FIVE

6.00 Sunrise (T) **7.00** Milkshake! Fireman Sam (R/T) **7.10** The Beeps (R/T) **7.25** Bert and Ernie's Great Adventures (R/T) **7.30** Roary the Racing Car (R/T) **7.40** Chiro (R/T) **7.45** Noddy in Toyland (R/T) **8.00** Fifi and the Flowertots (R/T) **8.10** Peppa Pig (R/T) **8.15** Peppa Pig (R/T) **8.20** Thomas & Friends (R/T) **8.35** Mio Mao (R/T) **8.40** The WotWots (R/T) **8.50** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **9.05** Little Princess (R/T) **9.20** Show (R/T) **9.50** The Mr Men Show (R/T) **10.00** Olivia (R/T) **10.15** Michaela's Zoo Babies (R/T) **11.15** Penguin Adventure with Nigel Marven (R/T) **12.15** Ice Road Truckers (R/T) **1.15** Crusoe (T) **2.15** Five News (T) **2.30 FILM: Moby Dick** (1998) (T) **5.05** Knight Rider (T) **6.00** Five News with Matt Barbet (T)
6.30 Cowboy Builders (R/T)
7.30 Heads or Tails: Celebrity Special (T)
9.00 Greatest Christmas Comedy Moments (R/T)
12.00 PartyPoker.com World Open V (T) **1.35** SuperCasino **4.00** Farmer Wants a Wife (T) **4.55** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)

New Year's Eve

BBC 1

6.00 Breakfast (T) **9.00** Bear Behaving Badly (R/T) **9.25** Dani's House (R/T) **9.55 FILM: The Magic Roundabout** (2005) (T) **11.15 FILM: Flubber** (1997) (T) **12.40 FILM: The Ant Bully** (2006) (T) **2.00** BBC News (T) **2.10** Regional News and Weather (T) (Followed by weather) **2.15 FILM: Princess Diaries 2: The Royal Engagement** (2004) (T) **4.00 FILM: Madagascar** (2005) (T) **5.20** Wallace and Gromit: The Wrong Trousers (T) **5.50** BBC News (T) **6.20** Regional News and Weather (T) **6.30** Top of the Pops New Year's Eve (T)
7.30 EastEnders (T)
8.00 FILM: Pirates Of The Caribbean: Dead Man's Chest (2006) (T)
10.20 BBC News (T)
10.40 The Graham Norton New Year's Eve Show (T)
11.45 New Year Live 2009 (T)
12.15 FILM: Bandits (2001) (T) **2.15** Skiing Weatherview (T) **2.20** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: The Tale of Jack Frost (R/T) **7.30** Inside Life (R/T) **8.00** Gimme a Break (R/T) **8.30** Wainwright's Walks (R/T) **9.00** Great Railway Journeys of the World (R/T) **9.50** Animal Park (T) **10.35** Who Do You Think You Are? (T) **11.35** Victorian Farm (R/T) **12.35** Coast (R/T) **1.35** Diagnosis Murder (T) **2.20** Flog It! (R/T) **3.05** Ready Steady Cook (T) **3.50** Campion (T) **5.40** Escape to the Country (T) **6.25** Are You Being Served? (R/T)
6.55 FILM: Easy Virtue (2008) (T)
8.25 dinnerladies (R/T)
9.00 FILM: The Painted Veil (2006) (T)
11.00 Jools' Annual Hootenanny (T)
1.20 Glastonbury 2009 (R/T) **3.25 FILM: They Live by Night** (1949) (T) **4.55** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** Dickinson's Real Deal **10.25 FILM: Murder, She Wrote: A Story to Die For** (2000) (T) **12.05** Who Wants to Be a Millionaire? (R/T) **1.05** ITV News & Weather (T) **1.25** Regional News and Weather **1.30 FILM: Murder on the Orient Express** (1974) (T) **3.55 FILM: Superman** (1978) (T) **6.30** Regional News and Weather **6.45** ITV News & Weather
7.00 Emmerdale (T)
7.30 River Monsters (R/T)
8.00 Emmerdale (T)
8.30 Coronation Street (T)
9.00 Sleep with Me (New) (T)
10.35 Ad of the Decade (R/T)
11.35 ITV News: Countdown to 2010 (T) **12.05 FILM: Midnight Run** (1988) (T) (Followed by ITV News Headlines) **2.25** Six Degrees (R/T) **3.10** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.05 Yo Gabba Gabba (R/T) **6.35** Everybody Loves Raymond (R/T) **6.55** Everybody Loves Raymond (R/T) **7.20** Frasier (R/T) **7.40** Will & Grace (R/T) **8.05** According To Jim (T) **8.30** T4: Friends (R/T) **8.55** Friends (R/T) **9.30** Friends (R/T) **10.00** 90210 (T) **10.55** Rimmel London Presents The World's Greatest Pop Star (R/T) **12.00** A Place In The Sun: Home Or Away (R/T) **1.05 FILM: Romancing the Stone** (1984) (T) **3.05** Come Dine with Me Extra Portions (R/T) **3.40** Come Dine with Me Extra Portions (R/T) **4.10** Deal or No Deal (T) **4.55** Come Dine with Me Extra Portions (R/T) **5.30** Come Dine with Me Extra Portions (R/T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)
7.00 Channel 4 News (T)
7.30 The Greatest Songs Of The Noughties (R/T)
9.00 Your Top 20 Celebrity Big Brother Moments
10.00 The Greatest TV Shows Of The Noughties (R/T)
11.45 Alan Carr: Chatty Man New Year's Special (R/T)
12.45 Hits & Headlines (R/T) **2.40** One Minute Past Midnight (R/T) **2.50 FILM: South Of St. Louis** (1948) (T) **4.20** St. Elsewhere (R/T) **5.05** Age Of Love: (R/T) **5.50** The Treacle People (R/T)

FIVE

6.00 Sunrise (T) **7.00** Milkshake! Fireman Sam (R/T) **7.10** The Beeps (R/T) **7.20** Bert and Ernie's Great Adventures (R/T) **7.25** Roary the Racing Car (R/T) **7.40** Chiro (R/T) **7.45** Noddy in Toyland (R/T) **8.00** Fifi and the Flowertots (R/T) **8.10** Peppa Pig (R/T) **8.15** Peppa Pig (R/T) **8.25** Thomas & Friends (R/T) **8.40** The WotWots (R/T) **8.55** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **9.15** Little Princess (R/T) **9.30** Show (R/T) **10.00** The Mr Men Show (R/T) **10.15** Olivia (R/T) **10.30** Zoo Days (R/T) **10.50** Michaela's Zoo Babies (R/T) **11.50** Ice Road Truckers (R/T) **12.50** Crusoe (T) **1.45** Five News (T) **2.00 FILM: Journey to the Centre of the Earth** (1993) (T) **5.30** Knight Rider (T) **6.20** Five News with Matt Barbet (T) **6.50 FILM: White Hunter, Black Heart** (1990) (T)
9.00 Michael Jackson's 30th Anniversary Concert (R/T)
10.50 The Cheryl Cole Factor (R/T)
11.45 The Sexy Ads Show (R/T)
12.15 SuperCasino **4.00** The Silence of the Lambs: The True Story (T) **4.55** 'Til Death (T) **5.15** Brian Sewell's Grand Tour (R/T)

New Year's Day

BBC 1

6.00 Breakfast (T) **9.00** Bear Behaving Badly (R/T) **9.25** What's New Scooby-Doo? (R/T) **9.45 FILM: The Sword in the Stone** (1963) (T) **11.05 FILM: Muppet Treasure Island** (1996) (T) **12.35** The Archbishop of Canterbury's New Year Message (T) **12.40** BBC News (T) **12.50** Regional News and Weather (T) **12.55** Doctor Who (R/T) **1.55 FILM: Shark Tale** (2004) (T) **3.15 FILM: Superman Returns** (2006) (T) **5.40** BBC News (T) **6.00** Regional News and Weather (T) **6.10** EastEnders (T) **6.40** Doctor Who (T)
7.55 EastEnders (T)
8.30 Celebrity Mastermind (T)
9.00 Gavin and Stacey (T)
9.30 QI (T)
10.00 Live at the Apollo (T)
10.30 BBC News (T)
10.45 National Lottery EuroMillions Draw (T)
10.55 FILM: Sweet Home Alabama (2002) New York fashion designer Melanie Carmichael suddenly finds herself engaged to the city's most eligible bachelor. But Melanie's past holds many secrets, inculding Jake, the redneck husband she married in high school. Who refuses to divorce her. Bound and determined to end their contentious relationship once and for all, Melanie sneaks back home to Alabma to confronnt her past, only to discover that you can take the girl out of the South, but you can never take the South out of the girl. Comedy, starring Reese Witherspoon. (T)
12.35 Weatherview (T) **12.40** BBC News (T)

BBC2

6.00 CBeebies: Me Too! (R/T) **6.20** Big Cook Little Cook (R/T) **6.40** Brum (R/T) **6.55** Pingu (R/T) **7.00** CBBC: Arthur (R/T) **7.25** Inside Life (R/T) **7.55** Gimme a Break (R/T) **8.25** Wainwright's Walks (R/T) **8.55** Great Railway Journeys (R/T) **9.45** Animal Park (T) **10.15** Who Do You Think You Are? (T) **11.15** New Year's Day Concert 2010 (T) **12.40 FILM: Big Jake** (1971) (T) **2.25 FILM: The Guns of Navarone** (1961) (T) **4.55** The Archbishop of Canterbury's New Year Message (R/T) **5.00** Funny Women (T) **5.30** Funny Turns (T) **6.00** Are You Being Served? (R/T) **6.30** The Story of Are You Being Served? (T)
7.30 Are You Being Served? (T)
8.00 Three Men Go to Ireland (T)
9.00 FILM: The Good Shepherd (2006) (T)
11.40 I'm Alan Partridge (R/T)
12.10 I'm Alan Partridge (R/T) **12.40** 2009 Unwrapped with Miranda Hart (R/T) **1.40 FILM: Crossfire** (1947) (T) **3.05** Pages from Ceefax

ITV 1

6.00 GMTV (T) **9.25** Dickinson's Real Deal (R/T) **10.25 FILM: Carry On Screaming** (1966) (T) **12.15** ITV News & Weather (T) **12.30 FILM: Some Like It Hot** (1959) (T) **2.50** The Railway Children (R/T) **4.50 FILM: Willy Wonka and the Chocolate Factory** (1971) (T) **6.40** ITV News & Weather
7.00 Emmerdale (T)
7.30 Coronation Street (T)
8.00 Countrywise (R/T)
8.30 Coronation Street (T)
9.00 Agatha Christie's Marple (New) (T)
11.00 The Late News & Weather (T)
11.15 Piers Morgan's Review of the Year (R/T)
12.45 FILM: Connie and Carla (2004) (T) (Followed by ITV News Headlines) **2.25** Six Degrees (R/T) **3.10** ITV Nightscreen **5.30** ITV Morning News (T)

FOUR

6.05 Sali Mali (R/T) **6.10** Planet Cook (R/T) **6.30** Yo Gabba Gabba (R/T) **6.55** Everybody Loves Raymond (R/T) **7.20 FILM: The Spongebob Squarepants Movie** (2004) (T) **8.50** T4: Friends (R/T) **9.20** Friends (R/T) **9.55** 90210 (T) **10.50** Mariah Carey Special: Under The Skin (T) **11.55** A Place in the Sun: Home or Away (T) **12.55** Jamie At Home (R/T) **1.30** Channel 4 Racing From Cheltenham, Exeter & Catterick (T) **4.00** Deal Or No Deal New Year Special **5.00** Come Dine with Me (R/T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)
7.00 Channel 4 News
7.05 FILM: The Italian Job (1969)
9.05 The Big Fat Quiz Of The Year 2009 (T)
11.10 Gordon Ramsay's F Word (R/T) **12.35** Rude Tube: Heroes And Villains (R/T) **1.35** The Last Dragon (R/T) **3.30** AVP Pro Beach Volleyball Tour (T) **4.20** St. Elsewhere (R/T) **5.05** Age of Love (R/T)

FIVE

6.00 Milkshake! Elmo's World (R/T) **6.15** Pocoyo (R/T) **6.25** Thomas & Friends (R/T) **6.35** Hana's Helpline (R/T) **6.45** Peppa Pig (R/T) **6.50** Fireman Sam (R/T) **7.00** The Beeps (R/T) **7.15** Bert and Ernie's Great Adventures (R/T) **7.20** Roary the Racing Car (R/T) **7.30** Noddy in Toyland (R/T) **7.40** Fifi and the Flowertots (R/T) **7.55** Peppa Pig (R/T) **8.05** Peppa Pig (R/T) **8.10** Thomas & Friends (R/T) **8.25** The WotWots (R/T) **8.40** The Adventures of Bottle Top Bill and His Best Friend Corky (R/T) **9.00** Little Princess (R/T) **9.15** Show (R/T) **9.45** The Mr Men Show (R/T) **10.00** Olivia (R/T) **10.15** Animal Rescue Squad (R/T) **10.45** Ice Road Truckers (R/T) **11.45** Crusoe (T) **12.45 FILM: The Muppets' Wizard of Oz** (2005) (T) **2.40** The Wonderful Wizard of Oz: The Making of a Movie Classic (R/T) **3.50 FILM: The Wizard Of Oz** (1939) (T) **5.50** Five News (T) **6.00** Knight Rider (T)
7.00 Cowboy Builders (R/T)
8.00 The Lion Cub from Harrods (R/T)
9.00 CSI: Crime Scene Investigation (R/T)
10.00 CSI: Crime Scene Investigation (R/T)
11.00 CSI: Crime Scene Investigation (R/T)
12.00 SuperCasino **4.00** The FBI Files (R/T) **4.50** House Doctor (R/T) **5.15** Brian Sewell's Grand Tour (R/T)

the stables
The Laine Dankworth Centre

TREASURE ISLAND

Bring the whole family to The Stables for the adventure of a lifetime this Christmas!
Tue 22 Dec 2009 - Sat 9 Jan 2010 Tickets from £14.50
Call Box Office for details: 01908 280800
Book online: www.stables.org
The Stables, Stockwell Lane, Wavendon, Milton Keynes MK17 8LU

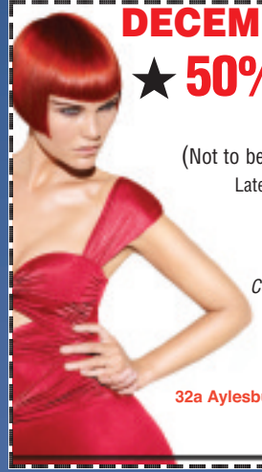
ODEON MILTON KEYNES
For film times or to book tickets
ODEON.CO.UK · 0871 224 4007 · SKY ACTIVE
Register at www.odeon.co.uk to get film times by e-mail free every week

The co-operative travel
Offering the widest choice of holidays on the high street!
46 Church Street, Wolverton
Call 01908 220757

A 2.5% surcharge will be applied to all credit card transactions. Agents for ATOL protected tour operators. ABTA

Carpentry
Just call Charlie
30+ years experience
For all your carpentry needs and handyman services.
Call Charlie on
07772 107720
Newport Pagnell 01908 790183

DECEMBER MADNESS
Cut out and keep
Offer ends 31/12/09



★ 50% OFF ALL SERVICES
(over £20)
(Not to be used in conjunction with any other offers)
Late Nights available, appointments not necessary
Toni & Guy trained
L'Oreal Colour Trophy Award Regional Finalist
Nominated in the "Who's Who" Guide to Industry
Complementary Consultations with a team that really cares

01908 366068
32a Aylesbury Street, Fenny Stratford, Milton Keynes. MK2 2BD
HOT HEADS

For a seriously inspiring Christmas

ZARA
HOTEL CHOCOLAT
APPLE
REISS
WATERSTONES
KAREN MILLEN
TM LEWIN
HOUSE OF FRASER
NEXT
HOLLISTER
JAEGER
M&S
JOHN LEWIS
KURT GEIGER
LA SENZA
PHASE EIGHT

Visit Milton Keynes and you'll be delighted to find 240 places to shop, eat and relax all under one roof. There are extended shopping hours throughout December and until 9pm weekdays, plus there's free parking after 6pm and all day on Boxing and New Year's Day.
For more information visit www.thecentremk.com

MILTON • KEYNES
thecentre:mk
MIDSUMMER PLACE

MKBUSINESS

From watch repair shop to a top four apprentice

A YOUNG woman from Milton Keynes has been named one of the top four apprentices in south east England.

Jodie-Anne Needham (19) was named winner of the First Year Apprentice category at the first-ever EEF Future Manufacturing Awards, presented at a special ceremony at Mercedes-Benz World in Weybridge on November 25.

Jodie-Anne, who works for Alps Electric (UK) Ltd in Milton Keynes, received her accolade in recognition of her passion for electronics, which started out in her family's watch repair shop and led to her applying for an apprenticeship with Alps Electrics.

Having secured her opening, Jodie-Anne spent most of her first year at Bedford Training completing her Performing Engineering Operations NVQ Level 2 whilst attending Northampton College to study her BTec in Electronics.

David Seall, EEF south east region director, said: "Young people such as Jodie-Anne are a credit to themselves, their employers and industry as a whole. Apprenticeships provide an excellent route into the world of work for young people and play a key role in developing the talent and skills that our manufacturing, engineering and technology-based companies require."

Jodie-Anne Needham receives her award from Hamish McNaughton and Mike Underhill of award sponsors IET and David Seall, EEF south east region director

The EEF awards, which were launched this year, celebrate enterprise, innovation, environmental performance and skills development among UK manufacturers. The regional winners go forward to the EEF national finals, which will be held in London in February next year. EEF is the representative voice of manufacturing in the UK, providing support in HR and employment law, health safety and environment, information and research and business improvement.

Cartoon kids get a pizza the action

DOMINO'S Pizza has been back to school to help Russell Street School in Stony Stratford raise funds for new playground equipment.

The team from Domino's Wolverton store supplied a stack of 15 piping hot large pizzas for the school's cartoon night.

The evening of animated entertainment saw the pupils watching their favourite cartoons with a slice of pizza.

Russell Street School's cartoon night raised over £300, which will be put towards much needed new playground equipment.

Helen Stirling, member of the Russell Street School Parent Teacher Association and one of the parents who helped at the event, said: "We're delighted to have had the support of the local Domino's store for our fund-raising event.

"Their help for our cartoon night was very much appreciated and their delicious pizzas certainly went down a treat with everyone who came along.

"We are very pleased with the amount of money raised, which will be put great use at the school."

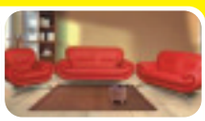
Kerry Lloyd, marketing manager for the Domino's Wolverton store, added: "As a local store, we're very keen to deliver more to our community and welcome the opportunity to get involved with schools such as Russell Street. Pizza is an ideal treat to accompany a night of cartoons and we were only too happy to donate them for this fund-raising event."

WHAT WE DO IS SIMPLE

WE BUY EX CATALOUGE-CANCELLED ORDERS-END OF LINE-SURPLUS & BANKRUPT STOCK... THEN WE SELL DIRECT TO THE PUBLIC AT A FRACTION OF THE HIGH STREET RETAIL PRICES

WWW.STOCK-DISPOSALS.CO.UK

3+2+1 SEATER SOFA AVAILABLE IN 10 COLOURS



RRP ~~£975.00~~ Disposal price £475.00

JUST ARRIVED ASSORTED BEDFRAMES
SINGLE FROM £35.00
DOUBLE FROM £49.00
KING SIZE FROM £75.00

MATTRESSES FROM £45.00

OAK DINING TABLE WITH 6 CHAIRS

RRP ~~£499.00~~ DISPOSAL PRICE £289.00

CHROME GLASS DINING TABLE WITH 4 CHAIRS

ABSOLUTE BARGAIN £175.00

ORTHOPEDIC DOUBLE BED

RRP ~~£299.00~~ DISPOSAL PRICE £175.00

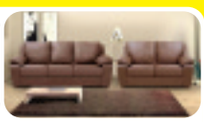
KING SIZE FAUX LEATHER STORAGE BED

RRP~~£449.00~~ DISPOSAL PRICE £299.00

FAUX LEATHER BED

UNBEATABLE PRICE 4ft 6" double £99.00

LEATHER SOFA SET 3+2 SEATER AVAILABLE IN BLACK & BROWN



RRP ~~£899~~ Disposal price £399.00

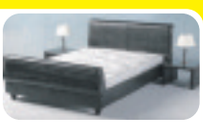
POSTURE PEDIC BACK CARE DOUBLE BED

RRP ~~£499.00~~ Disposal price £235.00

KING SIZE REAL LEATHER SLEIGH BED

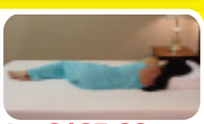
RRP ~~£499.00~~ DISPOSAL PRICE £250.00

SLEIGH BED



RRP ~~£299.00~~ Disposal price £199.00

SUPER MEMORY FOAM MATERESSES



FROM £165.00

METAL BUNKBED
RRP ~~£199.00~~
DISPOSAL PRICE
£125.00
(EXCLUDING MATRESS)

CARPETS
YOU SIMPLY CANNOT BUY CHEAPER ANYWHERE ELSE!

WE STOCK QUALITY CARPETS DIRECT FROM EUROPEAN CARPET MILLS ALL SELLING AT A FRACTION OF THE HIGH STREET RETAIL PRICE.

CLEARANCE WAREHOUSE

NEW STOCK ARRIVING DAILY

314-318 Selbourne Road, Luton, Beds. LU4 8NU
T: 01582 593155 E: info@stock-disposals.co.uk

OPEN: Monday-Friday 10am - 7pm Sat-Sun 10.30am - 7pm free customer car parking

Get your brand closer to people's lives

No other medium is as close to people's hearts as Regional Press. Consumers consider it an integral part of their community.

The effectiveness of regional press advertising in driving sales comes down to the simple fact that people prefer to do most of their spending close to where they live.

Consumers' Choice V, a national consumer survey by TNS Media, found that regional press advertising is the most frequently acted upon, with 61% of people responding to it[1].

No wonder brands enjoy a closer relationship with consumers when advertised in this, the most trusted and effective medium of all.

[1]See Consumers' Choice V at www.newspapersoc.org.uk

Regional Press closer to home

FREE DVD THIS WEEK ONLY

Call now about a Saga brochure and receive a FREE DVD Call 0800 056 6030 (quoting DVD01)

SAGA

MKNEWS

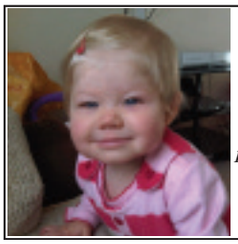
MKANNOUNCEMENTS

Birthdays

MACY CELIA
Happy 1st Birthday
Lots of love Auntie Kirstie, Auntie Michala, Uncle Andrew & Cousins Callum, Alisha, Jack & Katie x

Happy 1st Birthday MACY CELIA
Love, hugs and kisses.
Nanny, Grandad & Uncle Gary x

Happy Birthday
GORGEOUS MACY
Our Princess is **1!**
Love You Beautiful Boo
Hugs and kisses Mummy & Daddy x



Happy 1st Birthday MACY CELIA
Lots and lots of love Grandad & Glynis x

MACY CELIA is 1!
Who's a Big Girl now?!
Lots and lots of love Nana & Paul x

Thanks

Holy Spirit, You who made me see everything and showed me the way to reach my idea. You who gave me the divine gift to forgive and forget the wrong done to me, and You who are in all instances of my life with me. I don't want to be separated from You no matter how great the material desire may be. I want to be with you and my loved ones in Your Perpetual Glory. Thank you for Your Love towards me and my loved ones. Amen. (Pray this prayer for 3 days without asking for your request. After the third day, the request will be granted no matter how difficult. Promise to publish this dialogue as the request is granted).
Thank you, Holy Spirit, for again answering my prayer requests. You never fail me...

MKNEWS
MORE NEWS LESS WASTE

Finding love has never been so easy! call now to place your FREE advert on

0800 121 6162

MKNEWS dating

Finding Love has never been so easy! Call now... JOINING IS FREE!

Place your *FREE* advert on the internet and use our *FREE* date search. With hundreds of people in your area finding love has never been so easy!

http://www.mk-news.localdates.co.uk/

single women

IF YOU'RE looking to meet or chat to someone, look no further – Call **0906 966 1431** or text **MATCH262** to **88300**.

BORED OR LONELY? CALL 0905 232 0899 NOW.

MEL Afro-Caribbean, slim, petite, outgoing, loves life, animals, children, seeks professional white male, 30-45 with similar interests. **Tel No: 0905 436 0866 Box No: 371696**

SARAH/DEBBIE early 50's, seeks 2 males, 45-55 for fun, outings, companionship and maybe more. **Tel No: 0905 436 0866 Box No: 371650**

ATTRACTIVE happy go lucky lady, home after living abroad, no baggage, WLTM likeminded male to share and cosy up lonely evenings. **Tel No: 0905 436 0866 Box No: 373440**

YOUNG looking 48yr old female, brown hair, attractive, caring, loyal, likes nights in/out, pubs, cinema, meals out, seeks similar aged male. **Tel No: 0905 436 0866 Box No: 368584**

LOVELY young at heart, blue eyed blonde, loves to dance seeks tall male who knows how to treat a lady. **Tel No: 0905 436 0866 Box No: 376638**

ATTRACTIVE lady, 65, 5ft 9ins, likes most things, seeks male for friendship, maybe more. **Tel No: 0905 436 0866 Box No: 366334**

FEMALE 39, slim, 5ft 6ins, seeks active male/soul mate for laughter, fun, frolics, tonsil hockey and love. **Tel No: 0905 436 0866 Box No: 362038**

AUBURN haired beauty, blue eyes, romantic, warm and cuddly, seeks older, kind, male for fun loving. **Tel No: 0905 436 0866 Box No: 373444**

ATTRACTIVE slim female, 42, 5ft 6ins, honest, caring, lots of love to give, seeks attractive fun guy of similar age for LTR. **Tel No: 0905 436 0866 Box No: 366178**

YOUNG looking fair haired lady, slim, active, 5ft 6ins, seeks male, 68 plus for loving relationship. **Tel No: 0905 436 0866 Box No: 321993**

TALL attractive, black female, seeking the company of a white male, any age for fun. **Tel No: 0905 436 0866 Box No: 376706**

PETITE mature blonde, wicked sense of humour, seeks younger male for uncomplicated fun. **Tel No: 0905 436 0866 Box No: 363426**

JOY 57, likes craftwork, meals out, pubs, socialising, seeks male for friendship and more. **Tel No: 0905 436 0866 Box No: 373196**

WENDY 47, blonde hair, blue eyes, honest, caring, seeks similar aged genuine, honest male for fun, maybe more. **Tel No: 0905 436 0866 Box No: 346294**

ATTRACTIVE divorced female, 41, kind, honest, caring, seeks male, 40-50. **Tel No: 0905 436 0866 Box No: 371726**

CONFIDENT tactile leggy brunette seeks male for fun friendship, good conversation and lots of TLC. ACA/Status unimportant. **Tel No: 0905 436 0866 Box No: 368520**

FAST CONTACTS
Email CHAT262 to 65125
Text JM262 to 65125

PETITE 55yr old, likes travel, walks, nights in/out, seeks gent 55-60 to make the sun shine and enjoy life. **Tel No: 0905 436 0866 Box No: 363686**

CHARMING tall, slim female, seeks, medium, stocky build male to cherish and share an uncomplicated, relaxed relationship with. **Tel No: 0905 436 0866 Box No: 374942**

PRETTY attractive 57yr old blonde, smart, young looking, young at heart, likes beach walks, theatre, restaurants, seeks attractive similar male for friendship and romance. **Tel No: 0905 436 0866 Box No: 357716**

BABS 62, blonde, widow, likes meals out, travel, seeks honest, trustworthy, romantic male, 55-65 for dates and friendship. **Tel No: 0905 436 0866 Box No: 357686**

PRESENTABLE widow, lonely, genuine, sincere, honest, N/S, 79, 5ft 9ins, caring, seeks gent for friendship/relationship. **Tel No: 0905 436 0866 Box No: 356824**

50YR old lady, 5ft 4ins, brunette, friendly, N/S, non drinker, likes sports, outdoors, walks, gardening, cooking, curvy, attractive, slim, seeks male with similar interests for LTR. **Tel No: 0905 436 0866 Box No: 356298**

PRINCESS 57, N/S, young looking, blonde hair, green eyes, medium build, seeks Prince, 40-56 for friendship, maybe more. **Tel No: 0905 436 0866 Box No: 356102**

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0905 436 0866 Box No: 314752**

single men

LOOKING to **MEET** or CHAT to someone, look no further. Call **0906 966 1431** or text **MATCH262** to **88300**

WIDOWER mature professional, seeks soul mate to wine and dine. Must be elegant, eloquent, professional, 45 plus, 5ft 5ins, size 14. **Tel No: 0905 436 0866 Box No: 322101**

CHRIS young 59, easygoing, considerate, loving, warm, seeks affectionate black/white female for friendship and fun. **Tel No: 0905 436 0866 Box No: 322067**

YOUNG looking 44yr old male, likes coast, countryside, honest, loyal, hardworking, romantic, no ties, seeks similar female. Luton. **Tel No: 0905 436 0866 Box No: 321853**

MALE 58, 5ft 10ins, slim, N/S, GSOH, motown fan, seeks female, 50-60 for TLC. **Tel No: 0905 436 0866 Box No: 322193**

BLACK male, 44, 1.78m, medium build, teacher, new to area, seeks white lady for LTR. **Tel No: 0905 436 0866 Box No: 322187**

KARL GSOH, fun, caring, honest, spontaneous, seeks someone special to share life. **Tel No: 0905 436 0866 Box No: 370086**

BOB 66, likes TV, DVDs, music, nights in/out, gardening, shy, lonely, seeks female, 55-70 for LTR. **Tel No: 0905 436 0866 Box No: 374006**

RAY young 64, N/S, loving, kind, romantic, seeks lady, 58-65 for relationship. **Tel No: 0905 436 0866 Box No: 373980**

63YR old loving male, seeks statuesque female for love and companionship. **Tel No: 0905 436 0866 Box No: 373800**

TALL mid 40's guy, OHAC, N/S, likes countryside, walks, meals out, seeks lady, 30-50. **Tel No: 0905 436 0866 Box No: 373236**

DAVID 40, likes DVDs, music, TV, cinema, pubs, clubs, seeks female, 35-55 for fun, friendship, maybe more. **Tel No: 0905 436 0866 Box No: 373082**

MALE likes nights in/out, cooking, seeks female, 40-50 to enjoy life with. **Tel No: 0905 436 0866 Box No: 372752**

SLIM Englishman, loving, caring, 53, divorced, bad eyes, likes travel, socialising, 5ft 6ins, brown hair/eyes, seeks slim lady for companionship/LTR. **Tel No: 0905 436 0866 Box No: 370432**

adult interests

Looking for fun in you area? Send **CHAT262** to **65125** and start chatting today! or call **0905 436 0872.**

How do I...

...place a FREE ad?
call 0800 121 6162 Leave your 20 word advert - make it a good one! Remember to leave your mobile number if you wish to receive text alerts when you are left a message. A photo will increase your chances of finding your perfect match!

...respond to an ad?
call 0905 436 0866*
Simply dial the number below the ad and input the six digit box number!

...access my responses?
call 0905 436 0868*
Have your pin & box numbers ready, as you will need both of these to pick up your messages.

...view a photo?
If an ad has a 📷 next to it, then this advertiser has sent in their photo. To receive a copy of the photo to your mobile, text: MKN(Space)mailbox number to 88833*. Or send in you photo by email to: support@jmediauk.co.uk with your Mailbox & PIN number. If the advertiser you are interested in has not left a photo, why not leave them a voice message saying you are interested in seeing their picture!

...upload a photo?
Send in your photo to 0779 366 6363
followed by your mailbox number(space)then your PIN number under your photo!

...use Text Match?
Too busy to phone? Then try our Text Service
Send CHAT262 to 65125* and get chatting today!

...get some help?
call 0207 928 4422
Open Mon-Fri, 9am til 5pm.
Alternatively, you can e-mail us at support@jmediauk.co.uk

CALL CHARGES*: 09054 calls cost £1.30 per min, 09052 calls cost £1.00 per min. 0779: 25p, plus network extras. Mobiles will be considerably higher. 0800, free from a BT landline. TEXT SERVICES: To receive photos from 88833 your mobile must be MMS/Wap compatible, if not contact your Network Provider. Reply by text To 78850. A minimum of five messages are checked and passed for safety sake before adult verified users may pass contact details. Text alerts are charged at £1.00 per week. To unsubscribe to text alerts, text STOP DATING to 83426. For full T&Cs go to www.localdates-terms.co.uk. SMS Text Chat services: 18+ 65125. This is not a subscription service. * joining fee costs £3.00 [2x £1.50 premium mesg] - one time charge./65125. After registration You will be sent 3 chat mesg at a cost of £1.50 per mesg then all subsequent mesg received will be charged at £1.50/mesg. Sent mesg are FREE. 88300 'PicChat /Easy Chat/Fast Chat': You will be sent a MMS with 3 photos at a cost of £1.50 per photo. Subsequent mesg charged at £1.50 per mesg. Chat services are moderated services with real users and operators. FunTXT is a virtual chat service. Users must have the bill payer's permission to use the service. To STOP from services text STOP to short code. Dating Service provided by JMedia UK PO Box 56394, SE1 OWT, 0844 800 1188. We will collect the details you provide and may send you details of other services and events operated by us. **WC 161209**

Jobsnow www.jobsnow.co.uk

Advertising deadline: Tuesday 5pm

FIND YOUR NEW JOB...
Hundreds of new vacancies every week!

Advertise your vacancy
call:01908 242490 | fax:01908 689550 | email:advertising@mk-news.co.uk

---

www.mouchel.com

mouchel

Mouchel is a provider of professional support services to the public and private sectors across the UK. Join us working in partnership with Milton Keynes Council and you can expect a great working environment and the opportunity to develop a rewarding career.

Training Specialist
Adult Social Care
£25,000 - £32,000

(We're looking for an experienced person but this could also be a real development opportunity if you have what it takes)

Milton Keynes Ref GBS 1163

This is an exciting and diverse role that will see you developing and producing the Adult Social Care learning solution against the agreed plan as well as being the central point for the provision of training advice and support.

In conjunction with partners, you will help identify and deliver a comprehensive range of Adult Health and Social Care training to members of the Council, PCT, and Private and Voluntary sectors. Most training will be commissioned, but you will also be fully involved researching, developing, delivering, and evaluating in-house learning programmes.

An excellent communicator with good verbal and written skills and the ability to develop effective relationships with multi agency groups and partners at all levels, you will be comfortable representing the team on various working groups.

You have knowledge of designing commissioning and evaluating training; learning needs analysis; educational institutions and their qualification frameworks. Confident with IT, you have well honed management or supervisory skills and hold a degree or have equivalent experience in a relevant area of work.

To apply visit **www.mouchel.com/careers** and search under the job reference. If you have a disability and would like support with your application, please contact Alison Evans on 01908 253469.

Closing date: 11 January 2010.

Talent developed through diversity

Sports Editor

LSN Media Ltd is looking for a dynamic **sports editor** to take our coverage to the next level.

The ideal candidate will be bursting with ideas and sporting enthusiasm aiming to make the back of our papers as good as the front.

You will have first class sporting knowledge, excellent design and subbing skills and the ability to work under pressure to meet strict deadlines.

Luton Town, Northampton Town along with Northampton Saints and Bedford Blues are key in our papers and we want to provide even more in-depth news and features.

The successful candidate will be responsible for Bedfordshire on Sunday, Luton & Dunstable Express, Northampton Herald & Post, Wellingborough Herald & Post and Biggleswade Advertiser sport and will be expected to provide regular updated news, previews and reports on our websites.

In return we can offer a very competitive salary, 25 days annual leave and a contributory pension scheme and health care plan after qualifying period.

Applications should be sent to alison.lloyd@lsnmedia.co.uk .

As a member of Iliffe News and Media we also publish weekly newspapers and websites across Herts, Beds, Bucks, Cambs, Essex and the Midlands.

ILIFFE

LSNmedia

It is the company's policy to employ the best qualified personnel and provide equal opportunity for the advancement of employees including generation and training and not to discriminate against any person because of sex, race, pregnancy, disability, marital or family status, age, sexual orientation, religious beliefs or trade union membership.

For local news that counts www.mk-news.co.uk MKNEWS

Permanent Vacancies with D & P Ltd

Permanent Roles

Software and Testing Engineer £18-25,000
Ideally have worked in a similar environment and have an understanding of software development cycle

Marketing Co-Ordinator £20,500
Ideally the successful candidate will have had 2 years experience within a similar Marketing role, must have basic HTML skills

Vehicle Fleet Administrator £13-15,000

Administrator £14,000

For further information, contact Jackie on **01908 60 80 90** or email: **jackie@dandp.uk.com**
Emp.Agy / Emp Bus

Fantastic opportunity to join as a broker with one of the UK's fastest growing utility companies
We offer our clients a complete hassle free professional bill management service with total transparancy using our unique tracking system that will always make sure the client gets the best prices possible.
Limited product knowledge required
Full training given
Full time or Part time
EXTREMELY HIGH EARNING POTENTIAL
For more information please telephone John on 07864 761840 or contact our Bedford office 0845 6041484

Earn some extra cash delivering our newspapers!

CONTACT US NOW FOR A ROUND IN YOUR AREA!

Tel: 01582 390365
mandy.jovic@mailboxdistribution.co.uk

MKNEWS

TAYMER NURSING HOME, SILSOE REQUIRES
F/T RGN AND F/T CARER
To join our friendly team
Good communication skills plus ability to provide quality care to elderly and rehabilitation patients.
Call 01525 861833 for info/pack

Christmas Vacancies

Experienced Retail Staff
Experienced Canteen Staff
FLT Reach/Counterbalance/Clamp
Experienced Pickers/Packers
Email CV's: admin@pagrecruitment.co.uk
or Call 01908 488142

Acre Wood Day Nursery
(47 Hospital Rd, Arlesey, Beds)

We require the following staff;

- **Nursery Nurses** (full & part time vacancies) must hold a level 3 qualification in childcare. £6.45 per hour
- **Cook,** Mon to Fri 9 am to 1 pm £6.45 per hour. Qualifications not required but must enjoy cooking
- **Cleaner,** Mon to Fri 5.30 pm to 7.30 pm plus some extra hours cooking occasionally £5.73 per hour

Enhanced criminal records checks to be under taken.

For Further information Tel. 01462 835550

E-mail peter.cremin1@ntlworld.com
website www.acrewooddaynursery.co.uk

PUTNOE MEDICAL CENTRE,
BEDFORD
Putnoe Medical Centre has an opportunity for a trained, experienced
HCA / Phlebotomist
to join its clinical team to provide an efficient and effective phlebotomy service as one of the range of quality services we provide to our 11,500 patients
Familiarity with the Vision and Front Desk computer systems would be useful but is not essential, as full training will be given.
Part-time - Monday-Friday 0830-1230
Pay £13,742-£16,173 (Pro-rata £7,329-£8625)
Informal enquiries and surgery visits are welcome. Contact Andy Cunliffe, Practice Manager, 01234 319990
Closing date Midday 29th December 2009
Please forward CV and covering letter to Andy Cunliffe, Practice Manager, Putnoe Medical Centre, 93 Queens Drive, Putnoe, BEDFORD MK41 9JE.
Tel: 01234 319990 or email:
andy.cunliffe@gp-e81029.nhs.uk

BEST
bedfordshireeastschoolstrust

Samuel Whitbread Community College
A member of the Bedfordshire East Schools Trust (BEST)

NoR: 1708 including 420 in the Sixth Form

Data Administrator
(Student Data)

(37 hours per week - term time, plus 1 week)

Salary Grade 3c Points 17-20
£16,830 - £18,453 (£14,911-£16,349 pro rata)

Our busy Data Management Team wishes to appoint a Data Administrator, to start as soon as possible in this large and expanding Community College. You will play a key role in managing the large volume of student data in order to keep our records complete and up to date, including all transfers and ongoing changes to student related data. You will also be responsible for completing the School Census (Including Post 16 Census) and other related tasks.

The successful candidate will need to have:

An excellent understanding of Sims (or similar) database, especially with relation to School Census and Student information maintenance with experience of working in a similar role. You will need to be able to work on your own initiative as well as in a team and be able to complete tasks with a high degree of accuracy for which you will need a good knowledge of Microsoft Office and Outlook.

The post will also require occasional work in our trust partner schools.

Samuel Whitbread Community College
A member of the Bedfordshire East Schools Trust (BEST)

NoR: 1708 including 420 in the Sixth Form

Data Administrator
(General Support)

(37 hours per week - term time, plus 2 weeks - January 2010 to end of August 2010)

Salary Grade 2c Points 12-15
£15,039 - £16,054 (£13,613 - £14,532 pro rata)

Our busy Data Management Team wishes to appoint a General Data Administrator, to start as soon as possible in this large and expanding Community College. You will support the data team in managing all student related data including reporting and analysing student assessment and exams as well as a range of other related data administration tasks.

The successful candidate will need to have:

Proven administrative experience in a similar role, ideally in a school environment. You should be well organised, reliable and have good communication and interpersonal skills. You will need to be able to work on your own initiative as well as in a team and be able to complete tasks with a high degree of accuracy for which you will need a good knowledge of Microsoft Office and Outlook.

The post will also require occasional work in our trust partner schools.

Samuel Whitbread is committed to the safeguarding and promotion of children's welfare and all job offers are subject to satisfactory Criminal Records Bureau Clearance.

For a job description please see either the Trust website www.best-schools.org.uk or the College website www.swcc.beds.sch.uk Please send a letter of application with a current CV and two named referees to Sue Green, Personnel Administrator/PFI, at Samuel Whitbread Community College, Shefford Road, Clifton, Shefford. Bedfordshire SG17 5QS or by e-mail to SGreen@swcc.beds.sch.uk

Closing Date: Friday 8th January 2010 with interviews w/c 18th January 2010.

For the right candidate the opportunity to work across BEST Schools might be available.

The BEST 0-19 Trust is an alliance of unique educational institutions committed to collegiate educational provision across our community. We take collective responsibility for the success of all our children.

Permanent Roles
IT Product & SoftwareTest Eng. to £25K
Inventry Administrator English/Russian or English/German to £20K
Marketing Co-Ordinator to £20K
Assisant Fleet Administator to £15K

Temporary Roles
P/Time Receptionist
Customer Service Clerks
Senior Customer Administrators
Vehicle Maintenance Controller
HGV Drivers
Warehouse Operatives
Tel: 01908 608090/309637
agy

Registered General Nurses
Very good rates of pay
Full time and part time positions available.
Flexible hours
Days & nights available
& Care Assistants
Contact
THE AIREDALE NURSING HOME
44 Park Avenue,
Bedford
Bedford 218571
(Monday - Friday)

Temporary Vacancies

Part Time Receptionist £7.50ph
For a company based in based in Milton Keynes, one week you will be doing mornings and the other afternoons, must have excellent reception and IT Skills

Senior Customer Service Advisors £16k

Experienced Insurance Claims Advisor £7 - £8ph

Temporary Customer Service Advisors £7.00ph
Inbound and outbound experience working
Within a call centre environment

For further information, contact Judith or Jenna **on 01908 60 80 90** or email:
judith@dandp.uk.com or
jenna@dandp.uk.com
Emp.Agy / Emp Bus

The Car Shop MEGASTORE

- **Best Price**
- **Best Choice**
- **Best Quality**

Shift you career into top gear

Sales Executives (Northants) OTE £40K

You will be a confident individual who is comfortable with communicating to our diverse customer base, target driven and have a desire to succeed. Experience is not essential as full training given. A full EU driving licence is essential. Shifts on a rota pattern to include evenings and weekends.

To apply, email your CV and a covering letter telling us why you're the ideal person for the job to: **recruitment@carshop.co.uk**

Alternatively, post your application to: Recruitment, The Car Shop, Ravens Way, Great Billing, Northampton NN3 9UD
Previous applicants need not apply. NO AGENCIES

www.carshop.co.uk

Jobsnow www.jobsnow.co.uk

Advertising deadline: Tuesday 5pm

FIND YOUR NEW JOB...
Hundreds of new vacancies every week!

Advertise your vacancy
call:01908 242490 | fax:01908 689550 | email:advertising@mk-news.co.uk

Project Co-ordinator

The Learning Partnership Bedfordshire & Luton Ltd

Salary: Up to £25,000, depending on experience
Hours: 37.5 hours per week
Duration: Up until 31st August 2010

The Learning Partnership - Bedfordshire and Luton Ltd (Partnership) is looking to recruit an additional member of staff to work on a range of project activities. The post will be based at the Partnership Offices in Kempston. You will support activities in Bedfordshire, Luton and elsewhere in the eastern region.

You will have a background experience of learning and skills activity in Bedfordshire and Luton, be highly motivated and able to motivate others. You will be experienced in working with organisations in the community and in co-ordinating project activities to contract and timescale and in helping organisations meet their performance targets. You will need excellent interpersonal and communication skills and be able to work effectively as a member of a team, report to stakeholders and work to agreed deadlines.

You will be educated to 'A' level or hold an equivalent level 3 qualification.

In return for your commitment, we are offering an attractive package including:

- training and development
- 30 days holiday
- pension scheme to which the company contributes

Job Description, Person Specification and Application Pack are available from our website www.learningincommunities.co.uk or by contacting Sue Stevenson on (01234) 851154 or sstevenson@learning-partnership.co.uk (Please note our offices are closed between 24th December 2009 - 4th January 2010)

The closing date for applications is 12 noon Friday 8th January 2010. Please return to:

Carole Pullinger
Business Services Manager
Learning Partnership
Calibration House
1 Sunbeam Road
Woburn Road Industrial Estate
Kempston
Bedfordshire
MK42 7BZ

Please mark **"Private & Confidential - Project Co-ordinator"**

Interviews will take place on Friday 15th or Thursday 21st January 2010.

bpha

building communities

Keyhomes East

Ready for a challenge?

EXTRA CARE* SALES & SUPPORT ADVISOR

*Extra Care is known as Very Sheltered in Suffolk

£22,742 - £25,692 per annum
+ Car Essential User Allowance and Incentives
(Temporary contract of between six to nine months)

Keyhomes East is the home ownership arm of **bpha**, a major housing provider in Central and Eastern England offering a range of affordable home ownership and rental options to match customers' needs. **bpha** is a progressive organisation aiming to deliver innovative schemes including our new Extra Care shared ownership scheme in Bury St Edmunds.

To help us deliver our ambitious extra care sales programme our Intermediate Tenure team needs an Extra Care Sales & Support Advisor. Reporting to the Head of Intermediate Tenure you will need to demonstrate a strong customer focus, good interpersonal skills, attention to detail, the ability to accept responsibility and meet challenging targets. A knowledge of the local area would be desirable.

If you think you have these qualities, we would like to hear from you.

Closing date for applications: **Noon on Wednesday 6th January 2010.**

For an informal chat please contact Roy Hind, Head of Intermediate Tenure, on 01234 221334.

Please apply at www.bpha.org.uk/vacancies or email jobs@bpha.org.uk or call 01234 221238 quoting job reference number DO9.

bpha is a diverse organisation which actively promotes equality and diversity and encourages applicants from all sectors of the community.

INVESTORS IN PEOPLE

POSITIVE ABOUT DISABLED PEOPLE

www.bpha.org.uk

Aldwyck HOUSING GROUP

"Reach your full potential while helping others reach theirs"

Support Workers

(Fixed term contract for 12 months)
Starting salary: £12,400 - £13,800 pa, plus NVQ 2 recognition
Barton-le-Clay - Job ref: BTN18
Sandhurst Place, Bedford - Job ref: SAND22

Join a friendly, caring, professional team for a challenging but satisfying career working in a Supported Living Scheme for adults with learning disabilities, some within the autistic spectrum. Experience for these posts is not essential as full training and support will be given.

The above posts are subject to CRB checks and attract a superb benefit package including allowances for sleep-in, waking nights, residential holidays and clothing, up to 25 days' annual leave, free BUPA, staff reward schemes, car loans, full training, team support and much more…

we're supporting AGE POSITIVE

INVESTORS IN PEOPLE

POSITIVE ABOUT DISABLED PEOPLE

To apply, quote reference and email recruitment@aldwyck.co.uk or visit our website at www.aldwyck.co.uk or call us on 01582 869222 (24 hour line).

Closing Date: Sunday 27th December

Aldwyck seek a balanced workforce reflecting the community it serves

www.aldwyck.co.uk

best companies 2009

www.jobsnow.co.uk

Marketing Experience? Experienced small business marketer need for ad hoc planning and advise. Small, fast growing hen entertainment company. Hourly/project paid and 2010 campaign development. www.milkymoments.co.uk

Recruitment Agency Listing

Drivers
HGV 1
HGV 11
7½ Tonne
Mates
Tel: 01908 60 80 90
email
callie@dandp.uk.com

Nursery Nurses and Nursery Assistants
Specialist Recruiters
Tel: 01908 608090
email
jenna@dandp.uk.com

HR Recruitment Specialists
Tel: 01908 608090
email
denise@dandp.uk.com

SiMPLY teach...
...it's what you trained to do. And we have the jobs that enable you to do it. Call 01234 216199 or log on to www.simplyeducation.co.uk
Quality Mark
SiMPLY EDUCATION

Administrators, Secretary, PA's & Customer Service
Tel: 01908 608090
email
judith@dandp.uk.com

supplyteaching
Established Agency run by Teachers
The best service for both Teachers & Schools
Excellent rates, Free CRB and Holiday pay!
01908 662 655 07970 211238
mail@supplyteaching.net

Page Personnel
Permanent and Temporary Accounts and finance staff
Tell: 01908 240545
Fax:01908 355999
2nd Floor
Matrix House
North Fourth Street
Milton Keynes
MK9 1NJ
miltonkeynes@pagepersonnel.co.uk

If you would like to advertise please call Catherine on 01908 242490

Earn some extra cash delivering our newspapers!

CONTACT US NOW FOR A ROUND IN YOUR AREA!

If you are 13 or over and would like some extra pounds in your pocket, contact us now!!! All areas available!

Tel: 01582 390365
mandy.jovic@mailboxdistribution.co.uk
Or fill out the coupon below and return to:
Mailbox Distribution, 28 King Street, Luton . LU1 2DP

Name: .....
Address: .....
..... Postcode: .....
Telephone Number: .....
E-mail Address: .....
Date of Birth: .....

MKNEWS

See us
MKNEWS, 1 Diamond Court,
Milton Keynes, MK15 0DU
...to advertise

J & K RECOVERY

Have the following vacancies
To compliment our team
COMMERCIAL FLEET SERVICE TECHNICIAN
Phone for Interview
01525 851011
Shift Pattern in Operation.
Good rates of pay, Uniform Provided
HGV 1 licence an advantage
Previous applicants may apply

MKNEWS

LETTINGS MANAGER

Exciting opportunity for someone to lead a brand new Lettings department. Do you have 3 or more years Lettings experience, the right skills, drive and ambition to be the best?

Call Andrew Stanton on 07962340801 in the strictest confidence.

STANTONS SALES / LETTINGS

Experienced Groundworker Foremen, groundworkers & 3600 excavator drivers required. Must have housing experience and relevant CSCS/CPCS for long term housing contracts in Bedford & Cambridgeshire areas. Please telephone 07885 553182.

Vic's Plumbing and Heating URGENTLY REQUIRE
PLUMBING AND HEATING ENGINEERS
To carry out various works
MUST HAVE OWN VAN/TOOLS
MUST BE CIS REGISTERED
Please contact Vic on tel: 07973 822326

Jobsnow www.jobsnow.co.uk

Is finding that perfect job leaving you puzzled?

Look no further.....

Check out the area's latest job vacancies in MK's fastest growing jobs section in MKNEWS

After evaluating its costs, response and service, Milton Keynes Council has decided to place all its weekly recruitment advertising with MK NEWS in 2009

MILTON KEYNES COUNCIL

MKNEWS

MK's favourite, Britain's best!

Winner of Free Weekly Newspaper of the Year 2008

Telephone: 01908 242490 Fax: 01908 689550 Email: advertising@mk-news.co.uk www.mk-news.co.uk

MKNEWS

Local news **EVERY DAY** of the week

www.mk-news.co.uk

Whatever you're looking for find it on our business directory!

www.mkweb.co.uk

IF IT'S IN MK IT'S IN MKWEB

Fantastic Value Travel Offers!

Longleat & Beautiful Georgian Bath

Departs May, Jun, Aug, Sep & Oct '10

Enjoy some incredibly close encounters with giraffes, zebras, monkeys and lions from the comfort of the coach.

Includes • Return coach travel • One nights' dinner, bed & English breakfast at a comfortable hotel in the Swindon area • Entrance to Longleat Safari Park • A visit to Bath • The services of a Tour Manager

2 days from £99.00

Emmerdale & the Best of Yorkshire

Departs 23 April, 23 July & 1 October 2010

Here's a break that combines the very best of Yorkshire's stunning scenery, with included tours of 'Emmerdale Country' where you will see such well known haunts as Esholt and the Woolpack, as well as 'Last of the Summer Wine' country and the little Pennine town of Holmfirth, stomping ground of the late Compo, Foggy and Clegg.

Includes • Return coach travel • Two nights' dinner, bed and English breakfast accommodation at the Jury's Inn, Leeds • Tours of Emmerdale Country, Last of the Summer Wine Country and the Yorkshire Dales • A visit to York • The services of a Tour Manager

3 days from £129.00

Strawberry Fields & Penny Lane

Departs Apr, May, Jul & Oct 2010

Take a great value trip back in time to the heady days of the Merseybeat era!

Includes • Return coach travel • 1 night's half-board at the 3★ Holiday Inn, Haydock • A fully guided 'Beatles Coach Tour' of Liverpool • Two visits to Liverpool • The services of a Tour Manager

2 days from £79.95

4★ Murder Mystery Weekend

Departs Feb, Mar, Jun & Sep 2010

Sharpen up your sleuthing skills on this murderously good weekend!

Includes • Return coach travel • 1 night's bed & English breakfast at the 4★ Hinckley Island Hotel • 3-course evening meal • A 'Murder Mystery' night • A visit to Stratford on Avon • The services of a Tour Manager

2 days from £105.00

Torquay, Eden & the Lost Gardens of Heligan

Departs Mar, May, Jun & Sep '10

Come to Cornwall and visit two of the country's most stunning attractions!

Includes • Return coach travel • 3 nights' half-board at a family owned hotel in Torbay, with entertainment on at least one evening • Entrances to the Eden Project and the Lost Gardens of Heligan • Visits to Buckfast Abbey & Clark's Shopping Village, Street • The services of a Tour Manager

4 days from £199.00

You can now book online at: www.newmarket.travel/mkn

or for a brochure or to book by credit card call, quoting code **MKN**:

0845 226 7791 (calls charged at local rate)

Lines open: Mon - Fri 9am - 7pm • Sat 9am - 4pm Sun 10am - 2pm

MKNEWS IN PRINT & ONLINE

NEWMARKET Holidays

Newmarket Promotions & Air Holidays Ltd ABTA V787X/V7812 • ATOL Protected 2325

ABTA The Travel Association

Online at: www.newmarketbrochures.co.uk/mkn

For a brochure complete coupon & send to: Newmarket Promotions Ltd, FREEPOST KT2720, Worcester Park, KT4 8BR. **(NO STAMP REQUIRED)**

Please send a brochure for:

- ☐ Emmerdale – EAY
- ☐ Longleat – LLN
- ☐ Murder Mystery – MMY
- ☐ Strawberry Fields – STS
- ☐ Eden & Heligan – ELH

Name ..... **MKN**

Address .....

.....

Postcode ..... Telephone .....

Email .....

mkclassified

Telephone 01908 242490

Sell your goods or services *FAST* through mkclassified

Phone, email, or fax one of our friendly staff or why not pop in and speak to us in person.

PHONE 01908 242490

EMAIL classified@mk-news.co.uk

POST MKNEWS, 1 Diamond Court, Milton Keynes, MK15 0DU

FAX 01908 689550

BY HAND MKNEWS, 1 Diamond Court, Milton Keynes, MK15 0DU

A Accommodation To Let

Bedsit in central Leighton Buzzard
£85 pw inc
07860 571748

Large room to let in Bletchley £80 P/W No DSS 01908 643942

Double room to let in central Bletchley. £75 PW. No DSS. Call 07877653292

Downs Barn
2 double bedroom furnished house
Kitchen / living room
cul de sac and parking
No DSS
£695 p/m + bills
07532 176832

A Aerial Services

Tv is changing it's going completely digital all you need is a digital aerial

Freeview sky BT digital TV AERIAL INSTALLERS

Digital aerial from £77
For a free estimate for all your digital needs phone
01908 372598 & 07738 234443

SIMPLY DIGITAL
FOR ALL YOUR VIEWING NEEDS
DIGITAL AERIAL £90
Freeview aerials • Foreign satellite systems telephone & computer points Discreet cable runs • plasma & LCD mounting Free estimates & same day service
7 DAYS A WEEK
CALL TERRY 07549 242626

STONY STRATFORD AERIALS
Est 1986
All Aerial Services
01908 261870
(ex Lampitts of Wolverton)

A Articles For Sale

HENRY HOOVER Fully serviced, Vgc, £40. Dyson 07 in showroom condition, fully serviced. £40.07929 257686

PINE Desk, £20. 07835 880964

A Auctions

CHARLES ROSS
FINE ART AUCTIONEERS AND VALUERS
The Old Town Hall,
Woburn,
Bedfordshire
Tel: 01525 290502
www.charles-ross.co.uk

H Houses To Let

3 BED HOUSE in Tinkers Bridge, Furnished. £685 pcm. NO DSS. Good Condition.(Room to let also) 01908 579535 / 0756498220 / 07778241870

Jobsnow www.Jobsnow.co.uk
HUNDREDS OF NEW VACANCIES EVERY WEEK
Don't wait for your perfect job...
ADD YOUR CV TODAY AND LET THE JOBS COME TO YOU

A Articles For Sale

MOBILITY SCOOTER Brand new, used once, 8mph, full suspension, lights, indicators, captain seat, 2 yr warranty, cost £3500 will accept £1500, call 01252 815756 Trade.

DOUBLE ORTHOPAEDIC bed brand new still wrapped never used cost £559 will accept £195 can deliver 01132 612355

X BOX 360 Excellent Condition, All leads and Controller, £80, 07944 010272

PLAYSTATION 2 Leads & Controller with Games, Perfect Working Order. £40.07929 257686

3 SEATER, 2 SEATER, 1 SEATER sofa grey & pink, good condition £75 ono 07786603472

AB Lounge Exerciser, For Toning Tums, Excellent Condition, £25. 01908 263396

AIRWALKER Exerciser, Excellent Condition, £25. 01908 263396

ANIMAL Infra Red Heater & Bulb, £20. 07835 880964

A Articles For Sale

ANIMAL (Dog Run).Run Sections 10mm Solid Bar 8cm gaps (Galvanised). Specification: 2370mm x 1500mm Run Sections, 2370 x 1500mm Single Gated Run Section, 2970mm x 1500mm Run Section. Bracket Bowls attached to run. 16 Months old, £389. 07835 880964

DOG Control Gate (Lindham). Strong Steel, 2 way opening. Adjusts to fit openings of 75cm to 84cm and up to 112cm with extensions. VGC £20. 07835 880964

B Blinds & Curtains

"Local Family Firm - 40 Years Experience"
The City Curtainmaker
Beautiful Quality Curtains, Pelmets, Swags
Made to measure at bargain prices
Huge range of poles/tracks to choose from + 100s of fabric samples brought to you in your own home.
Free measuring and estimating service
Just ring 01908 583537 / 01908 374178 (or 07956 653325)

The Blindmaker
Quality made to measure
• Rollers • Velux • Awnings
• Canopies • Vertical Blinds
• Venetian Blinds • Wood Blinds •
Roman Blinds • Conservatory Blinds at unbeatable prices
For free measuring samples and estimates
Ring 07903339 789
or 07956 653325
Fabric World
95 Queensway, Bletchley

Made to fit Wood Blinds from only £25
Patio Vertical Blinds from £65

Beautiful Blinds
GALLAGHER & CROPTON LTD
• Rollers from £35 fitted
• Wooden from £35 fitted
• Verticals from £30 fitted
• Venetians from £30 fitted
• Conservatory window blinds from £299 (3m x 3m conservatory)
• FITTED IN 10 DAYS
Call us on 01908 642 084
Or visit our showroom at Unit 14, Stadium Business Court, Lyon Rd, Bletchley

MK BLINDS
Vertical, Rollers, Woods and Venetian Blinds - Unbeatable offers
Custom made Blinds up to **55% off**
Quality Blinds made more affordable.
01908 510333

B Building Services

BATHROOMS COMPLETE
(Genuine Offer)
Bath, Pedestal and basin, taps, toilet and cistern, floor to ceiling tiling, floor tiling.
CHOICE OF TAPS
All supplied and fitted £1,900
CHOICE OF TILES
Phone 01767 261515 or 07846621439

Building Plans
For Planning and Building Regulations, Extensions, Loft Conversions & New Builds.
Free consultation and written quotations provided
Tel: Robin Bradbury on
01908 605332 or 07970 076249
info@bradbury-design.com
Bradbury Design Ltd

C Carpentry / Joinery

ZA PLUS
Carpentry • Joinery
Bespoke Joinery
Kitchens - Bedrooms
Windows - Doors
Wardrobes - Flooring
Shopfitters
External Work
Sam Yousef
Tel: 01908 695709
Mobile: 0754 5529932

MKNEWS

B Building Services

MASON PROPERTY SERVICES LTD
Est.1985
★ Small building works
★ General maintenance
★ Kitchens/bathrooms
★ Carpentry/glazing
★ Painting & decorating
★ Tiling & Upvc work
★ Garage Conversions
★ Insurance claims
Clean, reliable, prompt service. Fully insured.
Newport Pagnell
01908 211476
07789 176300
CALL STEVE (7 DAYS)

C Carpets & Flooring

TEMPLEMAN CARPETS
Est 1971
To see our wide selection of Carpets, Vinyls, Carpet Tiles, Laminated wood in your home or office, also Karndean Designer Flooring, simply call:
01908 560608
or 07778 934 708
Appointments made for daytime evenings or weekends

Friendly service - Helpful advice

C Cleaning Services

★ DEEP CLEAN ★
CARPETS • UPHOLSTERY • LEATHER
Efficient & Affordable
Latest technology / Removes most stains
Very thorough clean / ideal for deep stains
DOMESTIC & COMMERCIAL
01525 851811
www.deep-cleaners.co.uk see web for details

COMMERCIAL & DOMESTIC Cleaning. Carpets/ Upholstery & Leather. Fully Insured, free quotes. Please call 01908 320447 / 07920 291929

MKNEWS

G Garden Maintenance

ESTABLISHED GARDENER
A friendly quality service
All aspects of garden maintenance
Private & commercial
01908 579791
07590 533366
References available

G Garden Services

ANDSCAPES
Patios, Decking, Block Paving, Fencing, Gravel Drives & Turfing
Tree & Hedge cutting
FREE ESTIMATES
Call Andy
07876 744603
01908 586991

C Computer Services

PC Problems
Fed up with rip of prices
No call charges
No fix - no fee
20 years commercial computer experience
Call Paul on 07969 500 590
www.mkpcdoctor.com

E Electrical Services

Brickhill Electrical Services Domestic & Light Commercial. Work certified. Free Estimates. Call Chris on 07515 861972.

FRIDGE FREEZER REPAIRS Fast efficient service. Work guaranteed. MK Refrigeration 01908 694567.

F Fuel

Firewood
Quality seasoned for 2 years.
From £45m³
Free delivery
01908 200449
07970 482511

G Garden Services

GAC Garden Design & Maintenance
Full Landscaping Design and Maintenance Available.
Patios, pergolas, fencing, turfing etc.
References given.
Free survey.
For a personal and competitive quote call:
01908 235467 or 07889 457002

Garden Services

JACKS MINI DIGGER HIRE

Harper Contracting MK Ltd

Self Drive or Driver Available
1m Wide Skip Loader
Dumpers Available
Groundworks, Driveways, Footings to oversite.
Removal of Muck, Soil & Rubbish etc.
1st Class Work and No Messing!

Telephone: 01908 563371 • Mob: 07876 012382

G. Bardrick
Fencing, Tree Surgery & Gardening
Mowing, maintenance and landscaping
Domestic & Commercial
Please call for a free quote
01908 311017
07986 344325

Guttering

MAINTENANCE FREE FASCIA & GUTTERS
Over 30 years experience
10 year warranty
No deposit - payment only on satisfaction
For free quote Tel: Barry Bolton on 01908 849736

MKNEWS

Handy Person

Handy Man
- General Maintenance • Carpentry, Doors, Etc
- Brick repair • Decorating • Kitchens
- Plumbing • Flooring • Gardening
- All odd jobs • Garage Conversions • Plastering

Will beat any written quote
07975 798478

Jewellers

Barovic Jewellers
- Jewellery repair specialist
- We buy gold for cash
- Pawn Brokers

28 Church Sreet, Wolverton
01908 312611

Painting Services

ARTEX
Phone Roy on **01908 542482** or **07985 383630**
Ceilings, Walls and Coving, also change of pattern, insurance work undertaken.
Free estimates
Established 30+ years

Locksmiths

Local 24 hr Locksmiths
Over 20 years experience
All locks and safes opened, replaced, repaired & fitted. uPVC door lock specialist. Prompt, reliable service. Student & OAPs discounts.
No call out charge
All locksmiths Police Checked
Tel: 01908 849053 or 07860 770270

Pets For Sale

PEDIGREE PUPPIES FOR SALE
Shihtzus £450
Jack Russells £250
Border Collies £300
Cairne Cross Chiuaua £250
Labrador Crosses £250
Male & Female available
Vet Checked, Fully Inoculated, Wormed and Front Lined.
Starter Pack and Insurance.
01582 562257
07838 114555

Loft Ladder Installation

LOFT LADDERS from £135 supplied & fitted by KMW 01234 290064 www.kmwloftladders.co.uk

LABRADOR PUP Black male KC Reg, very handsome, laid back temperament, vaccinated 01933 316630 07974 000230

THE KINDEST home wanted for 18 mth old male greyhound. Lovely temp tel 01462 711035

See us
MKNEWS, 1 Diamond Court, Milton Keynes, MK15 0DU
...to advertise

Plastering

All plastering work undertaken
Cheap local rates
Quality guaranteed
Call Rob
01582 598831
07960 513190

Plumbing & Heating Services

Plumbing, Heating & Bathrooms
- All Plumbing, Heating & Gas work Undertaken
- No Job Too Big or Small
- No Call Out Charge
- Free Quotes
- 24 Hour Call Out Service
- Very Competitive Rates

Call Terry Today: 01908 726026 07962 357975

Plumbing & Plumbing Services

the2ho C.H.A.P.S
Central Heating and Plumbing Services
*12 months Interest Free Credit**
CONDENSING COMBINATION BOILER
with 7 radiators, TRV'S, RF Prog Stat, supplied & installed from **£1949.00** + VAT. Subject to Survey.
For a free quotation call FREEPHONE **0800 8 247 321**
We will beat any like for like written quotation
*Subject to Status.

Griffon Gas & Plumbing Services
• Gas • Plumbing • Repairs • Bathrooms • Service • Kitchens • Replacement • Showers
Central Heating Repairs and Alterations
All Work Guaranteed 40 Years Experience
Reasonable Rates
0800 468 1918 • 01908 661335
Eaglestone - Milton Keynes

GASTEAM
the central heating people
Service, Repair & Maintenance
Fully qualified engineers
• Fires, cookers & water heaters
• Landlord certificates & power flushing
• No call-out fee, free estimates
01908 866623 / 07956 261400

WRAS
JD PLUMBING & HEATING
• Heating • Drainage • Hot Water Cylinders
• Taps • Leaks • Bathrooms • Power flushing
• Ball valves • Toilets
• Boiler Installation & Maintenance
Genuine 24 hour FREE call out
All work Guaranteed
OAP Discount
0800 917076

MIKE THE PLUMBER
Providing a Professional, Reliable Service for all aspects of Plumbing
Free Quotes & Friendly Advice,
No Call out Charge,
Work Guaranteed
Call Mike on
01908 693343 07957 924523

SES
Plumbing & Heating repairs
Electrical repairs
Bathrooms, showers and tiling
Free quotations within MK
No job too small, give us a call
Tel: 01908 274909
Mob: 07905 497663

CALL THE PLUMBER
From bathroom installation to a leaky tap. No call out charge. Milton Keynes based. Call the plumber on
07931 927 222
calltheplumber@hotmail.com
www.call-the-plumber.co.uk

Gas Services
- Boiler changes
- Service & Repairs
- Landlord certs
- Power flushing
- Cooker installations
- Radiators
- Showers

07903 989882
Gas safe registered engineers

Reliable MK Plumber On Call
All plumbing & heating work undertaken
Fully fitted bathrooms & showers.
Reduced rates for OAP's
City & Guilds **Contact Paul 07973 315144**
01908 508105 (eve)

Public Notices

PUBLIC NOTICE

216 CHURCH STREET, WOLVERTON, MILTON KEYNES, MK12 5JT

WE ADVISE THAT AN OFFER HAS BEEN MADE FOR THE ABOVE PROPERTY IN THE SUM OF £149,000 ANY PERSONS WISHING TO INCREASE ON THIS OFFER SHOULD NOTIFY THE AGENTS OF THEIR BEST OFFER PRIOR TO EXCHANGE OF CONTACTS.

AGENTS: TAYLORS ESTATE AGENTS
ADDRESS: 2 STRATFORD ROAD, WOLVERTON, MILTON KEYNES
TEL: 01908) 312623

MILTON KEYNES COUNCIL
ACCOUNTS AND AUDIT REGULATIONS 2003
NOTICE OF AUDIT OPINION

The audit opinion on the accounts of the Council for the year ending 31st March 2009 was issued by the Audit Commission on 26th November 2009.

A Statement of Accounts, as audited, can be inspected by any elector of the Borough at the Strategic Finance section, Saxon Court, 502 Avebury Boulevard in Central Milton Keynes from 9.00am to 5.00pm Monday to Friday.

An elector may make copies of the whole or part of the Statement, or, alternatively, may purchase a copy of the Statement for £10 by contacting the Strategic Finance section (01908 252243). The Statement can also be viewed on the Internet, at www.milton-keynes.gov.uk/Finance.

Tim Hannam
Corporate Director – Finance & Risk Management
Chief Financial Officer

MILTON KEYNES COUNCIL

Removals & Storage

FROM HERE → TO THERE
REMOVALS
• Domestic & Commercials
• Fully Insured • Free Quotations
• Local & Long Distance
NO TIME LOST - LOWEST COST
FREEPHONE
0800 1075167
'SERVICE WITH A STYLE'

BALD MAN BIG VAN
All removals undertaken.
No job too small.
Trustworthy and reliable.
Worked in removals for 20 years.
19ft Luton Van.
Please call Nigel on 07973 317334

THE VAN MAN CAN
Professional, Reliable
Flexible & Helpful
Man & Van Service
Large Modern Tail Lift Vehicle.
01525 875727.
01908 410109
07531711263
www.thevanmancan.net

House & Office Clearances
Friendly family run business.
All work undertaken.
No job too big or small.
Call 07990 862261

MkRelocations.com
• Small to Large Removals
• Short to Long Distance
• Man and Van
• Waste Clearance
• Home Improvements
01908 607151
07735 348042
See website for full details.

No Hassle Movers
No job too small
Friendly and reliable team
Call Vicki or Neil
01908 370973
07930 832784

MAN & LARGE VAN
Single items
Small tail lift Luton van and large removals
7 days a week
Competitive prices
Friendly and reliable service
Please call for a free quote
07950 776867
01908 263337
www.hirevanandman.co.uk

Rubbish Disposal

ALL RUBBISH CLEARED
1 item to full load, waste
registered.
07871 413298

Roofing & Cladding

MILTON KEYNES ROOFING LTD
ALL ROOF, CHIMNEY & GUTTER REPAIRS
Slating, Tiling, Chimney Repairs, Rendering, Lead Flashings
★ *Jet Washing & Tile Coating* ★
★ *High Performance Flat Roofing* ★
(15 year guarantee - Life expectancy 30 years+)
Upvc Fascias, Soffits etc
Timber stained or painted
Insurance work undertaken
01908 565060 / 07979 294132

Skip Hire

GRAB SERVICE
01234 851731
• Hardcore and topsoil
• Deliveries • Free estimates
• Accounts opened same day
• Prompt delivery
• 6 + 8 Wheelers Available

G. MOORE HAULAGE LTD

SKIP HIRE
01234 857000

• 2-16 yard skips • 20 & 40 yard roll on, roll off available
• Commercial domestic builders • Top soil • Hardcore
• Road permits applied for
ACCOUNT OPENED SAME DAY

MKNEWS

Public Notices

Statutory Notice
ARTS CENTRE, LEON SCHOOL AND SPORTS COLLEGE
APPLICATION FOR A PREMISES LICENCE TO BE GRANTED UNDER THE LICENSING ACT 2003

Notice is hereby given that the Arts Centre at Leon School and Sports College, Fern Grove, Bletchley, Milton Keynes, MK2 3HQ has made an application to the Licensing Team at Milton Keynes Council, Civic Offices, 1 Saxon Gate East, Milton Keynes MK9 3HH, www.mkweb.co.uk/licensing to be granted a premises licence under the Licensing Act 2003.

The Licensing Register can normally be accessed Mondays to Thursdays between the hours of 9am and 5pm, and Fridays 9am and 4pm (excluding bank holidays).

Representations can be made at anytime up to and including 28 days after the day on which the application was given to the Licensing Authority. Representations from interested parties and responsible authorities can be made up to and including Friday 8th January 2010. Any representations must be made in writing.

It is an offence to make a false statement in connection with this application. The licensable activities proposed for the Arts Centre include:

Plays | Films | Live Music

Opening hours for the Arts Centre will be in line with Leon's opening hours from 8:00 to 22:00 Monday to Friday and from 09:00 to 18:00 at weekends.

SKIP HIRE
Milton Keynes Skips Ltd
2-60 Yard Skips
Grab Hire
Aggregates
Why wait for a skip until tomorrow!
WHEN WE CAN DELIVER TODAY!
Tel: 01908 269845
Mobile No: 07730 657252

Fax 01908 689550
...to advertise

Tilers/ Tiling

AGS TILING
Professional Wall & Floor Tiling
• Kitchens • Showers
• Bathrooms • Floors
Fully insured
Free quotations
Call: 01525 874105
07817 796884

Upholstery/ Fabric

Diane Merner
Upholstery & Interior Services
Workshop: 01908 507022
Mobile: 07956-526676
ANTIQUE, DOMESTIC & INDUSTRIAL UPHOLSTERERS & CURTAIN MAKERS, WIDE RANGE OF FABRICS FREE ESTIMATES, EXCELLENT RATES.

Tuition

MATHS, ENGLISH, & Science Help locally available. All levels. Phone Anytime on 01908 677740 (tutors welcome).

mkclassified

Telephone 01908 242490

Personal

Madam Becky's
www.madam-beckys.co.uk
Famous, Friendly Escort Service
Now Open
Milton Keynes 10am-2am 07981622607
New CMK Location New Management

MK INDEPENDENTS
07527 316418
www.mkindependents.co.uk

PROFESSIONAL INDEPENDENT Escort Bedford based 07040 901410

TINKERBELLS Massage close to Luton town centre A6. 01582 485693 / 01582616499

Foxy Kittens
07040 901858
www.foxykittens.net
Registered Professional Escort Agency

HOUSE OF DIVINE
ESCORT SERVICE
Tel: 01908 234646 07725 740234
www.houseofdivine.com
Annabella's Escorts 01908 240774
www.annabellasescorts.com
Ego massage - 01908 630776
www.ego-massage.com (massage only)

Massage
07936 459810
In Bletchley Centre
7 DAYS A WEEK
10am till late

SHADOWS
Massage
Monday-Sunday
11am till late
01908 645537
www.shadowsfun.co.uk

Classy Escort
Leighton Buzzard Area
Mon - Fri
11am - 7pm
07833 170366

Daniella
Escort & Fully Trained Masseuse.
Luxury apartment MK with convenient parking.
07988 491020
Strictly no withheld numbers

INTRODUCTIONS UK LTD
MILTON KEYNES
FIND SOMEONE SPECIAL
LOCAL Introductions All Ages
Established 1991 Vast Membership
High Quality Service Colour Photos
Executive Register Available
Affordable Fees Free Info Pack
www.introsuk.co.uk
0800 0962457

MALE Escort services available for women,discreet. No witheld numbers. 07532 416621

She-Male Escort
Milton Keynes
7 days
Call Samantha
07970 798917

MK ANGELS
Stunning Escorts
Central Milton Keynes & surrounding areas
11am till very late
07919 870388/01908 528229
Also new escorts wanted
www.mkangels.co.uk

MORGAN
Independent Escort
CMK
Available all through Christmas
Special Christmas Rates!
07875 435768

PHOENIX ESCORTS
07514 803405

Madam Becky's Escort & Massage service, New luxury premises in CMK. New girls needed. Now open. 10am-2am 7 days. See website for details www.madam-beckys.co.uk 07981622607

PENNY ESCORT £60 1/2 Hour. £80 hour. Very Private. Visit me. 10am-6.30pm. A5 Old Stratford MK. 07763 191974.

GEORGIE SEASONAL GREETINGS Escort services. Shenleys area 10-8pm mon-fri call 07511 101633

ERIKA & FRIENDS By appointment only. No witheld numbers. Escorts required. 07533603741

PATRICIA M1 jct 13, private and discreet, easy parking. £50 1/2 hour £80 hour. 01908671542 / 07531 684559

CATHERINE Massage available please call 07986 808595 www.purrfectcat.info

MALE ESCORT SERVICES in MK, No witheld calls. 07851 963329

.LEXXIE'S Belles, Discreet Female Escorts 24/7 More staff required. Call 07810 325521

MELISSA'S MOMENTS Massage. Dunstable 7 days 01582 663423

TANYA'S Female Escorts. Visit to you only, till late! Call: 07821 677126.

FEMALE ESCORT CMK. 07969 853051

CINDY'S MASSAGE 24/7, call 01582 534717

FEMALE ESCORTS required. excellent conditions and rates. text 07789 721877

BBW Babs independent escort. Based in CMK. Available daily 07514881926

Ebony Escort
CMK
07758 335643

Deluxe Lounge
Massage & Escort Services
01908 528229
Located CMK
11am till very late
www.deluxe-lounge.co.uk

BETH'S Great rates Bletchley based 07954 093013

Ashley Of Milton Keynes
Call
07967545251
www.ashleyofmiltonkeynes.co.uk

BLUE DIAMOND
07856 952751
07505 525542
New Girls
24/7 Visiting Escort Service
www.charliesangelsuk.com

CHARLOTTE & Friends
New Escort • 11am till very late
Massage & Escort Service
Call
07766 335484

Luxury
New to Luton
Lovely London Girls
Sun - Wed 11am-11pm
Thur - Sat 11am 3am
Luton Town Centre
07706 817109
01582 515130
New faces welcome
(Escorts)

Faye independent escort. £80 1 Hour, *Special £100 for 90 mins*. Discreet & easy parking. Close to City Centre. 07507519506. No witheld numbers.

Personal Services

CLAIRES TANTRIC massage, Christmas Specials. www.claires-massage-parlour.co.uk, 01525 876969 Mon - Fri 11.30am - 8.00pm

NEW SIRENS OF NORTHAMPTON executive, luxury service 01604 239717

Professional Swedish Body Massage
Beauty & tranquillity
Privacy of surroundings
Full body Massage only
For more info call Jacqui 01582 872488

Louise & Friends
07986476090
Fantasyretreat.co.uk

MYA
Independent Escort
CMK area
7 days
Good Rates
07535 993714
www.mkindependents.co.uk
No withheld numbers

LAURA Escort New to MK 24/7 Can visit you 07907051030

SANDRA ESCORT New to MK. 24/7 075319 45509 or 07502 195553

BONNIE Escort New to MK 24/7 07917 715070

NOTICE TO ADVERTISERS

It is a condition of acceptance of advertisement orders that the proprietors of LSN Media Ltd do not guarantee the insertion of a particular advertisement on a specified date, or at all, although every effort will be made to meet the wishes of advertisers; further they do not accept liability for any loss or damage caused by any error or inaccuracy in the printing or non appearance of any advertisement, and reserve the right to edit or delete any objectionable wording or reject any advertisement. Although every advertisement is carefully checked, occasionally mistakes do occur. We therefore ask advertisers to assist us by checking their advertisements carefully and advise us immediately should an error occur. We regret that we cannot accept responsibility for more than one incorrect insertion and that no republication will be granted in the case of typographical or minor changes which do not affect the value of the advertisement. To ensure consistently high service levels, calls are randomly monitored by a sales manager.

Jobsnow
DON'T WAIT FOR YOUR PERFECT JOB
www.jobsnow.co.uk

Chat Lines

18+ only. Calls recorded. 0207=std call charges 0983=35p per min 0909=60p per min from a BT line, other networks may vary. 89489=£1.00 per min. 69808=£1.50 per min. CWL Helpdesk 0844 999 4499.

L Lines PO6538 NN2 7YN. Help 08448714497. Calls rec @ 35p p/m. Callers must be18+ only.

L Lines PO6538 NN2 7YN. Help 08448714497. Calls rec @ 35p p/m. Callers must be18+ only.

LLUK Ltd. PO6538 NN2 7YN. Help 0844 871 4497. Calls rec @ 35ppm. Callers must be 18+ years old only.

CONTACTS

TO CONTACT ADVERTISERS IN THIS COLUMN CALL 0906 199 8100

if an ad has a 📷 next to it, then the advertiser has sent in their photo. To receive a copy of the photo to your mobile phone, all you have to do is text: MKN(space)mailbox number and send to 88833.

0906 calls cost £1.50 per/min, 0871 calls cost 10p per/min at all times. Plus network extras. Mobiles will be considerably higher. TEXT 88833 cost £1.50 per message.Participants must be 18 years or over. JMedia UK, London SE1 0DX. W/C 161209 Helpline: 0871 434 4131.

YOUNG looking 48yr old female, brown hair, attractive, caring, loyal, likes nights in/out, pubs, cinema, meals out, seeks similar aged male. **Tel No: 0906 199 8100 Box No: 368584**

PRETTY attractive 57yr old blonde, smart, young looking, young at heart, likes beach walks, theatre, restaurants, seeks attractive similar male for friendship and romance. **Tel No: 0906 199 8100 Box No: 357716**

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0906 199 8100 Box No: 314752** 📷

FEMALE mid 40's, dark hair, blue eyes, likes nights in, cinema, meals out, seaside, seeks genuine, kind, N/S male for friendship. **Tel No: 0906 199 8100 Box No: 347716**

MEL Afro-Caribbean, slim, petite, outgoing, loves life, animals, children, seeks professional white male, 30-45 with similar interests. **Tel No: 0906 199 8100 Box No: 371696**

50YR old lady, 5ft 4ins, brunette, friendly, N/S, non drinker, likes sports, outdoors, walks, gardening, cooking, curvy, attractive, slim, seeks male with similar interests for LTR. **Tel No: 0906 199 8100 Box No: 356298**

SARAH/DEBBIE early 50's, seeks 2 males, 45-55 for fun, outings, companionship and maybe more. **Tel No: 0906 199 8100 Box No: 371650**

ATTRACTIVE divorced female, 41, kind, honest, caring, seeks male, 40-50. **Tel No: 0906 199 8100 Box No: 371726**

TALL attractive, black female, seeking the company of a white male, any age for fun. **Tel No: 0906 199 8100 Box No: 376706**

LOVELY young at heart, blue eyed blonde, loves to dance seeks tall male who knows how to treat a lady. **Tel No: 0906 199 8100 Box No: 376638**

DEBBIE 47, young looks, seeks male for serious relationship with lots of cuddles. **Tel No: 0906 199 8100 Box No: 319231**

EASYGOING sincere, honest female, 64, seeks gent, 60-65 for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 361678**

ATTRACTIVE happy go lucky lady, home after living abroad, no baggage, WLTM likeminded male to share and cosy up lonely evenings. **Tel No: 0906 199 8100 Box No: 373440**

42YR old lady, 5ft, brunette, friendly, N/S, likes cinema, dinner, walks, shopping, seeks kind, considerate, professional male 40-50 who is good with kids. **Tel No: 0906 199 8100 Box No: 315695**

ATTRACTIVE lady, 65, 5ft 9ins, likes most things, seeks male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 366334**

PRINCESS 57, N/S, young looking, blonde hair, green eyes, medium build, seeks Prince, 40-56 for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 356102**

LISA 39, fun loving, seeks nice guy to share cold nights with. **Tel No: 0906 199 8100 Box No: 306957**

FEMALE 39, slim, 5ft 6ins, seeks active male/soul mate for laughter, fun, frolics, tonsil hockey and love. **Tel No: 0906 199 8100 Box No: 362038**

DAMSEL in distress, 50 plus, seeks younger male, 35-50 to rescue her. **Tel No: 0906 199 8100 Box No: 242620**

YOUNG looking fair haired lady, slim, active, 5ft 6ins, seeks male, 68 plus for loving relationship. **Tel No: 0906 199 8100 Box No: 321993**

TRACEY 43, single mum, smoker, likes music, nights out, seeks similar male. **Tel No: 0906 199 8100 Box No: 361914**

FEMALE 44, black, single mum, likes sports, nights out, clubs, music, meals out, seeks male. **Tel No: 0906 199 8100 Box No: 359030**

AUBURN haired beauty, blue eyes, romantic, warm and cuddly, seeks older, kind, male for fun loving. **Tel No: 0906 199 8100 Box No: 373444**

motors .co.uk/mknews

MKNEWS Motoring Guide

Thousands of cars for sale every week

For local news that counts

www.mk-news.co.uk

MKNEWS

MOTs £30

Monday-Friday - Saturday MoT £45
ON PRODUCTION OF THIS ADVERT

COMFORTABLE FAMILY WAITING AREA

FULL SERVICE £80 PLUS PARTS PLUS VAT INCLUDES MOT

- Tyres & Exhausts
- Cambelt Replacement
- Electrical Fault Finding
- Mechanical Repairs
- Specialist Diesel Work on Renault, BMW, Ford, Citroen, Vauxhall, Peugeot, all makes of cars
- Head Gaskets
- Latest Diagnostic Equipment

TTCS

UNIQUE CAR SERVICES
01908 566355

86E HIGH STREET, STONY STRATFORD
we sell tyres online...
www.uniquecarservices.co.uk

NEW FORD CARS
View the stunning new Ford range at RGR.

USED VEHICLES
As good as new...

SERVICING
Look after your car...
Look after the environment.

SERVICING FOR ALL MAKES AND MODELS

- Competitive pricing
- Free courtesy cars (subject to availability)
- Free lift to and from work
- Free collection & delivery

Supporter of Motor Industry Code of Practice

MOTOR INDUSTRY CODE OF PRACTICE Service and Repair

MOT's now only £40

A Selection From Our Used Vehicle Stock

See our new website www.rgr-garages.co.uk for full stock list.

SPECIAL OFFER		PRICE
09 (09)	**Mondeo 2.2 TDCi Titanium X Sport 5dr Hatch,** Thunder, DVD Sat Nav, Sunroof, Tyre Pressure Monitoring, Adap.Cruise Control, Bluetooth, Seat Pack, 5,575 miles	£19,495
FORD		**PRICE**
08 (08)	**Focus 2.0 TDCi Diesel Titanium 5dr Hatch,** Metallic Blue (Vision), Air Con, Privacy Glass, Sony CD, Sports Pack, Xenon Headlamps	£13,995
06 (06)	**Focus 1.6 Zetec 5dr Hatch,** Silver, Alloys, Air Con, Front Fogs	£7,250
06 (06)	**Focus 1.6 Lx 5dr Hatch,** Silver, Air Con, Heated Screen, Electric Windows	£6,795
04 (04)	**Focus 2.0 Zetec 3dr Hatch,** Blue, Air Con, Alloys, Remote Central Locking	£4,495
02 (02)	**Focus 1.8 Zetec 5dr Hatch,** Silver, Air Con, Alloys, CD	£3,695
05 (05)	**C-Max 1.6 Zetec 5dr MPV,** Silver, Air Con, Alloys, Fogs	£4,850
09 (09)	**Fiesta 1.4 Zetec 5dr,** Black, Alloys, Air Con, Heated Screen	£11,495
06 (56)	**Fiesta 1.4 Zetec Climate 5dr Hatch,** Blue, Alloys, Air Con, Fogs	£6,695
06 (06)	**Street Ka 1.6 3dr Convertible,** Silver, Leather Trim, Alloys, Air Con	£7,250
08 (58)	**Ka 1.3 Zetec Climate 3dr Hatch,** Silver, Air Con, Alloys, CD	£6,495
04 (04)	**Ka 1.3 Luxury 3dr Hatch,** Silver, Leather Trim, Alloys, Air Con, CD	£3,995
05 (05)	**Ka 1.3 3dr Hatch,** Silver, CD Player, Colour Coded Bumpers	£3,475
05 (05)	**Ka 1.3 3dr Hatch,** Black, CD Player	£3,475
OTHER MAKES		**PRICE**
06 (56)	**Toyota Avensis 1.8 5dr Hatch,** Silver, Climate Control, Alloys, CD	£8,600
07 (57)	**Vauxhall Astra 1.4 Breeze, 5dr Hatch,** Silver, Alloys, Fogs	£7,995
04 (04)	**Mini One 1.6 3dr Hatch,** Silver, Air Con, Power Steering, Electric Windows	£6,995

RGR

Family owned and run since 1969

RGR Garages (Cranfield) Ltd, High Street, Cranfield, Bedfordshire MK43 0DG

01234 750207

www.rgr-garages.co.uk Closed Sundays

Ford

207 Verve

NOW FROM **£163*** PER MONTH

- **USB MP3 CONNECTIVITY**
- **ALLOY WHEELS**
- **AIR CONDITIONING**
- **BLUETOOTH**

107 URBAN

NOW FROM **£123*** PER MONTH

- **ELECTRIC FRONT WINDOWS**
- **REMOTE CENTRAL LOCKING**
- **RADIO/CD PLAYER WITH MP3 SOCKET**

308 Verve

NOW FROM **£220*** PER MONTH

- **ALLOY WHEELS**
- **AIR CONDITIONING**
- **BLUETOOTH**

JOIN THE VAT RACE

AVOID THE VAT INCREASE IN JANUARY

Head down to see us today and if you order any new model from the Peugeot Range before 31st December you will only pay the equivalent of 15% VAT* – even if you don't take delivery until March 29th 2010. All you need to do is place an order before the end of 2009.+

PEUGEOT

PERRYS - MILTON KEYNES

Bilton Road MILTON KEYNES 01908 360460
http://www.perrys.co.uk/mk

The official fuel consumption figures in mpg (l/100km) and CO_2 emissions (g/km) for the 107 range are: Urban 51.3 (5.5), Extra Urban 72.4-68.8 (3.9-4.1), Combined 62.7-61.4 (4.5-4.6), CO_2 107-106 (g/km) **for the 207 range are:** Urban 49.5-28.5 (5.7-9.9), Extra Urban 76.3-49.5 (3.7-5.7), Combined 64.2-39.2 (4.4-7.2), CO_2 171 - 99 (g/km) **for the 308 range are:** Urban 49.5-24.78 (5.7-11.4), Extra Urban 74.34-47.08 (3.8-6.0), Combined 62.7-35.76 (4.5-7.9), CO_2 188-120 (g/km).

+Offer applies to retail cars ordered from the 1st December 2009 up to and including 31st December 2009, where the vehicle is registered between January 1st 2010 and March 29th 2010. *A 2.5% discount will be applied to the basic pre VAT price of the car including any factory fitted options. This offer does not change the prevailing rate of VAT, but provides a discount of 2.5% on the basic price of the car. Peugeot Motor Company PLC reserve the right to change, amend or withdraw this offer at any time and without notice. For full terms and conditions of eligibility, please contact your Peugeot Dealer. Passport Personal Lease offers: 207 Verve 1.4 8v 3dr Initial rental £1,673, 46 monthly rentals, Optional final rental £3,785, Agreed mileage 6,000. 308 Verve 1.4 VTi 95 5dr Initial rental £2,047, 46 monthly rentals, Optional final rental £4,600, Agreed mileage 6,000. 107 Urban 1.0 3dr Initial rental £1,195, 46 monthly rentals, Optional final rental £2,746, Agreed mileage 6,000. If you choose to pay off the optional final rental at the end of the contract, you can keep the vehicle but you will not own it – you will pay an annual rental equivalent to one of your monthly rentals. If you exceed your agreed annual mileage you may incur excess mileage charges. (PEUG31944)

• Exhausts • Tyres • Brakes • Repairs • MOT's • Servicing

Spicers

www.tyresmiltonkeynes.co.uk

SPECIAL OFFERS ON NEW TYRES

195/65/15 £35
205/55/16 £40
225/45/17 £50
Includes VAT & Fitting

•Part Worn Tyres
Largest supplier in MK. With over 1000 tyres in stock all with 5-7mm of tread.

* Buying used tyres makes financial & Environmental sense.
* The car you are driving in has used tyres.
* Just think about it, everyone is driving on used Tyres.
* All of our tyres are personally selected, pressure tested and fully guaranteed.
* Come and choose your own.

• MOTS • Diagnostics • Exhausts • Repairs
• Car Finder Service & Sales • Servicing
(All makes & Models) Servicing by us DOES NOT effect your manufactures warranty.

TEL: 01908 642222

80-86 Tavistock Street, Bletchley MK2 2PB

From the people behind the MKNEWS

We found our car LOCALLY and got a great DEAL.

Free history checks ✓
Search & buy locally ✓
Guaranteed to sell your car ✓

You take the wheel and get a great deal.
Motors.co.uk helps millions of car buyers search hundreds of thousands of used and new cars to find the best deal locally. Plus all cars histories are checked for real peace of mind.

motors .co.uk

You take the wheel™

Text 'wheel' to 65056 for link to your mobile
Standard network rates apply
Dealerline: call **01785 270565** or email **sales@iliffenewsandmedia.co.uk** to advertise your stock

www.motors.co.uk/mknews

MKMOTORSPOTS

Eclipse autos Onestop
01908 643603

Don't be fooled by cheap MoTs
Special Offer £45
Includes oil top up, wiper blades, headlight aim and minor repairs done free of charge
FAIR PRICE - FAIR MOT

Hot Offers
Mot & full service
Cars £99
Motorbikes £130
Including VAT & parts
(t & c apply)

Sites in Woburn 01525 292539 Bletchley 01908 643603

Open 6 days Mon - Fri 8am - 6pm. Sat 8am - 3pm
Unit 5-6, 16 - 26 Tavistock Street. www.eclipseonestop.com eclipseonestop@aol.com

Commercials

FORD ESCORT VAN
1.8 Diesel, R reg, mot, tax'd, good tidy work horse, white
£695 ono
Tel 07776 296369

LDV 400 CONVOY VAN
2004 DIESEL, SWB PLY LINED PANEL VAN, white, 62k, Tax & Mot'd sep 2010
£1950 no vat
01234 332540

Motorbikes

MOTORCYCLES SCOOTERS AND MOPEDS TRIALS MOTOR CROSS
BOUGHT FOR CASH
Any condition, crash damaged, non runners
07710324170
01525 759236
Chris - Trade

Motorcycles Bought For Cash!
Anything considered 7 day service
01767 261622
07947 732883

BMW

325i
2006 54,000 miles, FSH, manual, met grey, good condition, ABS, alloy wheels, a/con
£9500
07973 571425

COOPER S
05', 1.6 manual; Classic combo - gunmetal grey/black roof, Chilli Pack, half leather, chrome extras, 28,500 miles, one lady owner, immaculate condition
£8,995
07815 681064
07838 135608

BMW 325 CI SPORT COUPE
Topaz blue with black leather interior, ex condition in/out
£8250
01234 825168
07786 177084

Chrysler

CHRYSLER P.T CRUISER
2002 (02), manual, air con, elec windows, alloys, cd, very clean, Taxed & Tested
£2295
01234 358145
07860 388898 (t)

Fiat

FIAT MULTIPLA 1.6 ELX 100 MPV
2000, 1 owner since 01, 78,000 miles, years MoT, good runner
£995
01234 358145
07860 388898 (t)

Fiat

FIAT CINQUECENTO
1994 m reg, met green, e/w, c/l, mot, tax, FSH,
£475 ono
07824 702528

FIAT PUNTO 55s
3 dr, 98 r reg, green, mot till 08/10, taxed, good condition
£595 ono
07824 702528 (T)

Ford

FORD FOCUS ESTATE
1600 Diesel, Ghia, 56 Reg, fsh, MoT and taxed, all elec, many extras, aqua blue
£3795 ono
01462 811257

Ford

FORD MONDEO
V regno MOT, tax until 12/09,drives nice, parts or repair
£200 ono
07793 540433.

Peugeot

PEUGEOT 106
Independence 1.1, X Reg (Early 2001), 3 Door, Blue/Silver, Alpine CD player, Good all round condition, used daily, MOT till Sept 2010, Tax till end Feb 2010
£1050 ono
07885 765216

Renault

TRAFFIC SWB
2004 diesel 69K miles, silver, FSH, good condition, 1 owner, tax, MoT
£5000 no VAT
01234 764404 / 07810101405

Renault

RENAULT SCENIC
2002 (51) DYNAMIQUE + AUTO, 7 mths MoT, excellent condition
£1,695
07540 627547

RENAULT CLIO 1.2
2001 Y Reg, silver, low mileage, petrol, MoT and tax April 2010, good condition, 5 dr, e/f/e, e/s/m
£1995 ono
07746 877787

Rover-MG

ROVER 200
3 dr hatch, 1.4si 16v, 1998 s reg, 66k, mot, tax, met black, e/w, c/l, pas, s/r,
£695 ono
07824 702528 (T)

Suzuki

SUZUKI GRAND VITARA
16v 2.0L 2004 petrol tax & MOT 69k good condition
£3995
01525 280622
07976 557318

MKNEWS

QUALITY CARS
TEL: (01234) 822213
www.qualitycars.me.uk

QUALITY CARS

98 (R)	MERCEDES E 200 AUTO, silver, 120k, PAS, e/w, CD, MoT, VGC	£1,095
01 (Y)	MONDEO 1.8 LX NEW SHAPE, met red, PAS, e/w, c/l, a/c, CD, MoT, VGC	£1,395
01 (Y)	PUMA 1.7, met silver, 2 owners,, PAS, e/w, c/l, alloys, CD, MoT, vgc	£2,495
98 (R)	PUMA 1.7, 3dr, met dark blue, 87k, history, 2 owners, PAS, e/w, c/l, alloys, CD, MoT, vgc	£1,595
04 (54)	FOCUS 1.4 CL, 5 dr, met black, 2 owners, FSH, 65k, e/w, c/l, alloys, CD, MoT, tax, VGC	£3,995
00 (X)	FOCUS ZETEC 1.6 5dr, met blue, 2 owners, PAS, e/w, c/l, alloys, CD, MoT, vgc	£2,195
04 (54)	FIESTA FLAME ZETEC 1.4 3dr, silver, 1 owner, 40k, PAS, e/w, c/l, alloys, CD, MoT	£3,695
01 (51)	FIESTA FREESTYLE ZETEC 1.25 3dr, met green, 2 owners, PAS, e/w, c/l, a/c, alloys, MoT, vgc	£1,995
01 (Y)	FIESTA FREESTYLE ZETEC 1.25, 3 dr, met red, PAS, s/r, alloys, MoT, VGC	£1,595
00 (X)	FIESTA 1.3 3dr, met red, 2 owners, 41k, history, PAS, s/r, stereo, MoT, vgc	£1,695
02 (52)	KA 1.3 1.3 3dr, met blue, 2 owners, 55k, PAS, stereo, MoT, Tax, vgc	£1,995
01 (51)	KA COLLECTION 1.3 3dr, met green, 2 owners, PAS, e/w, c/l, alloys, stereo, MoT, vgc	£1,995
03 (53)	VAUXHALL VECTRA 1.8 CLUB, 4 dr, met blue, 71k, 2 owners, PAS, e/w, c/, a/c, CD, alloys, vgc	£2,995
02 (52)	VAUXHALL VECTRA New Shape, silver, e/w, c/l, a/c, CD, new MoT, rev counter not working (dash fault) hence	£1,795
03 (53)	ASTRA 1.6 8V 5dr, met silver, 2 owners, PAS, e/w, c/l, a/c, CD, MoT, vgc	£2,395
00 (W)	ASTRA 1.8 SPORT 3dr, met blue, PAS, e/w, c/l, s/r, alloys, CD, MoT, VGC	£1,795
99 (S)	ASTRA 1.6 8V 5dr, red, PAS, e/w, c/l, stereo, MoT, tax, vgc	£1,195
00 (X)	TIGRA 1.4, met silver, 2 owners, 53k, PAS, e/w, c/l, alloys, CD, MoT, vgc	£1,895
01 (51)	CORSA 1.2 16v 3dr, blue, 2 owners, 62k, PAS, c/l, alloys, CD, MOT, vgc	£2,295
01 (Y)	CORSA 1.0 3dr, blue, 2 owners, 49k, FSH, PAS, c/l, stereo, MOT, vgc	£1,995
01 (Y)	CORSA 1.0 GLS 5dr, met silver, 2 lady owners, 71k, PAS, CD, MoT, VGC	£1,895
01 (Y)	PEUGEOT 306 MERIDIAN 1.6 5dr, met midnight blue, 2 owners, PAS, e/w, c/l, a/c, alloys, half leather, CD, MoT, vgc	£1,995
01 (51)	PEUGEOT 206 1.4 GLX 3dr, black, 1 owner, history, PAS, e/w, c/l,a/c, stereo, MoT, vgc	£1,995
99 (T)	PEUGEOT 206 1.4 LX, silver, 51k, 2 owners, history, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,695
00 (X)	PEUGEOT 206 1.4 LX, 3dr, red, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£1,495
00 (W)	PEUGEOT 206 1.1L 3dr, red, PAS, stereo, MoT, tax	£1,295
02 (52)	MEGANE DYNAMIQUE 1.6 16V New Shape, met blue, 2 owners, PAS, e/w, c/l, a/c, CD, alloys, MoT, vgc	£2,995
01 (Y)	MEGANE COUPE 2.0, met black, 2 owners, 67k, PAS, e/w, c/l, a/c, leather, alloys, CD, MoT, vgc	£1,995
03 (53)	CLIO 1.2 16v DYNAMIQUE, 3 dr, met black, 57k, 2 owners, PAS, e/w, c/l, s/r, alloys, CD, MoT, VGC	£2,995
00 (X)	CLIO 1.4 S 3dr, met silver, 69k, 2 owners, PAS, e/w,c/l, s/r, alloys, CD immac	£1,995
00 (W)	CLIO 1.2 RN GRANDE 3dr, white, 69k, 2 ownes, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£1,595
99 (T)	CLIO 1.2 GRANDE 5dr, met bronze, PAS, s/r, stereo, MoT, vgc	£1,295
01 (Y)	CITROEN XSARA 1.4 5dr, met blue, 2 owners, 71k, PAS, e/w, c/l, a/c, CD, MoT, VGC	£1,595
02 (52)	CITROEN C3 5dr 1.4 LX, met silver, 2 owners, PAS, e/w, c/l, a/c, alloys, CD, MoT, vgc	£2,595
04 (53)	STILO 1.6 16v, 5 dr, met blue, 2 owners, 55k, PAS, e/w, c/l, a/c, CD, MoT, VGC	£2,795
02 (02)	FIAT STILO 1.2 16V Active, 5 dr, met grey, 55k, 2 owners, PAS, e/w, c/l, CD, MoT, Tax, vgc	£2,195
01 (51)	BRAVA 1.2 SX 5dr, met red, 2 owners, 45k, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,395
01 (Y)	FIAT BRAVO 1.6 SX, 3dr, red, 43k, 2 owners, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,295
01 (51)	FIAT BRAVA 1. 6 SX 5dr, met red, 2 owners, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,295
01 (Y)	PUNTO 1.2 ELX 3dr, met blue, 57k, PAS, e/w, c/l, alloys, CD, MoT, vgc	£1,595
01 (Y)	PUNTO 1.2 3dr, met blue, PAS, stereo, MoT, vgc	£1,395
99 (V)	TOYOTA COROLLA SE 5dr, red, history, e/w, c/l, a/c, stereo, MoT, vgc	£1,495
03 (53)	HYUNDAI MATRIX 5dr, 1.6 GSI, silver, 2 owners, PAS, e/w, c/l, a/c, CD, MoT, vgc	£2,495
	UNDER £1000	
00 (X)	DAEWOO MATIZ 800cc, blue, 62k, PAS, stereo, new MoT, vgc	£995
99 (T)	FIESTA ZETEC 1.25, silver, PAS, a/c, stereo, MoT, VGC	£995
99 (S)	ASTRA 1.6 LS 5dr, met blue, PAS, c/l, stereo, MoT, vgc	£995
98 (R)	AUDI A4 ESTATE 1.8, met green, PAS, e/w, c/l, a/c, STEREO, Mot, Tax	£995
00 (W)	FIAT SEICENTO 900CC 3dr, red, 53k, 2 owners, PAS, stereo, new MoT, vgc	£795
99 (V)	PUNTO DIESEL, 3 dr, met gold, 69k, pas, STEREO, Mot, Tax, vgc	£895
00 (W)	FIAT SEICENTO 900cc 3dr, red, 53k, 2 owners, PAS, stereo, new MoT, vgc	£995
98 (S)	VECTRA 2.0 GLS 5dr, met black, PAS, e/w, c/l, a/c, ABS, alloys, stereo, MoT, tax	£595
95 (M)	ASTRA ESTATE DIESEL, red, s/r, stereo, new MoT	£495
96 (N)	CLIO OASIS 1.2, 5 dr, red, 73k, last owner 9 years, new MoT	£95
	MPV/ESTATES / 4x4	
99 (V)	ZAFIRA DIESEL 2.0 DTI 7 SEATER, met blue, PAS, e/w, c/l, a/c, CD, MoT, vgc	£1,995
02 (52)	CITROEN XSARA PICASSO SX, met blue, 2 owners, PAS, e/w, c/l, a/c, CD, MoT, VGC	£2,495
01 (Y)	CITROEN ZSARA PICASSO 1.6 SX, met silver, 2 owners, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£2,195
01 (Y)	CITROEN XSARA PICASSO 1.6 SX, met black, PAS, e/w, c/l, a/c, CD, MoT, vgc	£1,795
99 (T)	FOCUS ESTATE 1.6 ZETEC, met green, PAS, e/w, c/l, a/c, alloys, new MoT	£1,295
00 (W)	VECTRA ESTATE 2.0 GLS, met green, black leather, PAS, e/w, c/l, a/c, CD, MoT, vgc	£1,495
99 (S)	ASTRA ESTATE 1.8 CD AUTO, silver, PAs, E/W, c/l, a/c, alloys, stereo, MoT, vgc	£1,195
98 (R)	AUDI A4 1.8 ESTATE, met green, PAS, e/w, c/l, a/c, alloys, stereo, MoT tax	£995
95 (M)	ASTRA ESTATE DIESEL, red, s/r, stereo, New MoT	£595
	DIESELS	
99 (V)	ZAFIRA DIESEL 2.0 DTI 7 Seater, met blue, PAS, e/w, c/l, a/c, alloys, MoT, vgc	£1,995
99 (V)	PUNTO DIESEL, 3dr, met gold, 69k, PAS, stereo, MoT, tax, vgc	£895
95 (M)	ASTRA ESTATE DIESEL, red, s/r, stereo, new MoT	£595
	VANS	
00 (W)	ESCORT DIESEL VAN, white, 1.8, PAS, stereo, new MoT	£995
	AUTOMATICS	
99 (S)	ASTRA 1.8 CD ESTATE, silver, Auto, PAS, e/w, c/l, a/c, alloys, stereo, MoT, tax	£1,195

Credit Card Facility Available.
Tel: (01234) 822213 Mob: 07771 572707
OPEN 7 DAYS A WEEK - 9am - till late

CARS/VANS/TRUCKS £££ WANTED £££
£££ CASH PAID £££
RUNNERS - NON-RUNNERS
CRASHED - BASHED - DAMAGED
WITH OR WITHOUT M.O.T.
DON'T JUST GIVE IT AWAY YOU MIGHT GET MONEY FOR IT
GIVE US A TRY
24 HR RECOVERY
01525 861033 / 07957 257072

CASH 4 UR CAR OR VAN
with or without MoT
*Also wanted
✓ Gearbox problems
✓ Engine problems
✓ Head gasket problems
✓ Overheating
✓ Non runners
✓ Accident damage
*Also Wanted
Scrap Vehicles
07843 432314 or 01234 354074

CARS & VANS WANTED FOR CASH
All non-runners, MoT failures & damaged
All Scrap Cars
Minimum £50 cash paid
Same day collection
Certificate of destruction supplied
Call AC Autos on
Tel 07590 516036
Licensed by the Environment Agency EAN/956417

ANGLO CONTINENTAL CARS
MOT
7 DAYS FREE RE-TEST
- Batteries
- Exhausts
- Brakes
- Clutches
- MoT Repairs
- Electrics
- Servicing
- Welding
- Tyres
- Shock Absorbers
- Tuning
- Head Gaskets

Free quotations
01908 375773
Unit 1, Grove Ash, Mount Farm Ind. Est., Bletchley, Milton Keynes
Open Mon-Fri 8.30am-6.00pm; Sat 8.30am-1.00pm
ANGLO CONTINENTAL CARS

The VW/Audi Specialists
(INC. SEAT & SKODA)
ALL OTHER MAKES AND MODELS WELCOME
A.J.AUTOS 01908 642277 MOTs
www.ajautos.net
Servicing - Air Con Regas - Cambelts - Recovery Service
1 ROMER COURT, DENBIGH WEST, BLETCHLEY, MILTON KEYNES MK1 1RH

JAPANESE CAR BREAKERS
01234 851187/854458 0771 3362510
Japanese make 'em - We break 'em!
NEW & USED PARTS AVAILABLE ON ALL MODELS - VERY COMPETITIVE PRICES!
REPAIRS AVAILABLE
Licence No. EAWHL/75140
Breaking this week
Toyota Priveia 2001 Nissan 200S Nissan Primeria 2003

TOYOTA: Celica, Avensis (TDiesel), Priveia D4D, Carina E, Rav 4, MR2 Mk I & II, Camry 93, Supra	SUZUKI: Swift, Jeep, Izuzu Trooper 2.8	HYUNDAI: Lantra, Sonata 98R, 93 S Coupe	NISSAN: Micra, Maxima, Vanette, Serena
	HONDA: Concerto, Accord, Civic, 93 Honda Prelude, Civic R Reg	MAZDA: MX6, MX3	PROTON: MP1, Persona
MITSUBISHI: Galant,Lancer, Shogun		CORI: 2004 Model	

Daihatsu Applause and Rover 620, 216, 414, Daewoo Nexia P reg, Peugeot 406 Estate, breaker 323F 98- breaker
OPEN 5 days 9am - 5pm and Saturday 9am to 2pm
Opp. Chimney Corner Pub, Kempston Hardwick, Bedford.

MKMOTORSPOTS

Renault

DIESEL RENAULT LAGUNA PRIVILEGE 2.2 DTI

This car is superb condition and is a pleasure to drive. It comes with Traction Control, ABS, Alloys, Half Leather Interior, Remote central locking, Front and rear Electric windows, Climate control, electric sunroof, Power steering, CD player, 98,000 miles with 6 stamps in the history, MOT till March
Bargain at Only £2500.00
01908 375151, 07860 627089, 07882 260637

CASH! CASH! CASH!
SELL YOUR CAR / VANS / 4 x 4's
£30 - £3,000
GOOD CONDITION OR IN NEED OF ATTENTION
ACCIDENT DAMAGED - MOT FAILURE - NON RUNNERS ANYTHING CONSIDERED
INSTANT CASH - BEST PRICES PAID
CASH 4 SCRAP CARS - REGISTERED WASTE CARRIER - DVLA DESTRUCTION CERTIFICATE SUPPLIED
WE PROVIDE A FRIENDLY, FAST HASSLE FREE SERVICE
SAME DAY OR VIA APPOINTMENT - 7 DAYS A WEEK 8AM-8PM
Phone R. Kirk
07773 216586
01582 898681

- MOT
- Service
- Tyres
- Diagnostics
- Repairs

mk MOT
Simply A Good Service
62 Burners Lane,
Kiln Farm, Milton Keynes
MK11 3HD
www.mkmot.com
info@mkmot.com
01908 262323

This weeks offers

MOT'S
Cars & Light Vehicles £35.00
Class 5 & 7 £45.00

SERVICING All makes & models
From £35.00

DIAGNOSTICS
From £23.00

Air Con • Tow Bars • Locking Wheel Nut Removal • Vauxhall Specialists

Vauxhall

VAUXHALL ASTRA
1.8 sport, 1995, mot, tax'd, 5 dr hatch back, e/w, c/l, c/d, alloys, VGC
£695 ono
Tel 07776 296369

VAUXHALL ASTRA COUPE
2004, Red convertible, 1.6, electric roof, alloys, e/w, alarm, MoT 7 months, tax 12 mths, miles 48224
£4,500 ono
07506 946468

CORSA 1.0 CLUB
2002 (02), 38,000 miles, power steering, elec windows, remote locking, years MoT
£1995
01234 358145
07860 388898 (T)

Fax
01908 689550
...to advertise

CASH 4 UR CAR OR VAN
with or without MoT
*Also wanted
✓ Gearbox problems
✓ Engine problems
✓ Head gasket problems
✓ Overheating
✓ Non runners
✓ Accident damage
*Also Wanted
Scrap Vehicles
07843 432314 or 01234 354074

WE PAY CASH
For your old car/Van MoT failures/ Accident and mechanical damage wanted
£50- £250 Paid
Open 7 days prompt friendly service
Call Liam 07508 722829 Anytime

CONVERT YOUR CAR/VAN TO CASH!
MOT FAILURES, NON RUNNERS, ANYTHING CONSIDERED
INSTANT CASH PAID!
QUICK PLEASANT SERVICE.
ANYTIME CHEAP RECOVERY ALSO.
01234 309369 07863 331320

CARS WANTED
WITH OR WITHOUT MOT, ANYTHING CONSIDERED, CASH WITHIN THE HOUR,
FROM £50 - £1,000
01908 368111
07903 204 212

CARS & VANS WANTED 4 CASH
Runner, Non Runner, MOTS, Non MOTS, Damaged, Head Gasket, Gearbox, Cambelt problems.
07903 331178
01234 308072

CASH
FOR CARS/VANS WITH OR WITHOUT MOT DAMAGED OR NON RUNNERS SCRAP CARS ALSO WANTED IMMEDIATE RESPONSE BEST PRICE PAID
07940 516 573 01234 218806

TWO WRESTLERS GARAGE

MOTs £35
with free retest
FREE MOT
with every full service on production of this voucher
Servicing all makes and models Repairs

51 Tickford Street,
Newport Pagnell, MK16 9AW
01908 611653 or 611753

Volkswagen

BEETLE
1.6l, 63k, 04 plate, silver, leather heated seats, lady owner from new, cd player, a/c, e/w, e/m, c/l,
£5000 ono
01234 359381
07824 612848

VW POLO 1.4
1999, 58,000 miles, elec windows / mirrors, sunroof, good runner, years MoT
£795
01234 358145
07860 388898 (T)

Call
01908 242490
...to advertise

MKNEWS

Volvo

VOLVO S40
1.8, 4 dr saloon, grey, 02 plate, 47k, mot till 11/10, cruise control, climate control, leather interior, winter pack
£3695 ono
07967 306333

VOLVO V40 1.9 TD
98 Reg, 12 mnths MoT, Taxed, pas, e/w, c/l, heated seats
£895 ono
07824 702528 (t)

UCS
Unique Car Services Ltd

Renault Independent Specialists

RENAULT

- Servicing
- MoT's £30 only with this voucher Monday-Friday only.
- Cambelt Replacement
- Mechanical Repairs
- Electrical fault finding repairs

BOSCH

86E High Street, Stony Stratford
UNIQUE CAR SERVICES
01908 566355
www.uniquecarservices.co.uk

MKSPORT THE BEST FOR ALL THE NEWS ON THE DONS

Taylors sell houses. TAYLORS Estate Agents

FIXTURES

2009-10

DONS' SCORE FIRST

August

08 Hartlepool	(H)	0-0
11 Swindon (Carling Cup)	(H)	1-4
15 Swindon	(A)	0-0
18 Tranmere	(A)	1-0
22 Colchester	(H)	2-1
29 Exeter	(A)	2-1

September

02 Dagenham & Redbridge (JPT)	(H)	3-1
05 Huddersfield	(H)	2-3
14 Norwich	(H)	2-1
19 Wycombe	(A)	1-0
26 Leeds	(H)	0-1
29 Oldham	(A)	1-2

October

03 Brighton	(A)	1-0
06 Southend (JPT)	(H)	2-0
10 Walsall	(H)	1-0
17 Gillingham	(H)	2-0
24 Southampton	(A)	1-3
31 Bristol Rovers	(H)	2-1

November

07 Macclesfield (FA Cup)	(H)	1-0
10 Northampton (JPT)	(H)	3-1
14 Charlton	(A)	1-5
20 Southend	(A)	1-2
24 Carlisle	(H)	3-4
28 Exeter (FA Cup)	(H)	4-3

December

01 Millwall	(A)	2-3
05 Yeovil	(H)	2-2
12 Leyton Orient	(A)	2-1
15 Hereford (JPT)	(A)	4-1
19 Brentford	(H)	
26 Stockport	(H)	
28 Huddersfield	(A)	

January

02 Burnley (FA Cup)	(H)
09 Swindon	(H)
16 Hartlepool	(A)
23 Tranmere	(H)
30 Exeter	(H)

February

06 Stockport	(A)
13 Carlisle	(A)
20 Southend	(H)
23 Millwall	(H)
27 Yeovil	(A)

March

06 Leyton Orient	(H)
13 Brentford	(A)
20 Southampton	(H)
27 Gillingham	(A)

April

03 Charlton	(H)
05 Bristol Rovers	(A)
10 Norwich	(A)
13 Oldham	(H)
17 Wycombe	(H)
24 Leeds	(A)

May

01 Brighton	(H)
08 Walsall	(A)

Reproduced under licence from Football DataCo Limited. Licence number PRINT/MKNEWS/17270a

Quashie puts Dons back on track to end winless run

LEYTON ORIENT 1
McGleish 17

MK DONS 2
Morgan 79, Quashie 89

NIGEL Quashie and Dean Morgan both opened their accounts and earned the club their first win in six league outings.

The duo inspired a late comeback 11 minutes from time when it had looked like the Dons' winless run would continue.

Assistant Karl Robinson dedicated the three points from Leyton Orient to the travelling fans as they continued to back the side despite falling behind on 17 minutes through Scott McGleish's header.

He said: "That was for the fans, they keep us going a lot of the time when we need them. The players and the staff would like to thank them for the support, we hope they enjoyed the victory. It was a good result for us and again showed the willingness of these players not to get beat."

Frustratingly the Dons, missing David McCracken and Peter Leven through suspension while Aaron Wilbraham was out with injury, conceded from yet another set piece with veteran striker McGleish given too much space to jump onto Sean Thornton's free-kick.

Quashie and Morgan, on as a sub for Sam Baldock, both had chances but made up for their misses with former O's striker Morgan firing the Dons level from the edge of the box, and 10 minutes later Quashie broke on the counter-attack, shared a quick one-two and then rifled home the winner.

Robinson said: "The manager made a brave decision to bring Sam off and bring Dean on, but we felt he could hold the ball up with his back to goal.

LEYTON ORIENT: Jones, Purches (c), Chorley, Ashworth, McGleishm Thornton, Daniels, Jarvis (Patulea 69), Summerfield, Smith (Demetriou 90), Townsend.

MK DONS: Gueret, Lewington (c), Doumbe, Gleeson, Easter, Baldock (Morgan 75), Puncheon, Howell (Woodards 80), Powell, Chadwick (Gobern 62), Quashie.

Booked: Powell, Howell, Woodards, Gueret

Referee: Graham Horwood (Bedfordshire)

Attendance: 3,959 (343 away)

'Punchy' snuffs out Hereford comeback

Jason Puncheon gets off a shot

From back page

Dons needed a second to make the score line a little less precarious.

With 32 minutes on the clock the Bulls managed to put together another decent opportunity but once again a clinical finish was missing. Gavin McCallum broke on the counterattack but took too much time trying to find a better angle which allowed the Dons to recover and the eventual delivery was too heavy for the unmarked Pugh to make connection.

Moments later the home side threatened again with Jordan Mutchs fierce right-footed shot falling wide.

But the Dons continued to create chances as well and when Baldock's powerful long range effort, which picked up a deflection from Keith Lowe, trickled narrowly past the upright it appeared they were edging closer to extending their lead.

After the break the Bulls were a little livelier with right back Sam Gwynne pushing forward to whip in a brilliant cross only for Dons David McCracken to intercept before a Hereford player could stab in the equaliser.

Hereford made the Dons pay the price for falling to take their chances when they levelled the scores three minutes later.

Bulls substitute Jon Godsmart was found inside the Dons area by Craig King, and he cut the ball back for Constantine who picked out the roof of the net.

A minute later Constantine could have put Hereford in front when Godsmart once again delivered a strong cross but this time the striker missed from two-yards.

However, six minutes later the Dons restored their one goal lead when Lunt made an error controlling the ball inside the six-yard box and the ball bounced fortunately for

LEAGUE ONE TABLE

		P	HOME W	D	L	F	A	AWAY W	D	L	F	A	GD	PTS
1	Leeds United	20	7	3	0	21	6	7	2	1	16	4	27	47
2	Charlton	21	8	2	0	22	8	5	4	2	17	12	19	45
3	Norwich	21	7	2	1	26	13	4	4	3	19	14	18	39
4	Colchester	21	8	1	1	18	7	3	5	3	17	12	16	39
5	Huddersfield	21	8	3	0	33	8	2	2	6	12	17	20	35
6	Bristol Rovers	21	7	1	3	16	12	4	0	6	16	20	0	34
7	MK Dons	21	5	2	3	16	13	5	1	5	13	17	-1	33
8	Millwall	21	7	3	1	20	9	1	5	4	9	13	7	32
9	Swindon	19	4	4	1	11	9	4	3	3	13	16	-1	31
10	Walsall	21	4	4	2	17	11	4	2	5	13	16	3	30
11	Carlisle	21	5	1	5	14	13	2	5	3	14	17	-2	27
12	Hartlepool	21	4	2	4	11	10	3	3	5	17	18	0	26
13	Southend	21	5	3	3	14	13	2	2	6	11	15	-3	26
14	Southampton	21	5	4	2	20	12	4	4	2	18	13	13	25
15	Yeovil	21	4	5	2	20	16	1	4	5	7	15	-4	24
16	Oldham	21	3	4	4	11	14	3	2	5	6	11	-8	24
17	Brentford	21	4	5	2	14	12	1	3	6	5	13	-6	23
18	Gillingham	21	6	3	1	17	5	0	1	10	8	26	-6	22
19	Exeter	21	3	5	2	14	10	2	2	7	9	21	-8	22
20	Leyton Orient	21	4	3	4	16	15	2	1	7	9	22	-12	22
21	Brighton	21	2	1	8	11	21	3	4	3	13	18	-15	20
22	Wycombe	21	3	2	5	9	11	1	3	7	11	23	-14	17
23	Tranmere	21	4	1	5	13	17	1	1	9	6	26	-24	17
24	Stockport	20	1	2	7	9	22	2	3	5	8	14	-19	14

VIEW FROM THE MOOCAMP

Ladies meet Canaries in cup

MK Dons Ladies will host South East Combination rivals Norwich City in the FA Women's Cup this weekend.

The Canaries overcame Chesham United to set up a tie against the Dons on Sunday, kicking off at Newport Pagnell Town at 1pm, with the winners going on to host either Yeovil Town or Newquay in round four.

Are you up for the Cup?

EVER dreamt of getting your hands on the world-famous FA Cup? You could have your chance next week when the legendary trophy comes to stadiummk.

The free nationwide tour will be rolling into stadiummk on Thursday to give fans of all ages the chance to sample the history, heritage and magic of the world's most famous domestic cup competition. Fans can register for their free place now at www.facuptrophytour.co.uk

The FA Cup Trophy Tour will be visiting the Dons as part of its nationwide tour of clubs. The 30-minute interactive FA Cup experience is aimed at children, fans and families and brings to life The FA Cup's remarkable story.

COMING UP

BRENTFORD
League One
Saturday, December 19
stadiummk 3pm

ANDY Scott's Brentford are three points clear of relegation in their first year in League One.

The Bees were promoted as champions last season and their home form is keeping them out of the bottom four.

But in a close league Brentford know they have to improve their results on the road if they are to avoid a return to League Two.

Brentford head to stadiummk with only one win away from home under their belts.

Dons' Peter Leven and David McCracken will be in contention after missing the last league match through suspension.

While Darren Powell is also able to return after he picked up his fifth caution of the season in the 2-1 win over Leyton Orient.

MKSPORT THE BEST FOR LOCAL SPORT

Taylors sell houses. TAYLORS Estate Agents

Jason Puncheon and Sam Baldock celebrate

Puncheon to lob over the scrambling Bartlett.

Substitute Wilbraham then all but confirmed the Dons spot in the area final by finishing Lewis Goberns cross with stunning right-footed volley that was unexpected by the hesitant Bulls goalie.

Easter completed the scoring when he latched on to Puncheons through ball and slotted into the bottom corner.

The Dons are now two games from a second Wembley final in three years.

\TEAMS

HEREFORD UNITED: Bartlett (c), Lowe, Lunt, Pugh (Done 77), Mutch, Constantine, Gwynne, Jones, Weir, King (Manset 74), McCallum (Godsmark 54).

MK DONS: Gueret, Woodards, McCracken, Lewington (c), Chadwick (Wilbraham 67), Puncheon, Gleeson (Leven 81), Easter, Baldock (Gobern 58), Quashie.Booked: Gleeson, Gobern

Referee: Phil Crossley (Kent)
Attendance: 1,367 (137 away)

Phantoms pay penalty

ICE HOCKEY

MK Lightning took the honours in their local derby match with Peterborough Phantoms.

There was only the one game for Lightning and it was a comfortable 5-2 win in front of their Planet Ice fans.

Peterborough paid the price for early penalties when Adam Carr and Nick Poole set up Adam Brittle for the opening goal during a power play.

But it was a lead that lasted just 13 seconds into the second period when James Morgan's fired shot, straight from face-off, was deflected home from close range by Warren Tait.

Although the Phantoms were once again on level terms it was Lightning who continued to dominate play and they soon regained the lead on 29.01 through Leigh Jamieson's shot.

Three minutes later Jamieson turned from scorer to provider passing to Grant McPherson before Michael Wales gave Lightning a two goal cushion.

The Phantoms refused to give up on the game and once again grabbed a vital early goal minutes into the final period. James Knight was the man to net just seconds into a power play on 42.01. However, Lightning refused to let the result slip through their fingers and Lukas Zatopek was on hand to score on 50.12 to restore the two goal advantage.

In a bid to hunt down an equaliser Phantoms pulled their goalie for an extra skater, but the decision backfired when Monir Kalgoum was sent through by Andre Smulter to strike into an empty net.

■ LIGHTNING host Basingstoke Bison at Planet Ice on Saturday, face-off 7pm, and on Sunday they travel to Peterborough Phantoms, face-off 5.30pm.

RUGBY

South West 1 East

Olney 68 Salisbury 3

OLNEY put on a master class of rugby to thump Salisbury 68-3.

Richard James started the try-fest for Olney and James Hawken's conversion and penalty gave them an early 10-0 lead.

Mike Durose quickly followed up before Salisbury got their one and only score on the board through a penalty.

The impressive Hawken bagged a try and converted it, then added the extras to Durose's second of the afternoon to extend their lead to 29-3.

Moments before the break Hawken crossed the line for a second time, although his conversion was missed, the home side led 34-3 at half-time.

In the second half Olney lost number eight Ian Bennett to the sin bin, yet their were still able to break the Salisbury defence with Hawken scoring a converted try followed up by a penalty.

Olney changes did not alter the flow of the game. Missed tackles from Salisbury gifted winger James Padfield two tries in quick succession, one being converted by Hawken.

Late on Hawken ran in his fourth try and Raana Peakman ran the length of the pitch to finish the game in style.

Bletchley 10 Wallingford 25

A SECOND-HALF comeback was not enough to prevent Bletchley from falling to defeat.

Theey had plenty of possession in early on butit was Wallingford who recorded the first try.

Errors quickly crept into the game and the visitors applied pressure and managed to score another converted try to stretch their lead to 14 points.

Bletchley continued to concede penalties and they were punished with the visitors adding six more points to the tally.

Midway through the second half Harman's penalty finally got Bletchley on the score board before Tim Stobbs stormed across the line and Harman converted.

But Wallingford ran in a late try to confirm the win.

Southern Counties North

Milton Keynes 34 Chipping Norton 8

MK moved up to seventh in the table with this victory.

The win allowed MK to move back above their opponents in the Southern Counties North league.

Simon Kockelbergh grabbed two tries while Dan Pearson and Phil Powell also crossed the line.

MK were also awarded a penalty try and Powell kicked nine points.

MKSPORTSSHORTS

Bowling for hospice

BLETCHLEY Indoor Bowls Club held a special event to raise money for charity at the weekend.

On Saturday a bowls competition took part and D Murray, M King and E Summer took the honours.

The event raised £500 for Willen Hospice.

Grand prix dates

THE new Formula One calendar has been revealed. The Bahrain Grand Prix will start the new 2010 season on March 12-14.

Other key dates include the Monaco GP on May 14-16, the British Grand Prix, back at Silverstone, on July 9-11.

Brazil play host to the motor sport on November 5-7 and the chequered flag will come down at Abu Dhabi on November, 12-14.

Local football

NEWPORT Pagnell were beaten 1-0 by relegation-threatened Yaxley in the United Counties Premier League.

It was a valuable victory for Yaxley as they battle to avoid being sucked into the relegation battle.

The visitors did it the hard way after Aaron Ridout was red carded for retaliation half an hour in.

Newport were looking to bounce back from their Vase exit, but instead they plunged to only a second defeat in eleven league outings.

Jamie Darlow's 47th minute goal proved decisive for the Cuckoos, who had Aaron Bellaies to thank for preserving their lead with a late penalty save.

In Molten Spartan South Midlands division one New Bradwell St Peter lost 2-1 to Cranfield University.

Buckingham Athletic picked up a 1-0 win at home to Sun Postal Sports to move up to 11th place.

Stony Stratford Town suffered their seventh defeat of the season as they went down 1-0 to Bedford Town Reserves.

In division two Mursley United were held to a 1-1 draw with Risborough Rangers and remain fourth from bottom.

MK Wanderers were beaten 2-1 away from home at Pitstone and Ivinghoe while second from bottom Old Bradwell United lost 4-2 at home to Totternhoe.

Bletchley Town also lost 4-2 at Caddington.

BASKETBALL

Lions slip despite bounce-back win

EVERTON TIGERS 99
Gumbs 28, Bell 20, Thomson 17

MK LIONS 87
Harrison 25, Holmes 17, Williams 13

MK LIONS 108
Williams 25, Harrison 22, Holmes 18

PLYMOUTH RAIDERS 93
(Lasker 25, Valencia 21, Gall 12

MK Lions bounced back from defeat to Everton Tigers with victory over Plymouth Raiders but that was not enough to stop them slipping to third in the table.

The Lions held a two point lead over their Tiger hosts in the first period but that quickly disappeared as Everton bit back.

Everton began with an 8-1 burst and their lead peaked at 41-30 before good work from Irmantas Griksas and Frank Holmes helped Lions back to within three points.

Holmes managed to cut the gap to just one point with the first basket of the third quarter, only for the Tigers to embark on an 11-0 run.

Maximillion Simon and Dru Spinks kept the Lions in touch but they still trailed 70-62.

It looked like Lions might steal a late win when scorers by Spinks, Simon and EJ Harrison cut the lead to four points with less than two minutes to play.

However, a technical foul allowed Tigers to clinch the win two free-throws and a three pointer.?Lions bounced back in style with a 108-93 win over Plymouth Raiders on Sunday.

After trailing at the halfway stage the Lions burst out of the blocks in the second half outscoring the Raiders 14-6 in the opening five minutes, to take the scores level at 58.

The sides continued to trade baskets, despite a technical foul called on coach Vince Macaulay it was the Lions who led 71-68 heading into the final quarter.

Lions' offence then kicked into gear to bag 37 points in the final ten minutes to Raiders' 25.

A three-pointer on the buzzer capped off a fine performance from Macaulay's men.

■ ON Friday MK Lions play their final match at Bletchley Leisure Centre on Friday when they host Guildford Heat, tip-off is at 7.30pm.

On Sunday they are away to London Capital, tip-off is 4pm.

VINCE'S VIEW

Head coach and owner of MK Lions, Vince Macaulay writes for MK NEWS

WELL I think the hangover is over, no I don't mean a secret binge by the players and myself, I mean the hangover following our unexpected Cup exit two weeks ago.

Following the loss to Chester we tried to get to normal in practice going hard, then travelled to Everton on Friday, while we played OK in stretches, we were a little disjointed and allowed other matters to disrupt our focus.

During our victory against a rejuvenated Plymouth Raiders team on Sunday, we struggled in the second quarter and bordered on imploding, however a few choice words and a realisation that we had to work together culminated in a 66 point explosion that left our visitors reeling in shock. I believe that win was as important as any we will have this season because you could see the teamwork return and the poise and confidence, basically our basketball focus returned.

This week we have our last two matches before the Christmas break. Firstly we must prepare for the Guildford Heat on Friday in the last BBL match ever to be played at the Bletchley Leisure Centre. I have no doubt it will be an emotional occasion, a lot of our fans will all be attending in purple in honour of the clubs previous colours. Anyone out there with any kind of connection with the Lions, do come down and mark this historic occasion.

Thene we travel to London to face the Capitals on Sunday, however before all of that we will be at Willen Hospice on Wednesday to give out presents to the patients after Christmas Dinner.

After all of this it's then all hands to the pump as we look to launch the new year a thecentre:mk on January, 12 boy, no rest for the wicked.

In the meantime do come down and watch us on Friday. For now I leave you with this week's nugget: 'A gentle breeze is far better than two strong oars'.

MKSPORT

Wednesday, December 16, 2009 | Issue no 380 | www.mk-news.co.uk | £1 where sold

Olney RFC masterclass – page 51

Strikers on fire as Dons ease through

Johnstone's Paint Trophy

HEREFORD UNITED 1
Constantine 63

MK DONS 4
Baldock 6, Puncheon 69, Wilbraham 78, Easter 82

BY SIMONE CORGAN
simone.corgan@mk-new.co.uk

MK Dons booked themselves a place in the Johnstone's Paint Trophy area-final with a comfortable 4-1 win over Hereford United.

Sam Baldock scored his eighth goal in nine games to give the Dons an early lead before Leon Constantine brought hope to Hereford with an equaliser in the second half.

But the Dons found three goals in 13 minutes to set up a tie with the winner of last night's Norwich-Southampton match.

Jason Puncheon had caused Hereford problems all night and was finally rewarded for his work rate with a lobbed effort and Aaron Wilbraham made it 3-1 with a perfect volley on the 78th minute.

Jermaine Easter then dealt the sucker punch by confirming the victory when he struck eight minutes from time.

The Dons had all of the possession in the opening phases and went ahead through their first shot in the game.

A long ball was punted down field and, despite a header to clear by the centre back, the ball soon fell to Puncheon who took play out to the right flank before putting a low cross into the box for Baldock to turn beyond keeper Adam Bartlett with the slightest of touches.

Sam Baldock strikes in the sixth minute

Hereford were struggling to keep up with the Dons high tempo and a poor pass by Marc Pugh almost cost them a second.

There shouldn't have been any danger to the Bulls as Pugh had the ball inside the Dons half yet a misplaced ball to Darren Jones was snapped up by Puncheon.

The Dons wide man raced up field and Jermaine Easter picked up the ball at the right of the box then rifled in a quick-fire shot which Bartlett did well to palm away from his near post.

One of Hereford's better chances came from a clever chipped ball over the defence by Kenny Lunt which saw Leon Constantine through to goal.

But the forward picked the wrong option with a low drilled effort that was blocked by Willy Gueret's leg.

Paul Ince's men were given enough freedom on the ball to play their natural expansive style, which benefited Puncheon the most who showed plenty of gratitude by running down both flanks and terrorising the full-backs.

Yet for all of the stylish football the

Turn to page 54

Swim teacher recognised after 35 years training

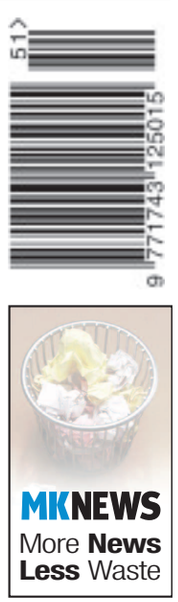
A SEVENTY-TWO-YEAR-OLD woman who has taught more than 13,000 people to swim has been named the BBC Sports Unsung Hero for 2009.

Doreen Adcock from Milton Keynes was awarded the gong at the glittering BBC Sports Personality of the Year ceremony on Sunday night.

Adcock, club leader for Quest Swimming Club and Carlton Youth and Swim Club, impressed the judges with her dedication to teaching people to swim over the last 35 years, choosing her as the overall winner from the 15 regional winners across the UK.

The award now in its seventh year recognises the outstanding contribution and extraordinary commitment of volunteers to grass-roots sport in the community.

Carl Doran, editor of BBC Sports Personality of the Year 2009, said: "Doreen is extremely deserving of the BBC Sports Unsung Hero award for 2009.

"Her dedication to teaching people to swim in Milton Keynes over the last 35 years has marked her out as a true Unsung Hero. Congratulations to Doreen and all the 15 regional winners of the Unsung Hero award, who have all gone that extra mile to change people's lives in their community through sport."

She was presented her accolade by Olympic gold medallist Rebbeca Adlington and snooker legend Jimmy White at the awards evening in Sheffield.